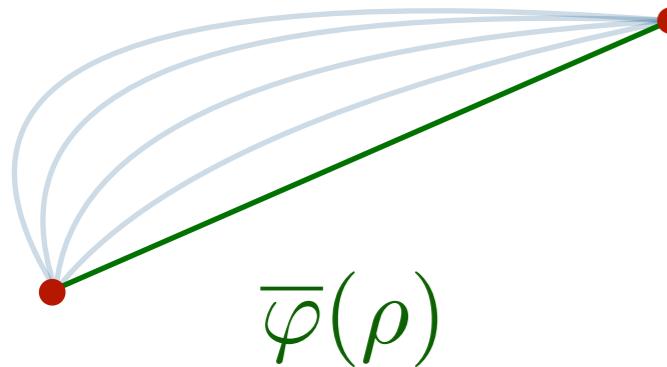




False vacua: bounces and prefactors



Miha Nemevšek
IJS & FMF

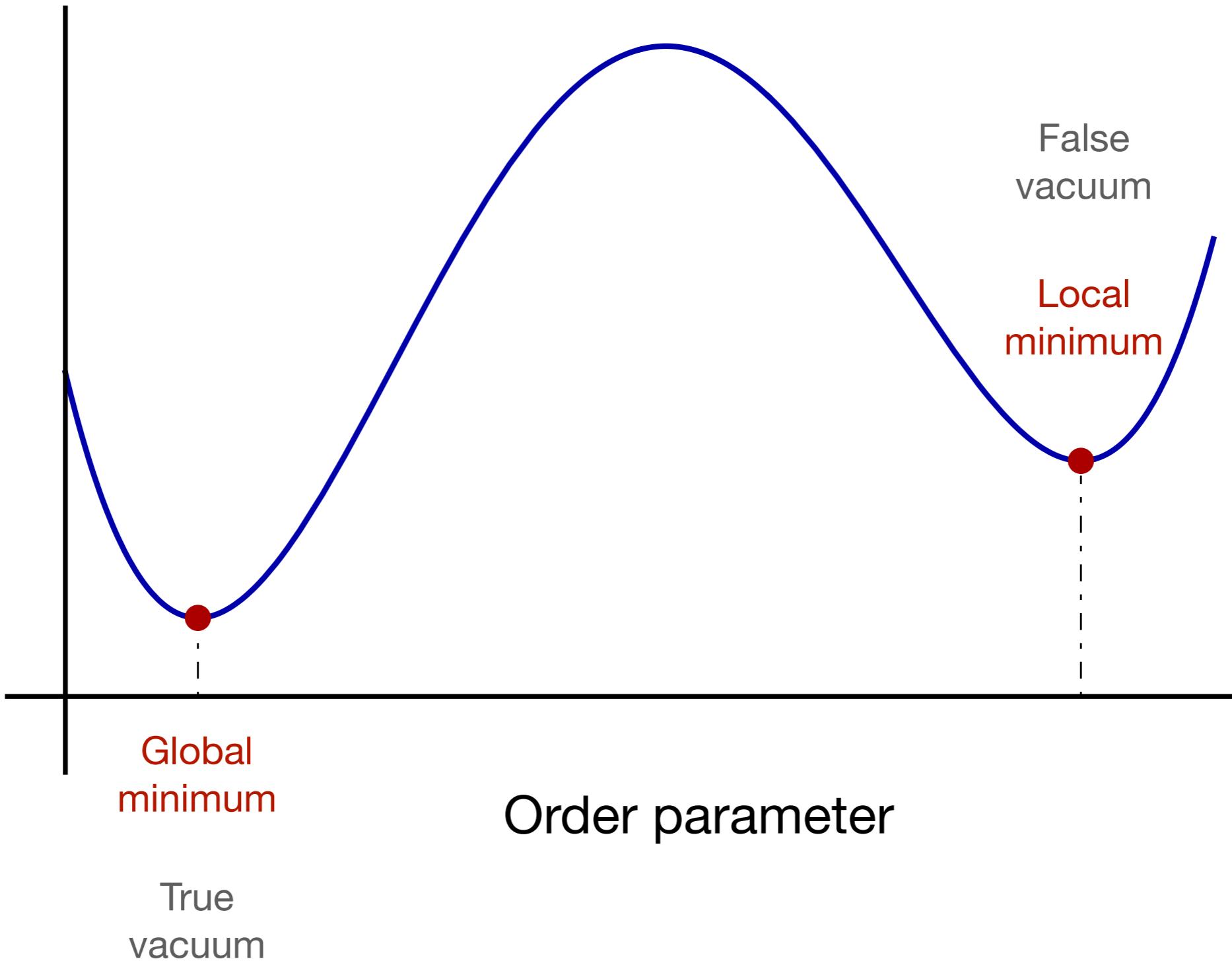


with Aleksandar Ivanov, Victor Guada, Alessio Maiezza,
Marco Matteini, Yutaro Shoji and Lorenzo Ubaldi

