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**LUND**

# CUTE CITY, SMART PEOPLE



**FREE GUIDE**



**2018/2019**



# 200 CULTURE EVENTS ALL ACROSS LUND

June 15 - August 10 2018

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# WELCOME TO ONE OF THE WORLD'S CUTEST, SMARTEST CITIES

Experience 1,000 years of history in a vibrant city that's full of contrasts. Stroll through the cobblestoned streets and half-timbered houses and feel its traditions.

They say you can live here all your life without seeing all the unique spots and beautiful buildings. Let alone visit the surrounding areas full of scenic plains, enchanting beech trees and golden canola fields.

Lund is a fantastic blend of modern city that's full of innovations, combined with a thousand years of culture and history. Mix and match stimulating hiking days with urban chic in one of the many cafés, restaurants and museums.

**Come here, see it, do it. Love it.**







## Where beauty meets charm

Like a good wine or Hollywood star, Lund has aged with beauty and charm. Wander round the traditionally built houses that line the streets with their colourful facades and crooked cobblestone streets, and feel that friendly, cosy atmosphere.

Lund is one of Sweden's oldest cities with its magnificent cathedral from the 12th century, world-famous university from the 1600s and lots more historical, cultural and innovative buildings and places.

## 40,000 students can't be wrong

Like the hustle and bustle of a young, vibrant city? Then come in term time. Lund's 40,000 Swedish and international students bring all the concerts, evening attractions, and downright fun you'd expect from an internationally acclaimed university campus. The university was founded in 1666 and today is famous for its science and social scene.



## A cultural capital

Several of Sweden's most well-loved actors, comedians and musicians come from Lund. And the students bring their own cultural traditions, such as the traditional singers on May Day and Walpurgis on April 30th.

## Come bike with me

Meander between history and the future, or jump on a bike like the people of Lund do. And help pedal enough to circle the globe five times every day. You can rent bikes and drop them off at various points around the city.

## Small town welcome, big city atmosphere

Lund is a small city with its convivial and picturesque atmosphere. It's just a short walk to lots of cafés, unique shops and fascinating museums. It's large and smart too, with an international university, world famous research institutions, and innovative global companies.

# THE HISTORY OF A MAGICAL PLACE

## 100 YEARS BC - TO 11th century

Uppåkra – south of Lund, was Scandinavia's largest Iron Age settlement. It disappeared around the 11th century, and was rebuilt with the same structure in Lund, which is why the site is called "Lund before Lund". The Uppåkra Archaeological Centre welcomes visitors during spring and summer.

**1892** The Kulturen open-air museum opens bringing local and Swedish history to life. Both young people and old love to play around and discover the cultural, historical buildings and exhibitions based on different themes.

**1911** Lund's city park is completed. Today, the park is part of Lund's centre, where people take part in lots of activities, laze around with a book, or slurp on an ice cream at the café. Enjoy the park's beautiful plants or do the Pokémon walk.

**2016** The MAX IV research facility is inaugurated as the world's brightest synchrotron light facility on the year's brightest day. It's an extremely powerful X-ray that shows materials down to atomic level.

**2016** Pope Francis visits Lund and the cathedral. A historic meeting between Catholics and Lutherans on the 500th anniversary of the Reformation.



▶ **990** Lund was founded and takes on Uppåkra's role as the centre of power.

▶ **1103/1104** Lund becomes the seat of the archbishop.

▶ **1145** Lund Cathedral is inaugurated. The Cathedral becomes one of the area's most popular attractions, with its impressive exterior and beautiful and inviting interior.

◀ **1800s** Lund is booming. Its population is growing and the train runs between Lund and Malmö.

◀ **1666/1668** Lund University is founded and inaugurated. 350 years later, 40,000 students cycle through the city's streets, and Lund life is influenced by the academic world.

▶ **1953** Medical ultrasound is invented in Lund.

▶ **1983** Ideon Science park is inaugurated. It's an exciting place where some of the brightest minds meet to develop the future. Where Ericsson developed one of the first mobile phones.

◀ **1997** Sweden appoints its first female bishop in Lund.

◀ **1971-1996** Lund becomes a metropolis for music and youth culture. Mejeriet – an art centre organising concerts, film screenings, theatre, and more – is founded.

▶ **2018** Carnival time. Lund University celebrates its 350th anniversary with a full programme of events over thirteen months, culminating in Lund carnival, 2018. Attracting over 400,000 visitors, Lund Carnival is like the Olympics in showmanship and partying.



My life in Lund

## WHAT THE LOCALS LOVE ABOUT THEIR CITY

Some of Lund's residents were born here. Others came as students and never wanted to leave. We asked people of different ages, interests and occupations who live in the city why they love it so much. And what their favourite "must visit" place is in or around the city.



### IDA DAHLGREN, 33

*Editor at IKEA*

I like the calm, small town feeling, and that you can stay here for several years and still find new small alleyways to fall in love with.

Stroll along Klostergatan, Lund's own Mecca for delicacies.

Enjoy the wafting aroma of cheeses from the south of France, check out different types of olive oil and walk off with a big bag of Skåne liquorice. Treat yourself to a cardamom roll your coffee, sit outside the cathedral (if it's a sunny) and just enjoy life.

And while you're here, spoil yourself with afternoon tea at the Grand Hotel, food and drinks at Food & Distillat or lunch in Saluhallen. Stroll through the Botanical Gardens or Stadsparken. And you must buy a bag of Lundablandning tea from Tehuset Java. I think there's a law about that.

### CHARLOTTE LÖFFLER IVARSSON, 44

*Mum to two kids and Director, Product Technology Marketing and Training at Axis Communications, a large tech company in Lund:*

"Everything is close by here, you can cycle to everywhere. And thanks to the students there's so much going on. Concerts, culture, exhibitions, seminars, it's a really active city, and a great place to have kids. They can cycle everywhere, there are good schools, and an excellent sporting life.