Science Coffee at the Lund University,
Lund, Sweden, 28th September 2023

Phase transitions

Free energy



Global
minimum

True
vacuum

Order parameter

False
vacuum

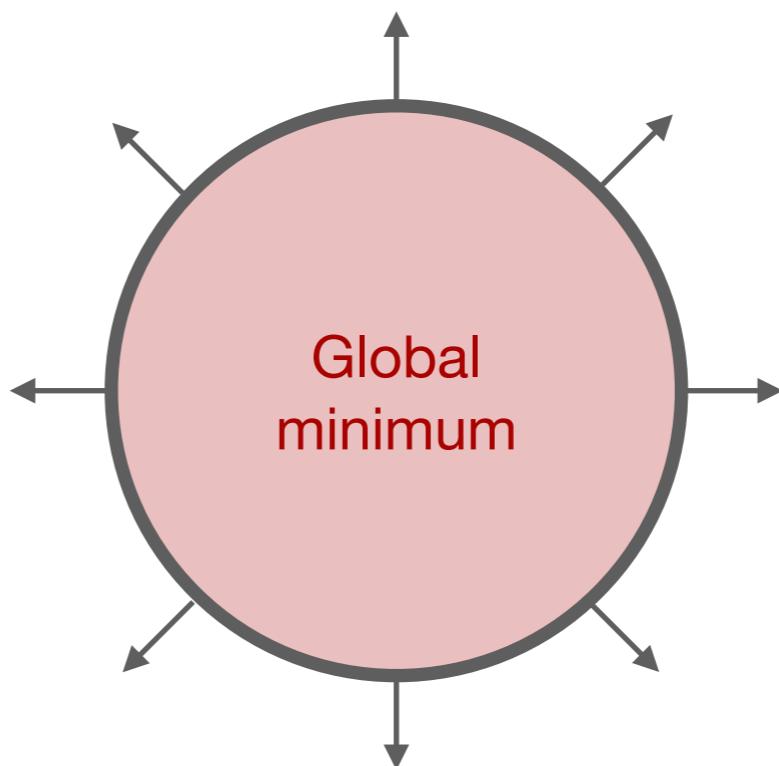
Local
minimum

First order phase transition

Decay rate

$$\Gamma = A e^{-S}$$

Local
minimum



First order phase transition

Shape of the bubble $\varphi(t, x)$

Local
minimum

Global
minimum

Physics

Quantum fluctuations

SM lifetime vs. m_t , α_s , m_h

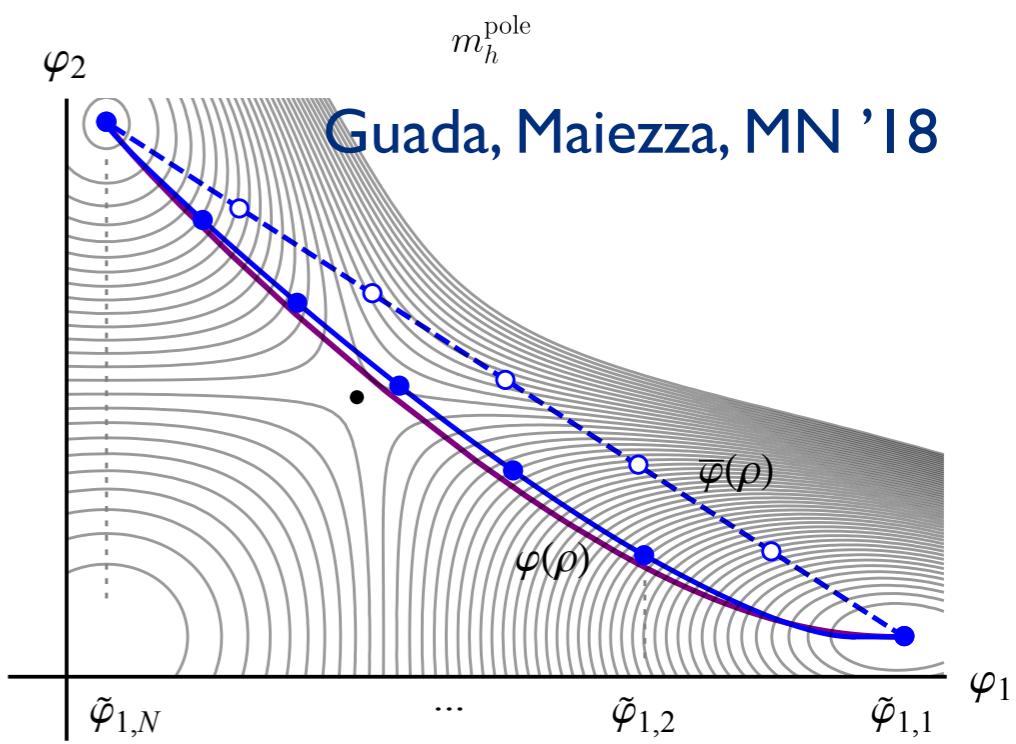
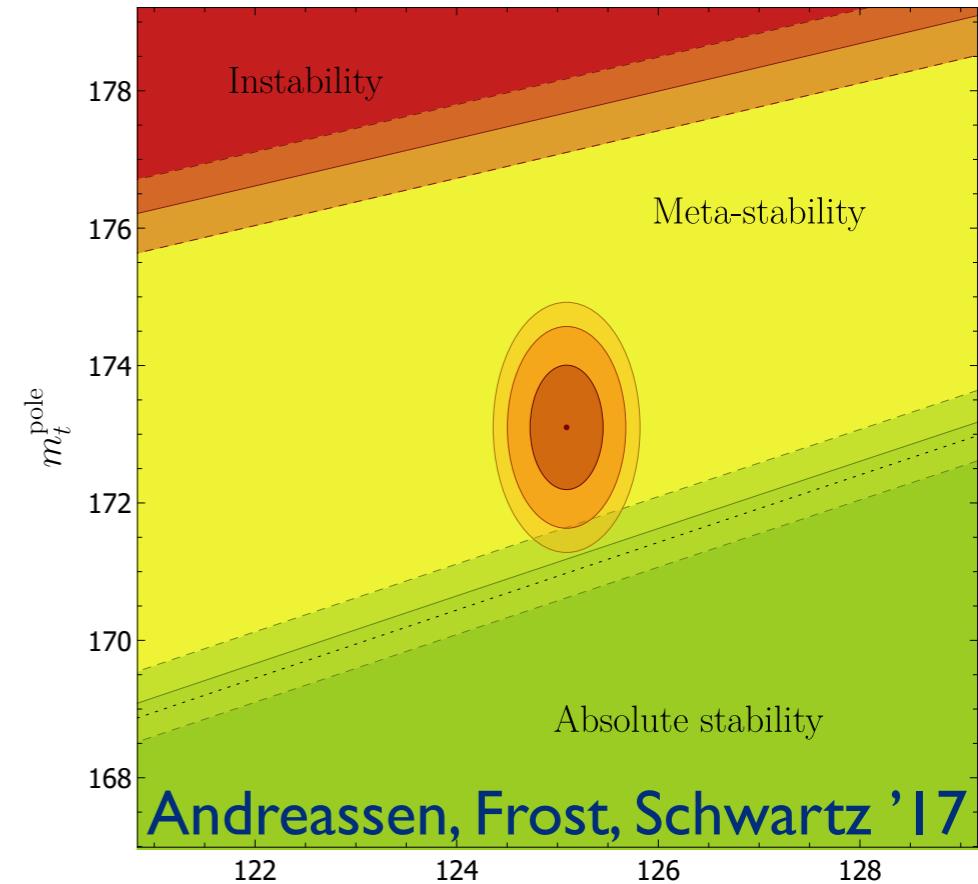
BSM stability - m_S , λ_i
selection of vacua (landscape)

Thermal fluctuations

Gravitational waves, primordial B -fields

Baryogenesis / bubble wall fermion conversion

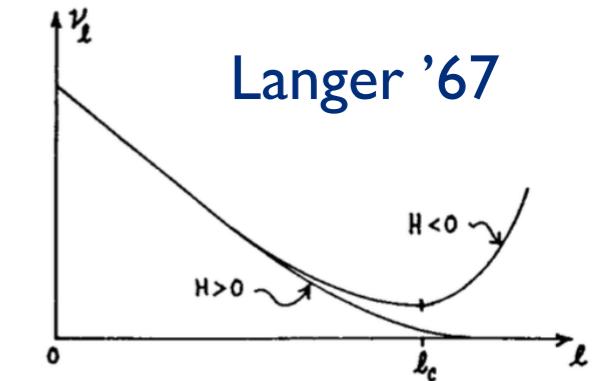
Inflation, dark energy, condensed matter, chemistry



a bit of **History**

Statistical physics

Theory of condensation point, droplet model, ferromagnets



QFT / Cosmology

Bubbles in Metastable Vacuum

Voloshin, Kobzarev, Okun '74

Fate of the false vacuum: semiclassical theory

Coleman '77

Fate of the false vacuum. II. First quantum corrections

Callan, Coleman '77

Gravitational effects on and of vacuum decay

Coleman, de Luccia '79

also T.D. Lee, G.C. Wick, I. Affleck, A. Linde, S. Hawking, ...

Decay rate

Coleman '77

$$\mathcal{L} = \frac{1}{2} \partial\varphi^2 - V(\varphi) \quad \Rightarrow \quad \mathcal{L}_E = \frac{1}{2} \partial_E \varphi^2 + V(\varphi)$$

$$\frac{\Gamma}{\mathcal{V}} = \frac{\text{Im} \int \mathcal{D}\varphi e^{-S[\varphi]}}{\int \mathcal{D}\varphi e^{-S[\varphi_{\text{FV}}]}}$$

$$S[\varphi] \simeq S[\bar{\varphi}] + \frac{\delta S}{\delta \varphi} \Big|_{\bar{\varphi}} \delta\varphi + \frac{1}{2} \frac{\delta^2 S}{\delta \varphi^2} \Big|_{\bar{\varphi}} \delta\varphi^2 + \dots$$
$$= 0$$

bounce extremize fluctuations

$O(4)$ Coleman, Glaser, Martin '78

$$\rho^2 = t^2 + \sum x_i^2 \quad \text{Euclidean time} = \text{radius of the bubble}$$

Decay rate

Coleman '77

$$\mathcal{L} = \frac{1}{2}\partial\varphi^2 - V(\varphi) \quad \Rightarrow \quad \mathcal{L}_E = \frac{1}{2}\partial_E\varphi^2 + V(\varphi)$$

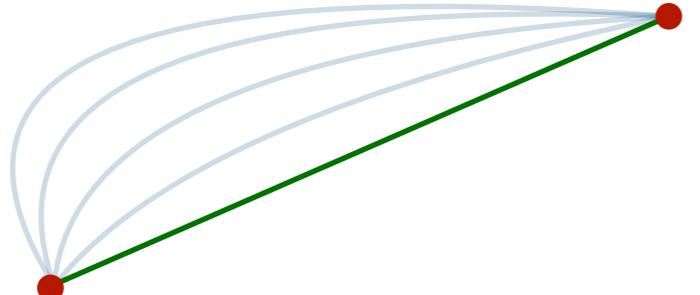
$$\frac{\Gamma}{\mathcal{V}} = \frac{\text{Im} \int \mathcal{D}\varphi e^{-S[\varphi]}}{\int \mathcal{D}\varphi e^{-S[\varphi_{\text{FV}}]}}$$

$$S[\varphi] \simeq S[\bar{\varphi}] + \frac{\delta S}{\delta\varphi} \Bigg|_{\bar{\varphi}} \delta\varphi + \frac{1}{2} \frac{\delta^2 S}{\delta\varphi^2} \Bigg|_{\bar{\varphi}} \delta\varphi^2 + \dots \\ = 0$$

“...there always exists an $O(4)$ -invariant bounce and it always has strictly lower action than any non- $O(4)$ invariant bounce. The rigor of our proof is matched only by its tedium; I wouldn’t lecture on it to my worst enemy.” Coleman, Erice lectures ’77

multi-fields

Blum, Honda, Sato,
Takimoto, Tobioka ’16



$$\delta S = 0 \rightarrow \bar{\varphi}(\rho)$$

Bounce

- * Thin wall Ivanov, Matteini, MN, Ubaldi '22
 - * Polygonal bounces Guada, Maiezza, MN '18
 - * FindBounce Guada, MN, Pintar '20



The bounce D dimensional symmetric Euclidean action

$$S = \Omega \int_0^\infty d\rho \rho^{D-1} \left(\frac{1}{2} \dot{\phi}^2 + V - V_{\text{FV}} \right), \quad \Omega = \frac{2\pi^{D/2}}{\Gamma(D/2)}$$