Almost hidden in the bushes

In Sandgatan by Gamla kirugen, you'll find a measure for the term "Lagom". It's the perfect jug to measure what "Lagom" really is. I always take friends and guests to see it.





## ULF BERGGREN, 59

*Cantor Lived all his life in Lund*

I like the atmosphere. And I love the change that happens naturally here during the year - the calm summer when the students have left

Lund, and the change to autumn when the city is filled with students in just a few days.

My favourite places are the cathedral and Kulturen.

I have a sentimental love for the cathedral where I used to sing in the choir as a child.

I'd also recommend the Botanical

Gardens, with its shop, the greenhouse and the café in the summer. And I love cycle to places of surrounding beauty like Nöbbelöv and Västra Hoby that seems like it comes from a book of fairy tales.



## JOLAN KOVACS, 65

*Lived in Lund since 1973, Art teacher / potter with own studio / gallery*

Lund is and has always been the city that welcomes people from all over the world.

Go for a walk around the amazing sculptures of the city (download an audio guide from Lund Art Gallery), stroll in the Botanic Garden or Stadsparken, have lunch at the Valvet, visit Hemgården, and check out the music at Mejeriet.

And you shouldn't miss the cultural quarters around Kulturen, or take in a film at the Kino cinema.



## AGNES PAULSSON 8

*Lived all her life in Lund*

Högevall's Water Park is great fun. There are water slides, wave machines, and climbing walls. And just outside the water park is the city park with a great playground. If you're dying for chocolate or ice cream go to Patrik at Ahlgrens.



*"Lund's cosy and just the right size. You can cycle or walk to almost anywhere you want to."*

## JOEL SKOG, 35

*Graphic Artist*

Lund is the perfect size and everything is in cycling distance, with both Malmö and Copenhagen just a short train ride away. There are few cars in the city which has beautiful, versatile architecture and a nice range of shops. The students add to the atmosphere and contribute to making the city constantly feel young, despite its old age.

There's something for everyone here. When my friends come I take them to Kulturen, the Botanical Gardens and Lundagård. If they're still not convinced (which has never happened) I take them to Klostergatan and the city park.



## CARIN PAULSSON, 43

*Project Manager at Eminent Communication Agency*

Lund has a lovely atmosphere and great ambience. It's nice a mix of history, old traditions and our students who keep the city young and alive with their antics.

Don't miss the Museum of Artistic Process and Public Art. It's a creative journey for the whole family where you can see unique sketches and models. Finish your visit with a dinner or coffee in the cosy restaurant adjacent to the museum. If you like textiles you'll love Ylva Interiör. A wonderful shop with magic fabrics, wallpapers and pillows. It's like eye candy.



# MUST SEE PLACES IN LUND

So where to go first? When there's so much to see but so little time to see it, what should you NOT miss? Here are a few ideas:

## 1. BOTANICAL GARDENS

An oasis in the centre of Lund. The Botanical gardens are perfect if you're hot on horticulture, or just want a beautiful place to relax in. Visit the gardens, greenhouses, shop and café.

## 2. DROTTENS KYRKORUIN

Drottens kyrkoruin is just a few steps under modern Lund. It displays the remains of a medieval stone church found at archaeological excavations in Kattesund southwest of Stortorget during the 1970s and 1980s. The excavations also found traces of an older wooden church, believed to have been built by Danish King Svend Tveskæg around 990, making it Lund and Skåne's oldest church.

## 3. HISTORICAL MUSEUM

Browse around the permanent and temporary exhibitions, including the Zoological Gallery, Classical Antique Collection, Cathedral Museum and the Stone and Bronze age halls. There's lots happening for children, and a fun way for the kids to explore the museum is by joining the animal hunt.

## 4. HÖGEVALL WATER PARK

Why should kids have all the fun? Adventurous slides for the daring, jungle pools for the little ones and exercise courses for the energetic, all in one of Skåne's most modern water parks.

## 5. KULTUREN

One of the world's first and best open-air museums covers two blocks in the middle of Lund. Step in and experience life as it was – both for city dwellers and country life. The displays cover times from the Middle Ages up to the 1930s. Enjoy the exhibitions and shop in Hökeriet, the old grocery store.

## 6. LUND ART GALLERY

Come by and view one of the few regional and international exhibits by established and upcoming artists. Take a guided tour, join a lecture or try your hand at one of the creative workshops.

## 7. LUND CATHEDRAL

Almost 1,000 years old, and attracting over 70,000 visitors every year, the cathedral has many exciting stories and secrets inside and outside its walls. When you're inside, check out the crypt and the fantastic clock. Consecrated in 1145, this is one of the main tourist attractions in the Nordics. The cathedral is right in the middle of Lund, close to lots of restaurants and cafés.

## 8. MUSEUM OF ARTISTIC PROCESS AND PUBLIC ART

Come and look at the world's largest collection of sketches and models by international and Swedish artists. This is where modern and contemporary art meet. From Henri Matisse and Sonia Delaunay to the twenty-first century's Carolina Falkholt, you'll see the artist's creative process from first idea to final model or sketch.

## 9. MUSEUM OF LIFE

What happens in the body when we breathe? Is your skin an organ? How does ultrasound work? The museum tells the interactive story about the human body – the growing, healing, ageing, historic, fascinating body that's the temple for all of us.

## 10. VATTENHALLEN SCIENCE CENTRE

Meet science and research up close. Vattenhallen is a filled with experiences and experiments, many based on innovations from Lund's Faculty of Engineering and its research world.







## Nyfiken på Lund?

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EN DEL AV RIKSTEATERN



# Teater, dans och musik

Biljetter: Biljettbyrån i Lund tel 046-131415 eller [ticketmaster.se](http://ticketmaster.se)





# Romeleslingan

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# KULTUREN

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**Lundskonsthall**



# MUST-SEE PLACES SURROUNDING LUND

While you're here, why not jump into the car or on a bike and visit a world of adventures that are just a stone's throw away from the city. Not sure where? Try these...