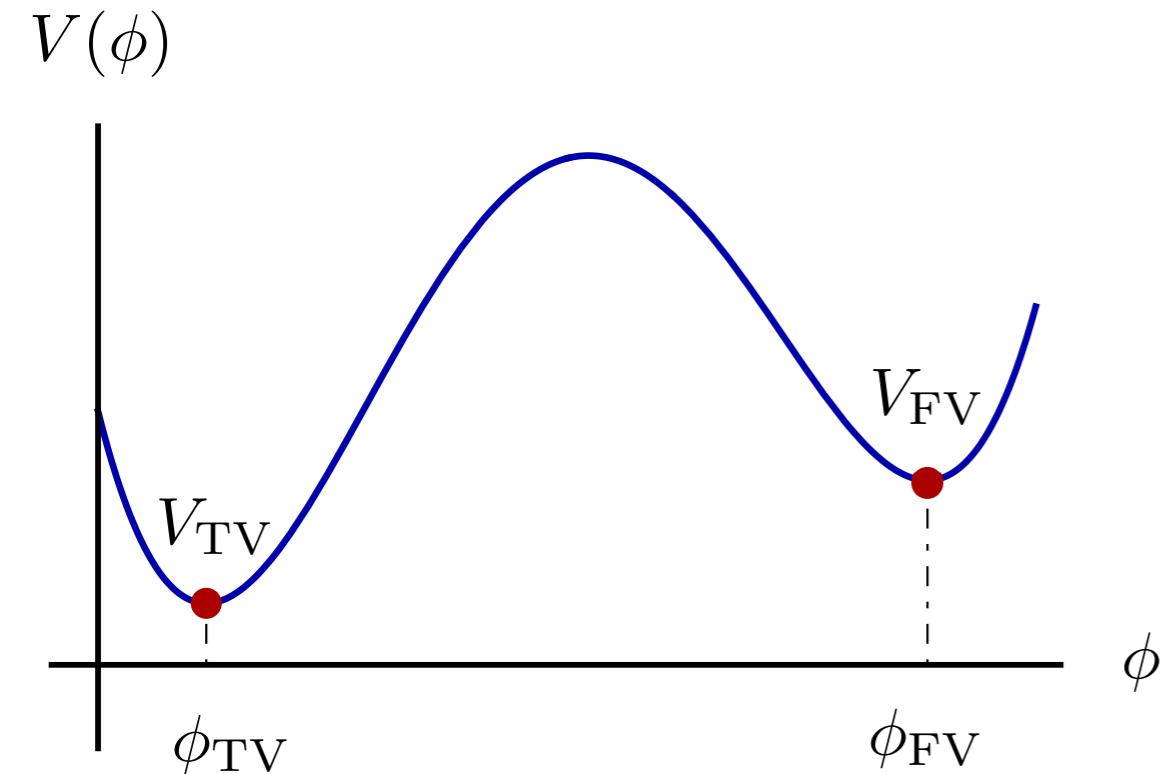
bounce
equation

$$\ddot{\phi} + \frac{D-1}{\rho} \dot{\phi} = \frac{dV}{d\phi}$$

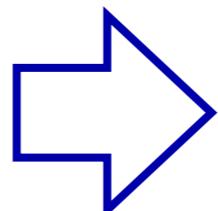
friction

boundary
conditions

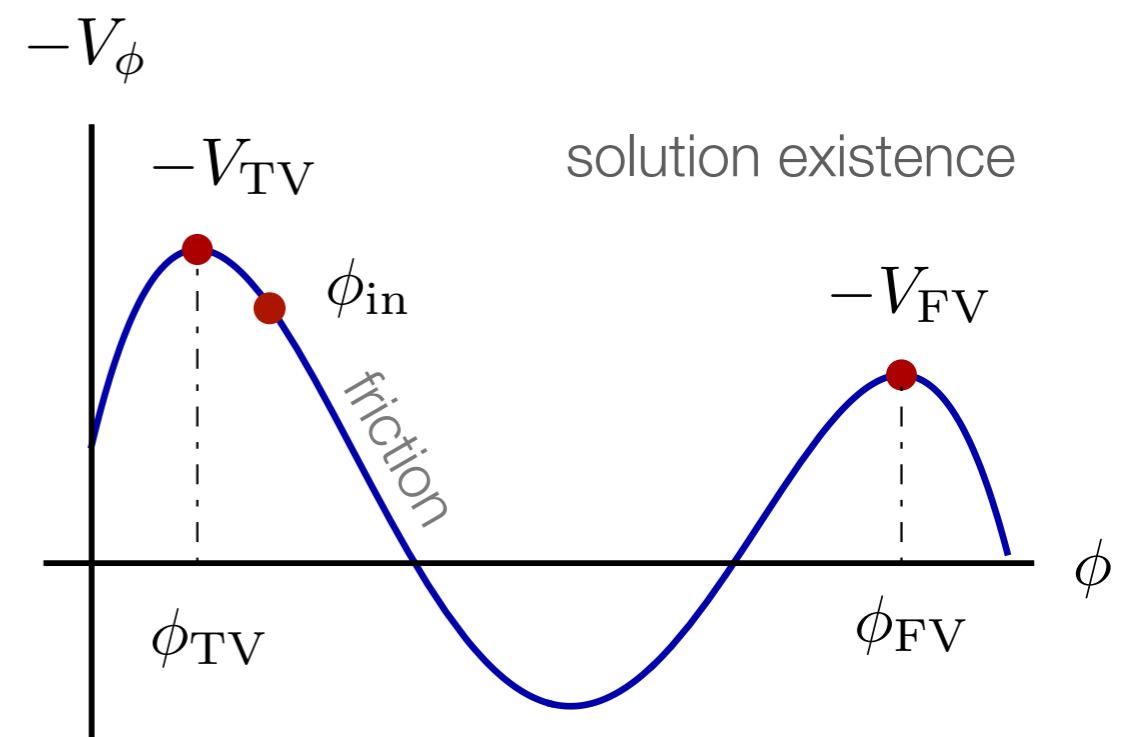
$$\begin{aligned}\dot{\phi}(0) &= \dot{\phi}(\infty) = 0, \\ \phi(0) &= \phi_{\text{in}}, \quad \phi(\infty) = \phi_{\text{FV}}\end{aligned}$$



particle
analogy



inverted
potential



solution existence

Thin wall and beyond

Thin Wall

Ivanov, Matteini, MN, Ubaldi '22

$$V = \frac{\lambda}{8} (\phi^2 - v^2)^2 + \lambda \Delta v^3 (\phi - v)$$

Overall coupling

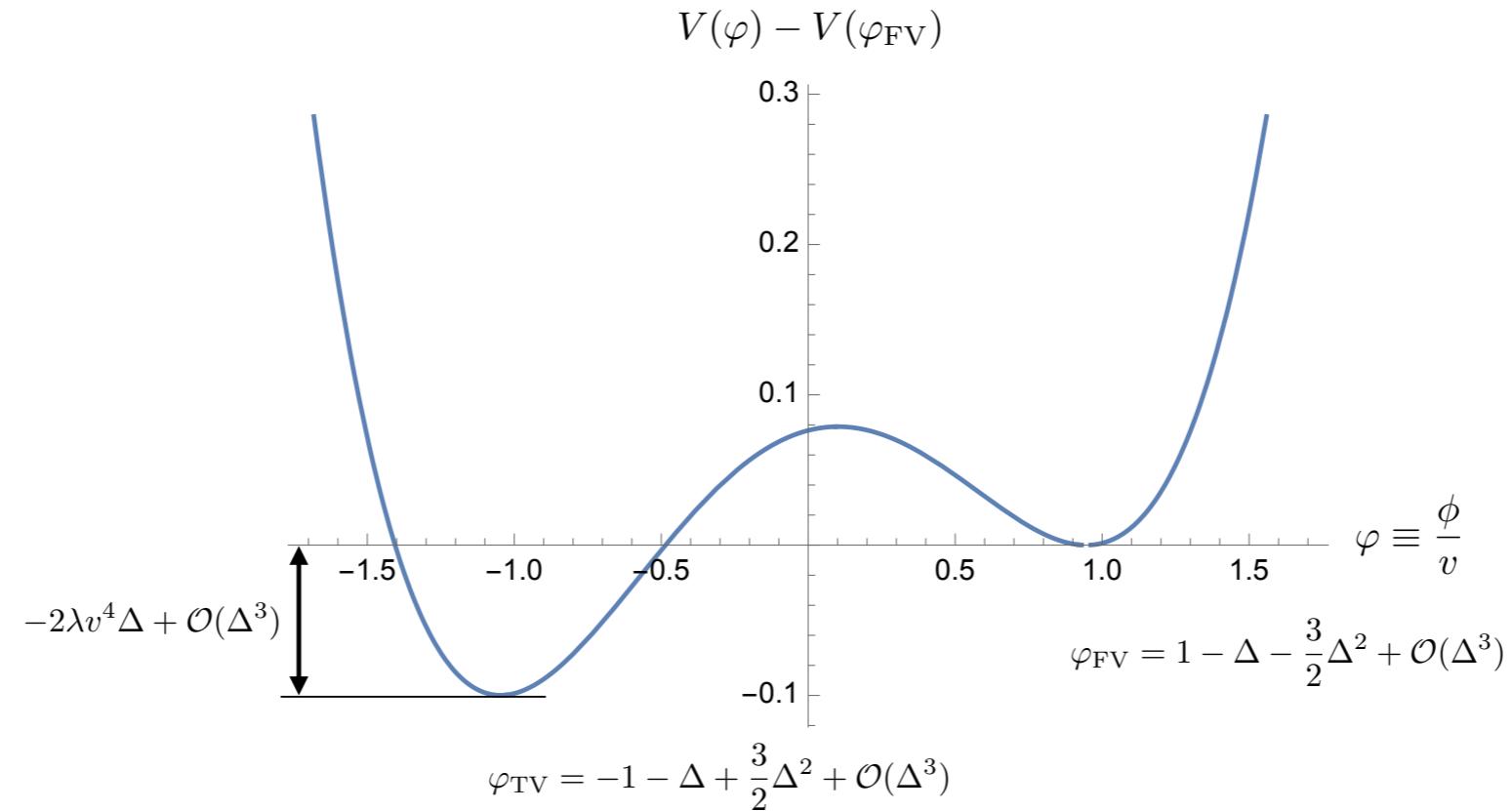
$$[\lambda] = 4 - D$$

Scale of the model

$$[v] = D/2 - 1$$

TW parameter

$$[\Delta] = 0$$



Perturbative

$$0 < \lambda \ll 1, \quad 0 < \Delta \ll 1, \quad \Delta_{\text{max}} = 3^{-3/2}$$

TW = near degenerate

$$V = \frac{\lambda}{8} (\phi^2 - v^2)^2 + \lambda \Delta v^3 (\phi - v)$$

Ivanov, Matteini, MN, Ubaldi '22

Expand the field around the bounce radius

$$\varphi(z) = \sum \varphi_n(z) \Delta^n, \quad z = \sqrt{\lambda}v \rho - r, \quad r = \frac{1}{\Delta} \sum r_n \Delta^n$$