## 1. THE BATTLE OF LUND

Today, Lund is a part of Sweden. But it wasn't always. Not long after one of the bloodiest battles in Scandinavia was fought between Sweden and Denmark in 1676, southern Sweden including Lund became part of Sweden again. You can read all about the battle on local information boards.

## 2. DALBY CHURCH

Scandinavia's oldest preserved stone church with beautiful surroundings and a lovely view towards Lund city. Originally the seat of the Danish Archbishop, the church lost out to Lund Cathedral.

## 3. DALBY SÖDERSKOG

Sweden's smallest national park is just a few kilometres from the centre of Lund. Experience the beautiful spring bloom, fantastic summer foliage or listen to the chirping of birds as they play. Fun fact – Much of Astrid Lindgren's famous film about Ronja Rövardotter was filmed here.

## 4. FLYINGE KUNGSGÅRD

Love horses? Then come and visit the state horse stud, which is the world's oldest stud farm still in operation. Visit the stables and see the magnificent horses.

## 5. TROLLEY CYCLING

Trolley cycling through the meadows and forests of Skåne is a fun adventure for all ages and a great way to see some of the most beautiful parts of Skåne. You'll work up a sweat and an appetite in same time. The tracks close to Lund meander through the beautiful scenery of the Romeleåsen valley; from Björnstorp to Veberöd.

## 6. ROMELESLINGAN

If your thing's beautiful scenery and lovely walks, then Romeleåsen is the place for you. From farm shops, cafés, B&Bs, and cider mills to craftsmen and artists, there's so many things to do. And a warm welcome while you do them.

## 7. SKRYLLE

Pack your running shoes and head off to Skrylle, one of Sweden's most popular recreation areas. It's the perfect spot for runners, family fun, nature walks, hikers and orienteers. And it's just a short bus or cycle ride away from Lund.

## 8. SKÅNELEDEN AND ROMELEÅSEN

If long-distance walking is more your thing, then walk all or part of Skåneleden (the Scania trail). From dark, dense primeval forests, megalithic monuments, to the gorgeous gold of the rapeseed fields, you'll witness stunning beauty from a whole host of fantastic locations. The Skåneleden Trail offers experiences for all senses.

## 9. UPPÅKRA ARCHAEOLOGICAL CENTER

Immediately south of Lund is Uppåkra, It's a Viking thing. This is the home of the largest known Iron Age settlement in Scandinavia, boasting over 20,000 discoveries. Come and look at some of the gold, silver and bronze finds which are now displayed in the Historical museum in Lund.

## 10. KULTURENS ÖSTARP

Visit this living museum that has been an agricultural centre since the 19th century. Check out the buildings, get up close and personal with the animals, and stroll through the green gardens. Open all-year round, it's a fantastic place in the summer.





1



ILLUSTRATION: Lonegärd&amp;CO

2



PHOTO: Stephan Borgelhammar

3



PHOTO: Lunds turistbyrå

4



PHOTO: Ylvinge Kungsgård

5



PHOTO: Kristoffer Lundblad

6



PHOTO: Lunds turistbyrå

7



PHOTO: Sofia Persson

8



PHOTO: Kerstin Sæther

9



PHOTO: Maria Sjöström

10



PHOTO: Viveca Olsson Kulturén





## HOTEL DJINGIS KHAN

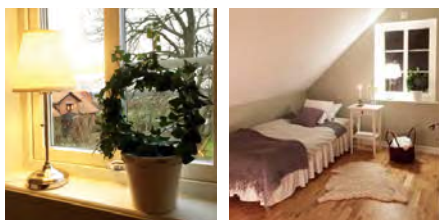
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PHOTO: Left: Johnsson, May Foto



PHOTO: Kristina Strand Larsson



PHOTO: Left: Johnsson, May Foto

# LUND CATHEDRAL

## One of Scandinavia's oldest churches

Join over 700,000 visitors and 85,000 worshippers each year and be wowed by the majestic towers and altar that date back to 1398 at Sweden's most visited church. Consecrated in 1145, this cathedral is one of the main tourist attractions in the Nordics. Marvel at its architectural splendour, or simply pop in for some quiet reflection, religious services and concerts.

### Lund's twin towers

The first thing you see when you come to Lund are the cathedral's two famous tall towers. Get close and the view is breath-taking. Step through the magnificent bronze door and step back in time in this distinctly dark, spiritual place mellowly glowing with the light from hundreds of candles. Check out the splendid stained glass windows and bronze angels from the 13th century, along with the pulpit, one of the best creations from Scandinavia's renaissance period.

### Creep into the crypt

Very few rooms in Sweden are older than this crypt. It's been the same since 1123, and shows influences from Normandy and southern England. Step inside and see the biggest tourist attraction, a pillar embraced by Finn the giant.

According to legend, Finn built the church, but became upset when he didn't get paid and wanted to destroy it. He was then tricked, shrunk and turned to stone. And he's still embracing the column today. Other stories suggest the stone figure represents Samson destroying the temple in Jerusalem. Which story do you like best?

### Come time-watching

Don't miss the great astronomical clock that dates from around 1425. It displays the signs of the Zodiac and the phases of the moon. It chimes twice a day and the three wise men and their servants pass and bow before the Virgin Mary and baby Jesus as it chimes. And while you're here, have a look at the carved oak choir stalls from the mid 1300s and the 3.5-metre tall seven-branch candelabra from the late 15th century.





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## BESÖK FLYINGE KUNGSGÅRD

Till oss är du som besökare varmt välkommen!  
Flyinge har något för alla – vare sig du är häst-,  
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Det är fritt för dig att besöka stallarna, njuta  
av miljön, picknicken i parken, fotografera storkarna  
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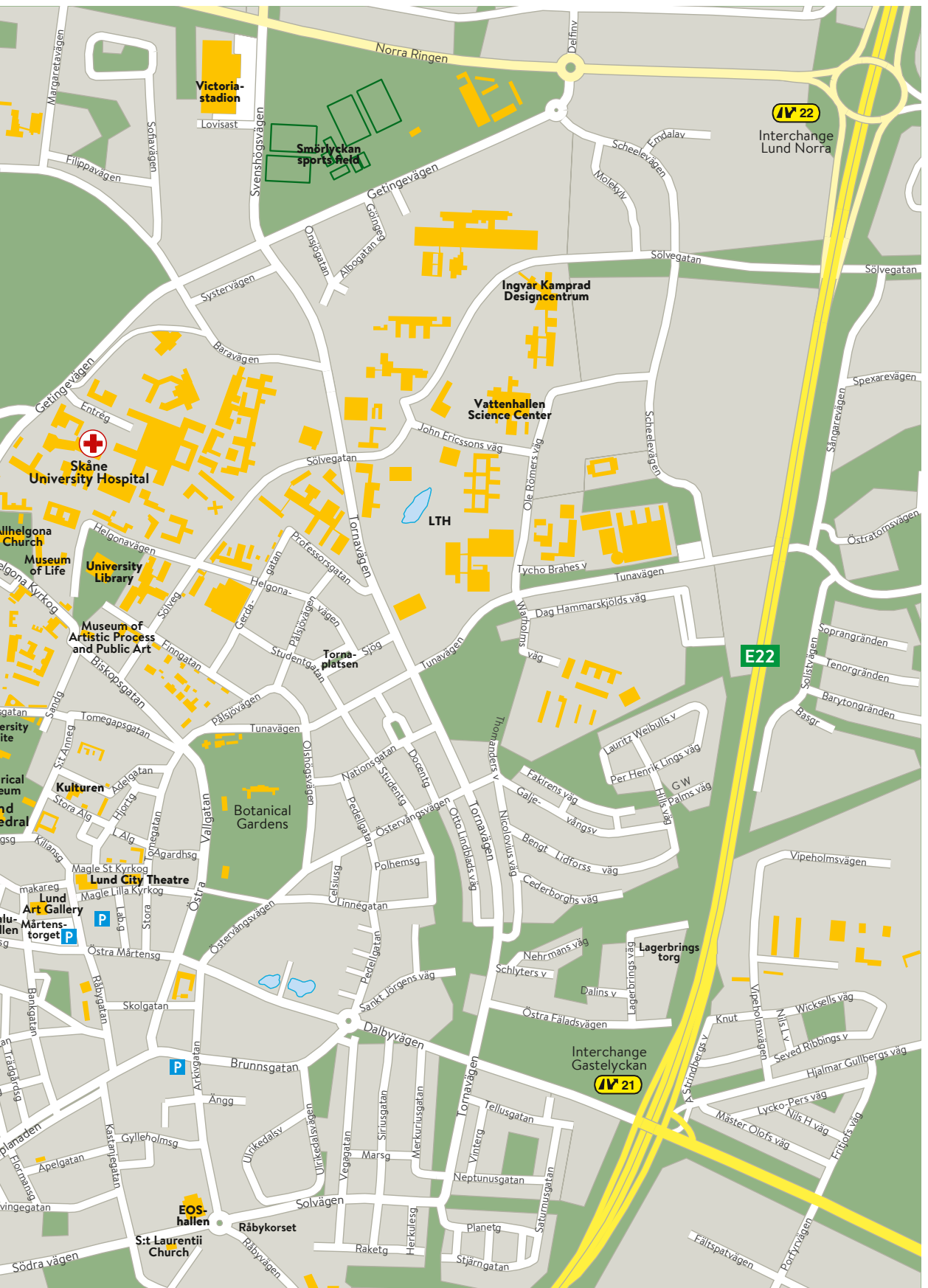
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Victoria-stadion

Lovisast

Smöryckan sports field

IV 22

Interchange Lund Norra

Ingvar Kamprad Designcentrum

Vattenhallen Science Center

LTH

E22

Skåne University Hospital

University Library

Museum of Artistic Process and Public Art

Botanical Gardens

Lund City Theatre

Interchange Gastelyckan

IV 21

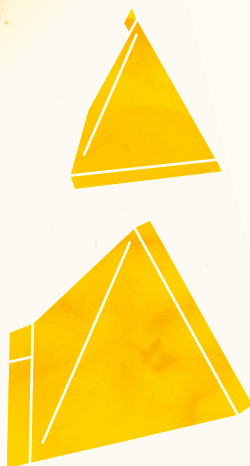
EOS-hallen

S:t Laurentii Church

Räbykorset

# GENIUS TOWN

There are some clever people in Lund, and they've invented some fantastic innovations that have changed all our lives for the better. Super-smart things that come from Lund include:



## TETRA PAK CARTONS

Patented by Ruben Rausing in 1951, Tetra Pak cartons are now chosen to transport and store billions of cartons of milk, beverages and food daily.

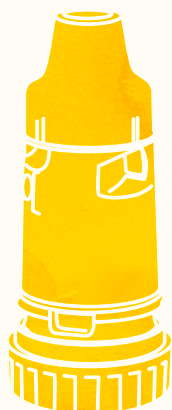
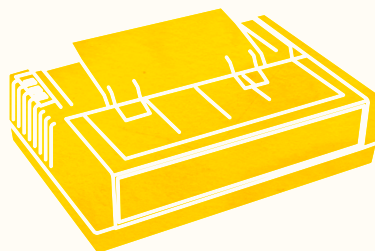


## ARTIFICIAL KIDNEYS

The world's first clinically usable artificial kidney was developed by professor Nils Alwall in 1964. Together with industrialist Holger Crafoord, they founded Gambro, a global med-tech company that sold artificial kidneys worldwide.