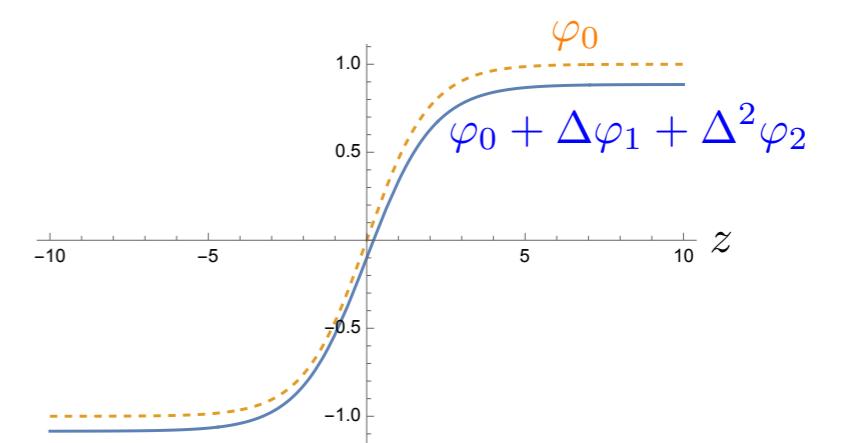
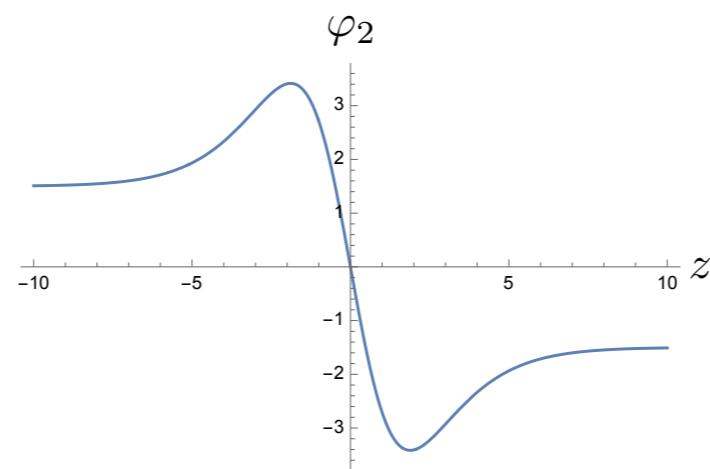
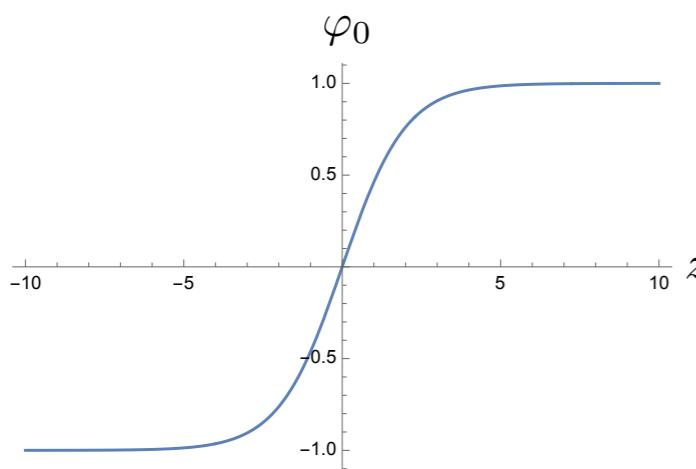
We solve the bounce equation

$$\varphi_0 = \tanh \frac{z}{2},$$

$$r_0 = \frac{D-1}{3},$$

$$\varphi_1 = -1,$$

$$r_1 = 0$$



See the paper for φ_2, φ_3 , physical bubble profile

$$r_2 = \frac{6\pi^2 - 40 + D(26 - 4D - 3\pi^2)}{3(D-1)}$$

Thin Wall Action

Ivanov, Matteini, MN, Ubaldi '22

λ and v factor out

$$S = \frac{\Omega v^{4-D}}{\lambda^{D/2-1} \Delta^{D-1}} \times \tilde{S}[\Delta^2]$$

Leading order

$$S_0 = \frac{\Omega v^{4-D}}{\lambda^{D/2-1} \Delta^{D-1}} \left(\frac{D-1}{3} \right)^{D-1} \frac{2}{3D}$$

Matteini, MN,
Shoji, Ubaldi '23

Higher orders

$$S_2 = S_0 \left(1 + \Delta^2 \left(\frac{1 + D(25 - 8D - 3\pi^2)}{2(D-1)} \right) + \mathcal{O}(\Delta^4) \right)$$