## THE INKJET PRINTER

Physics professor Hellmuth Hertz developed continuous inkjet technology and one of the first inkjet printers. The new technology made it possible to produce colour images of a quality equal to that of colour photographs.

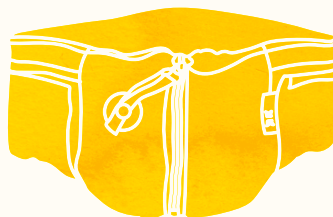


## TURBUHALER FOR ASTHMA SUFFERERS

Kjell Wetterlin developed the Turbuhaler, an inhaler for the dosage and inhalation of asthma medicine. The product revolutionised asthma medication and currently helps tens of millions of people all over the world to control their illness.

## AIRBAG FOR CYCLISTS

The idea for an airbag for cyclists was formed by two Swedish industrial design students. They started the company Hövding (Chief) which has now sold more than 50,000 cyclist airbags worldwide.





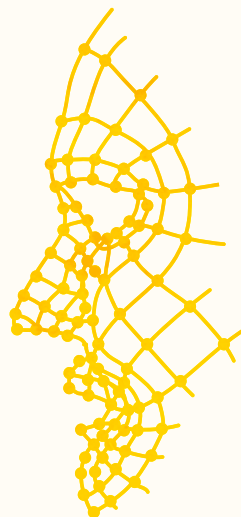
## LASER CANCER TREATMENT

Professor Karl-Göran Tranberg discovered a new method for treating solid cancers in tissue such as the breast, liver and pancreas. Heating the tumour with laser beams kills it while the body's immune response learns to attack any remaining tumours.



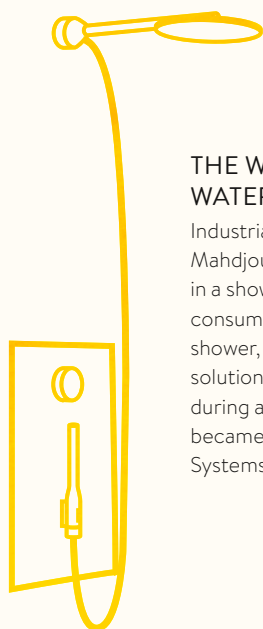
## FACIAL RECOGNITION TECHNOLOGY

Jan Erik Solem developed a search engine with advanced image analysis and facial recognition. The search engine formed the basis of Polar Rose, which was sold to Apple in September 2010 for just over 20 million US dollars.



## THE WORLD'S MOST WATER-EFFICIENT SHOWER

Industrial designer Mehrdad Mahdjoubi's degree project resulted in a shower that reduces water consumption by 90 per cent. The shower, which was originally a solution for how to conserve water during a NASA space programme, became the start of the Orbital Systems company.



## BLUETOOTH

Initiated by Ericsson Mobile, Bluetooth is a wireless technology standard for exchanging data over short distances which opens a whole new world for the electronics sector. The technology was introduced onto the market in 1998 and was called Bluetooth after Viking chief Harald Blåtand (Harold Bluetooth). Millions of new Bluetooth products are shipped every day.



## ESS AND MAX IV

Two world-leading research facilities, ESS and MAX IV, are now being built in Lund.

ESS will be a multidisciplinary scientific research centre harnessing the world's most powerful neutron source. Researchers will be able to study the materials of everyday life, from plastics and proteins to medicines and molecules, to understand how they are built up and how they work.

MAX IV Laboratory provides scientists with the most

brilliant X-rays for research. These X-rays will be used to understand, explain and improve the world around us. They will enable the study of materials and allow scientists to develop new materials and products such as medications with better and more precise functions and fewer side-effects, nanoparticles for diverse areas of application, including paints, catalysis or computing, or lighter and stronger packaging materials for the future.



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Saturday - Sunday & School holidays  
Tisdag-fredag - bokas  
Tuesday - Friday - bookings  
Sommarlov - tisdag-lördag 10-16  
Summer holiday - Tuesday-Saturday

John Ericssons väg 1, Lund  
[www.vattenhallen.lu.se](http://www.vattenhallen.lu.se)



### LEVANDE KLOSTERKYRKA

Sankt Peters Klosters kyrka är öppen för besök varje dag kl 9-16 och vid gudstjänsterna. Mässa söndagar kl 18. Meditativ mässa tisdagar kl 19 och morgonens bön varje torsdag kl 8.

Ännu ringer den medeltida kyrkklockan från 1200-talet som den gjorde då nunnorna levde här i Benediktinklostret och gick till sina dagliga böner. En låga brinner i kyrkan för den vandrare och pilgrim som vill stanna till en stund.

Du hittar kyrkan strax söder om Lunds central.


### ST. PETER'S PRIORY CHURCH

The church is open daily for visits between 9 am and 4 pm and during prayer sessions. Mass at Sundays 6 pm. A meditative mass at Tuesdays 7 pm and Morning prayers every Thursday at 8 am.

The medieval bells still sound through the city of Lund as they did in the 1200s when the nuns of the Benedictine convent summoned for their daily prayers. A candle is always lit in the church for the pilgrim who wants to rest for a while.

You find the church just south of Lund Central station.

[www.svenskakyrkan.se/lund/sanktpeterskloster](http://www.svenskakyrkan.se/lund/sanktpeterskloster)  
Instagram: klosterkyrkanilund

**Svenska kyrkan**   
LUND



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## EXPERIENCE NATURE IN AND AROUND LUND

at the Tourist Information Centre,  
at the Naturum Skrylle Visitor Centre  
or digitally from [lund.se](http://lund.se)



# **Baxter**

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Where to eat...

## TASTE YOUR WAY AROUND LUND

Lund is in the middle of the province of Skåne, where you're never far away from a great dining experience. With fantastic local produce, international restaurants and top chefs, it's no surprise that The New York Times has named the area as a top place to eat. From apples to asparagus, falafel to "fika" (The Swedish tradition of stopping for coffee and cakes) you're surrounded by a huge choice of flavours, atmospheres, and great-tasting food.







PHOTO: Leif Johansson, May 2019



PHOTO: Leif Johansson, May 2019



PHOTO: Leif Johansson, May 2019

## SALUHALLEN

What's your special food treat? Chances are you'll find it in Saluhallen. This is the place to discover the city's best specialty shops for food, drinks and delicacies - and restaurants with exciting, exotic cuisine. And it's not just food and drink that's on offer. This century-old covered food market, with its high ceilings and scents from near and far offers guided tours, author nights and, if you are in the mood to spoil yourself, chilled oysters.



PHOTO: Kennet Rouna

## LUNDABRYGGERIET – great beer served here

LundaBryggeriet produces and serves craft beers made with care and finesse, knowledge and creativity. The brewery is in Torna Hällestad, just a stone's throw from Lund. It uses the best malt and hops to produce a wort kept in optimal conditions and brewed with good yeast strains to make beer that tastes as good as it gets. There's no pub at the brewery yet, but you can buy their beers at several different pubs in Lund.



PHOTO: Lundasparris

## LUNDASPARRIS – it's an asparagus thing

Asparagus is most people's spring delicacy, and here in Lund it's a speciality. Drive or cycle out to nearby Vallkärra where Lundasparris grows lots of the delicious green stuff. Everyone in the family is involved in growing, harvesting, and setting up the market stalls. Don't fancy the drive? Just walk down to Lund's local square, Mårtenstorget, and pick up a few beautiful bunches.



PHOTO: Mikael Pers

## KLOSTERGATAN – food street

If you're food savvy, then welcome to Lund's food boulevard. If you're in the mood for trendy pastries, delicacies such as exquisite fish dishes, deliciously smelling cheeses, gourmet restaurants or cool cafés, you find them all here.



PHOTO: Stefan Björk

...Where to meet

# FROM STREET LIFE TO STUDENT LIFE

Fancy a good night out? You're in the right place. From bars to, discos, cool cafes to restaurants for every taste, there's lots of places to go out. Take in a jazz bar, try the local specialty beers, or sip on a cocktail while you people-watch.





## LUND COMEDY FESTIVAL – the place for giggles

Lund Comedy Festival is the largest festival dedicated to humour in the Nordics with more than a hundred artists taking part every year. Swedish favourites, international stars, and the best up-and-coming comedy artists all come to do regular shows and test new material. Join a fantastic crowd of comedy lovers and get your sides tickled during the festival which usually takes place at the end of August.

## STUDENT “NATION” BARS – drink, dance, disco

The 'nations' are welcoming social clubs that make up the heart of students' extracurricular life in Lund. They offer a wide range of activities and services, including lunches, brunches, pubs, sports, night clubs, formal balls and traditional festivities. Come in, get to know new friends and enjoy a great social scene. Nation bars are only open to students or people who are members.



# LIKE COFFEE? – LOVE FIKA

Fika is a national sport in Sweden, and the people of Lund are experts. Fika is the art of whiling away your time over a great cup of coffee and some superb tasting cakes, scones or sandwiches. Plonk yourself down in one of the cafés, order that cortado, flat white or deluxe cappuccino, get to know the students and join in with the local buzz.



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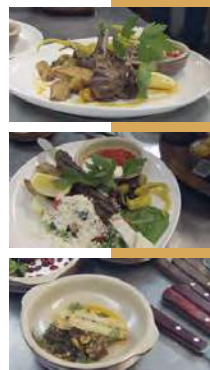
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## ITALIA IL RISTORANTE

Italiensk restaurang på en mysig innergård. På Italia Il Ristorante och La Pizzeria serveras god mat som varje dag förbreds av dom bästa italienska råvarorna. Traditionella italienska rätter som kött, fisk, pasta och pizza.

Italian restaurant in a cozy courtyard in central Lund. In Italia il ristorante and la Pizzeria, good food is served every day with the best italian ingredients. Traditional Italian dishes like meat, fish, pasta and pizza.

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# SOMMAR PÅ VINGÅRDEN

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## RESTAURANG

Vår restaurang har öppet hela sommaren.  
Vi erbjuder olika teman såsom grillkvällar, buffé  
och vedugnsbakad pizza på vår vackra innergård.  
Självklart serverar vi gårdens viner och bjuder på  
den vackra utsikten över vår vingård.

## VINGÅRD

Låt oss guida er genom vår vinodling och våra  
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Vinprovning torsdagar kl. 17.

Besök [www.fladiematvingard.se](http://www.fladiematvingard.se)  
för kalender, mer information och bokning!



*Flädie*  
MAT & VINGÅRD



BYTAREGATAN 14 222 21 LUND 046-307726 IHSIRI.COM

# SHOP WITHOUT THE DROP

The great thing about Lund is that you can shop what you want, without the endless walk. There's everything here from big chains to small, cosy boutiques – all just a short walk away. So come in bring your card, and enjoy what's on offer.







PHOTO: Lef Johansson, Xayfao



PHOTO: Kmett Houma

## Sustainable shopping

If you're looking for that unusual article of clothing that complements your style, or makes you stand out, then visit one of the several second hand and vintage shops. They're dotted around the centre and offer some great bargains – as well as giving you a good feeling that you're helping the world's precious resources.

## Everything from high fashion to low prices

If you're the snappy dressing type, try on some of the great clothes at one of the boutiques. More mainstream? The chains like H&M are right in the centre of town. Or take a walk down the flea market on Saturday mornings at Södra Esplanaden and pick up a real bargain.