New & relevant

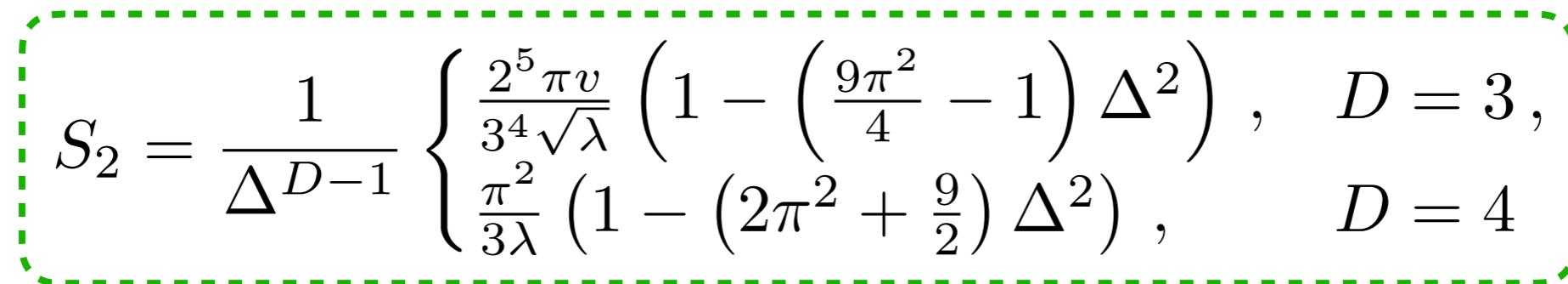
Perturbativity

$D = 4$: FV decay at $T = 0$

Coleman '77

$D = 3$: FV nucleation at finite T

Affleck '81, Linde '83

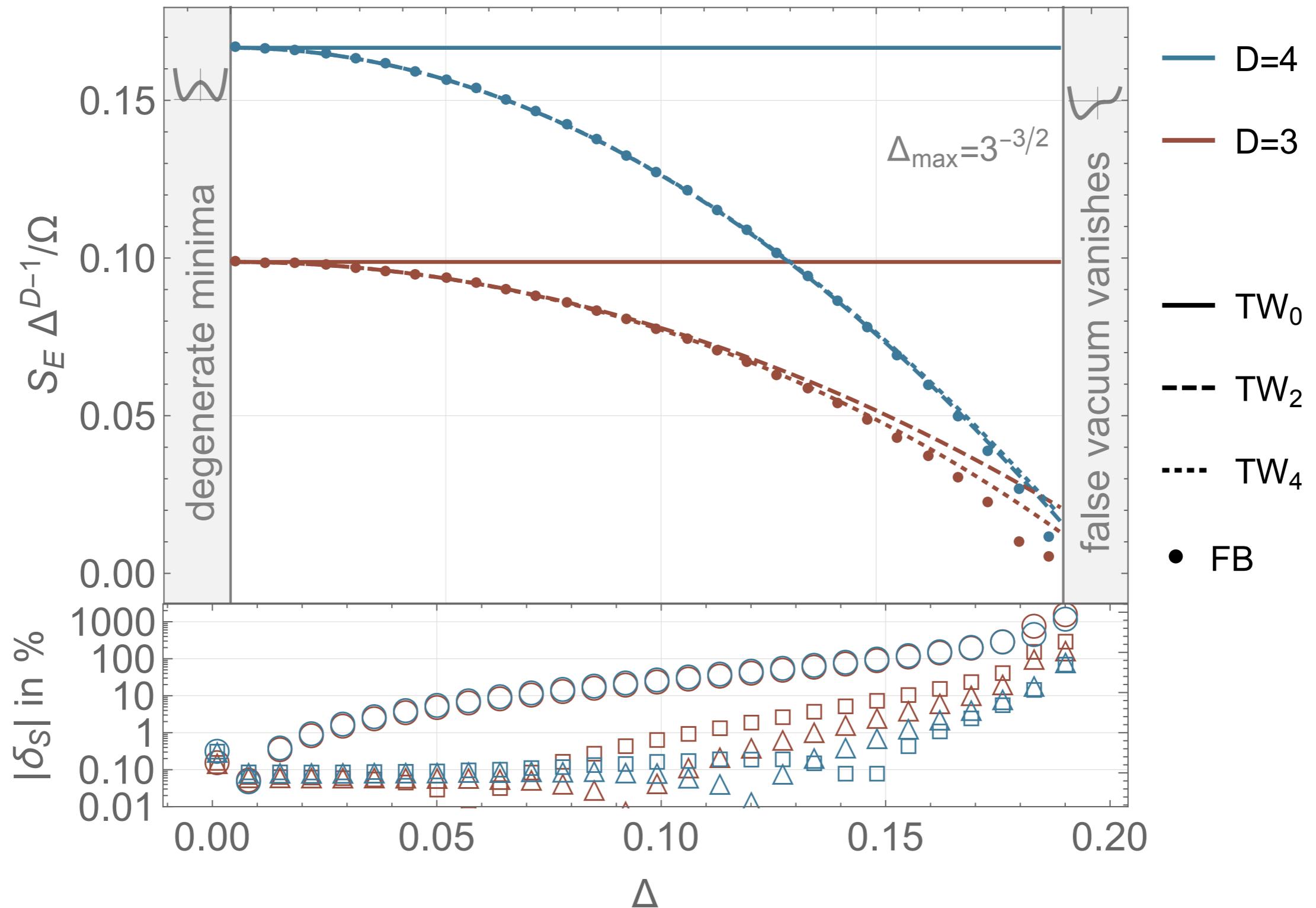


$$S_2 = \frac{1}{\Delta^{D-1}} \begin{cases} \frac{2^5 \pi v}{3^4 \sqrt{\lambda}} \left(1 - \left(\frac{9\pi^2}{4} - 1 \right) \Delta^2 \right), & D = 3, \\ \frac{\pi^2}{3\lambda} \left(1 - \left(2\pi^2 + \frac{9}{2} \right) \Delta^2 \right), & D = 4 \end{cases}$$

Thin Wall Action

Ivanov, Matteini, MN, Ubaldi '22

How good/useful is TW? Pretty good all the way to Δ_{\max} !