PHOTO: Tunsthyran



PHOTO: Lef Johansson, Xayfao



PHOTO: Lef Johansson, Xayfao



PHOTO: Lef Johansson, Xayfao

## Nova Lund shopping arcade

The perfect destination for serious and accessible shopping. There are over 70 stores filled with the latest trends, classic, sophisticated clothes, shoes and accessories. There's also interior design, technology, books, games and everything else you may need. And of course there's a great food court so you can take a break from shopping and enjoy a great meal at a good price.

## Fairtrade city

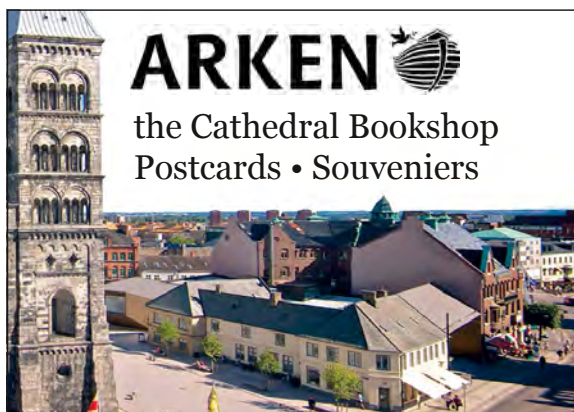
Lund has been a Fairtrade City since 2007. Different shops sell Fairtrade items including jewellery and clothing, flowers, coffee and chocolates.





**Öppettider** måndag-fredag 07-19 | lördag 07-17 | söndag 09-17

Klostergatan 9, 222 22 Lund | [www.broderjakobs.se](http://www.broderjakobs.se)



Lexis Papper offers a wide variety of handpicked stationery from all over the world. Open weekdays 10-18 and Saturdays 10-15 at St. Gräbrödersgatan 13, Lund. [www.lexis.se](http://www.lexis.se).

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## Lund Carnival

# WHY GO TO RIO WHEN YOU CAN GO TO LUND?

Lund student carnival is arranged every fourth year by 5,000 student volunteers. Dating back to 1849, each carnival has a different theme. The event features an array of shows, entertainment and food & drink, with all events open to the public. The carnival is back 18-20 May 2018.







### A Lund tradition since 1849

The first Lund carnival took place in 1849. Since that first procession, the carnival has changed its design countless times and becomes an undying memory for every Lund student.



PHOTO: Kennet Rouna

### 50,000 students took part last time out

More than fifty thousand students, or carnivalists, worked for three days to transform Lund into one big entertainment centre last time out. There was entertainment in tents, live shows, radio broadcasts, artists and of course food and drink.

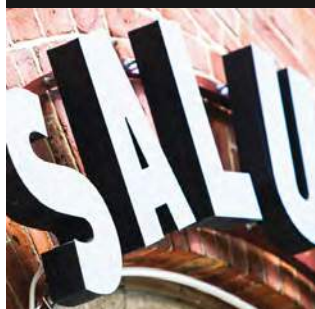
The carnival train winds its way through the streets of Lund, watched by over 400,000 onlookers. Carnivalists and visitors quench the thirst with specially brewed Karnevöl – the carnival beer.

### THE CARNIVAL IN NUMBERS

**5,000** volunteers and **400,000** visitors.

**30,000,000** SEK in sales (3 million €).

**92 million** readers in the media spread.



*När du vill ha det riktigt gott!*

[www.lundssaluhall.se](http://www.lundssaluhall.se)



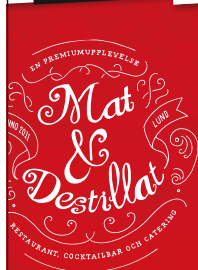
RESTAURANT



COCKTAILS



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### RESTAURANT COCKTAILS CATERING

Welcome to Mat & Destillat, a restaurant & cocktailbar on historic grounds in the very heart of Lund. Come on in and enjoy our Scandinavian kitchen and international cocktails. All made with love.

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### Welcome to restaurant På Skissernas

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Our á la carte menu consists of medium-sized portions, wood oven baked pizzas and a wide range of ECO-friendly beverages and cocktails to make Your dinner complete.

V E Ds outdoor seating is open April - October and seats about a hundred guests. Prefer to sit inside? Then welcome to our cozy livingroom please make sure to book a table and we will do our best to give You a memorable evening!

Most welcome to V E D!

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( 2017-11-01 until 2018-04-01

lunch is served on weekends only)

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What's on

# EVENT CALENDAR

There's lots going on in Lund. Every month dishes up a host of festivals, fairs, sporting events and comedy. Check out what's happening below and plan ahead for your visit.

<b>LitteraLund</b>	<a href="http://www.litteralund.se/en-gb">www.litteralund.se/en-gb</a>	April 15-20
<b>Walpurgis night</b>	<a href="http://www.lund.se/valborg">www.lund.se/valborg</a>	April 30
<b>1 of May Celebrations with Lund Student Singers</b>		May 1
<b>Lundaloppet</b>	<a href="http://www.lundaloppet.se">www.lundaloppet.se</a>	May 5
<b>Kodachicon</b>	<a href="http://www.kodachi.se">www.kodachi.se</a>	May 10-13
<b>Lundakarnevalen</b>	<a href="http://www.lundakarnevalen.se">www.lundakarnevalen.se</a>	May 18-20
<b>Hållbarhetsveckan</b>	<a href="http://www.hallbarhet.lu.se/">www.hallbarhet.lu.se/</a>	May 23-28
<b>Sweden's National Day</b>		June 6
<b>Sommarlund</b>	<a href="http://www.sommarlund.se">www.sommarlund.se</a>	June - August
<b>Lundapride</b>	<a href="http://stoltlund.se/lundapride/">stoltlund.se/lundapride/</a>	June 15-17
<b>Mossagårdsfestivalen</b>	<a href="http://www.mossagardsfestivalen.se">www.mossagardsfestivalen.se</a>	June 15-17
<b>Midsummer Celebrations</b>	<a href="http://www.kulturen.com">www.kulturen.com</a> · <a href="http://www.skrylle.se">www.skrylle.se</a>	June 22
<b>Visfestivalen</b>	<a href="http://www.visfestivalenilund.se">www.visfestivalenilund.se</a>	July 25-26
<b>Lund Comedy festival</b>	<a href="http://www.lundcomedyfestival.com">www.lundcomedyfestival.com</a>	September
<b>Kulturnatten</b>	<a href="http://www.kulturnatten.nu">www.kulturnatten.nu</a>	September 15
<b>Fantastisk Film Festival</b>	<a href="http://www.fff.se">www.fff.se</a>	September/October
<b>Magic Weekend</b>	<a href="http://www.magicweekend.se">www.magicweekend.se</a>	October 5-7
<b>ArchFilmLund</b>	<a href="http://www.archfilmund.se">www.archfilmund.se</a>	October 18-21
<b>Lund Choral festival</b>	<a href="http://www.lundchoralfestival.org">www.lundchoralfestival.org</a>	October 15-21
<b>Konstkväll</b>	<a href="http://www.krognoshuset.se">www.krognoshuset.se</a>	October 20
<b>Grand Jazz</b>	<a href="http://www.grandilund.se">www.grandilund.se</a>	November
<b>Kulturens julstök</b>	<a href="http://www.kulturen.com">www.kulturen.com</a>	December 1-2
<b>Lundaspelen i handboll</b>	<a href="http://www.lundaspelen.com">www.lundaspelen.com</a>	December 26-30
<b>Lundaspelen i basket</b>	<a href="http://www.lundaspelen.se">www.lundaspelen.se</a>	January 2-5
<b>VinterLund</b>	<a href="http://www.vinterlund.se">www.vinterlund.se</a>	Nov 30 2018-Feb 14 2019

## USEFUL INFORMATION

### ▶ TRAINS & BUSES

For timetables and information about trains and buses: Skånetrafiken, Centralstation. Tel: 0771-77 77 77 [www.skanetrafiken.se](http://www.skanetrafiken.se)

### ▶ AIRPORTS

Malmö Airport  
Tel: 010-10 945 00  
[www.malmoairport.se](http://www.malmoairport.se)  
  
Copenhagen Airport  
Tel: +45 32 31 32 31  
[www.cph.dk](http://www.cph.dk)

### ▶ AIRPORT COACHES

Malmö Airport  
Tel: 040-669 62 91  
<https://www.flygbussarna.se/en>

### ▶ TAXI CENTRAL STATION

Taxi Skåne  
Tel: 046-33 03 30  
  
Taxi Lund  
Tel: 046-12 12 12  
  
DT Taxi  
Tel: 046-20 22 80

### ▶ BICYCLE HIRE

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[fridhemscykel.se](http://fridhemscykel.se)  
  
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[digibike.se/en](http://digibike.se/en)

### ▶ CAR RENTAL

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Byggmästargatan 11  
Tel: 046-14 50 30  
[www.avis.se](http://www.avis.se)  
  
Folkes Biluthyrning  
Åldermansgatan 11  
Tel: 046-35 41 40  
[www.folkesbiluthyrning.se](http://www.folkesbiluthyrning.se)  
  
Hertz  
Västra Stationstorget 1  
Tel: 046-30 60 12  
[www.hertz.se](http://www.hertz.se)

### ▶ POLICE STATION

Byggmästaregatan 1  
Tel: 046-114 14

### ▶ HOSPITAL

Skånes Universitetssjukhus  
Getingevägen 4  
Tel: 046-17 10 00

### ▶ DENTAL CARE

S:t Laurentiigatan 10  
Tel: 046-275 91 80

### ▶ EMERGENCY 112



# Welcome to Högevall



## DE-STRESSED EVENT

Looking to unwind? Högevall welcomes you to De-stressed events during the winter season. Swim by candlelight, recline in our spa pool, or join a range of gentle instructor led sessions such as yoga. Why not try a fragrant *aufguss* session hosted by our sauna master! For more information, please visit our website.



## KIDS' POOL PARTY

Celebrate your birthday with a twist! Our party packages include entry to the adventure pool, offering water slides, a wave pool, and our popular '*vildfors*' rapid ride, plus a delicious, healthy meal from *Café Corall*.



## MEMBER BENEFITS

Holders of season passes (6 & 12 months) to our training pools, enjoy free admission to our hot pool, steam sauna and children's jungle pool between 06:00-11:00 on Mondays, Tuesdays and Thursdays (public holidays and 'red days' excluded). For more information, please visit our website.



## ADVENTURE POOL

Fill your life with adventure! Take on our *Black Hole* and *Magic Eye* tunnel slides. Let yourself be carried away on our '*vildfors*' rapid ride. Plunge yourself into our wave pool, or challenge yourself to our climbing wall - but don't fall in! Our adventure pool has something for everyone.

[www.hogevall.se](http://www.hogevall.se)

Inspires to health, knowledge and adventure



# DON'T MISS LUND

Looking for oldie-worldly charm combined with the latest in design and innovation? You'll find it in Lund.

This beautiful university town is a vibrant city of contrasts where you'll meet some of the world's smartest and innovative people enjoying life among age-old cobblestone streets and half-timbered houses.

Visit the museums, stroll through the market squares, or relax and eat al-fresco in the superb cafés and restaurants. Lund is a cosy city where everything is just a short walk away.

Want a life a little more active? Walk the delightful hiking trails, call in at a castle, roam around ancient Viking settlements and lots more.

Lund. A thousand years of history, all within walking distance.

## **Lund Tourist Center - City of Lund**

Bangatan 1, 222 21 Lund

[visit@lund.se](mailto:visit@lund.se)

+46 (0)46 35 9 50 40

[www.visitlund.se](http://www.visitlund.se)

[facebook.com/visitlund](https://facebook.com/visitlund)

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