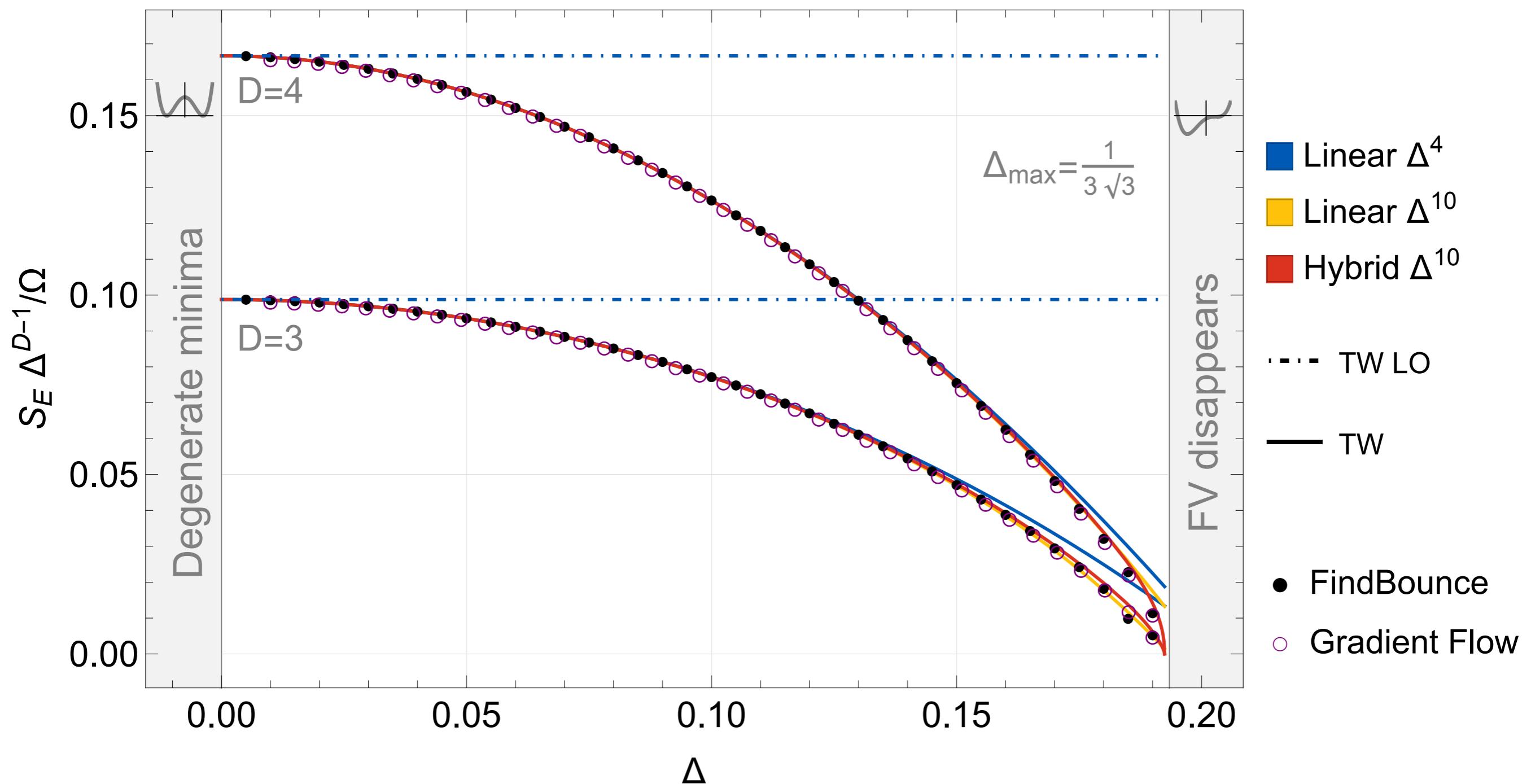
Higher orders: analytic Δ^4 , semi-analytic up to Δ^{10}

Matteini, MN, Shoji, Ubaldi '23

Thin -> thick Wall Action

Matteini, MN, Shoji, Ubaldi '23

Linear and cubic potentials different outside TW

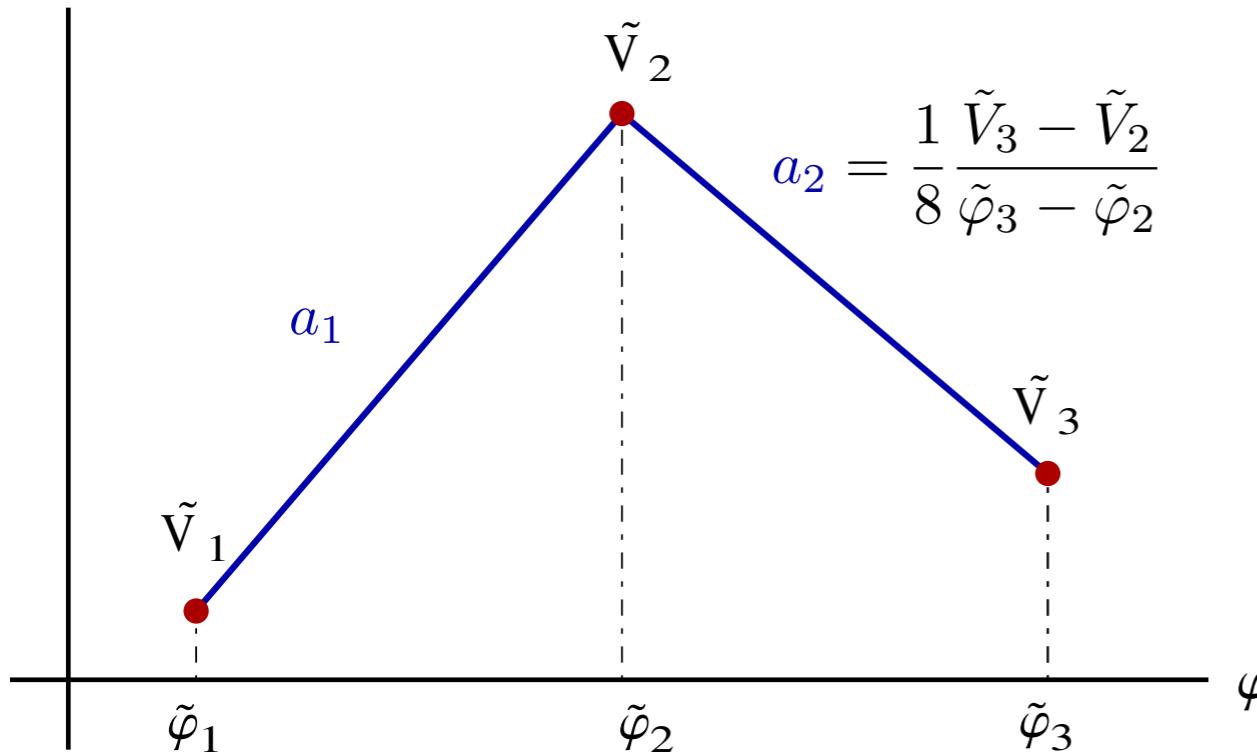


Possible to create a hybrid approach, good near inflection

Polygonal bounces

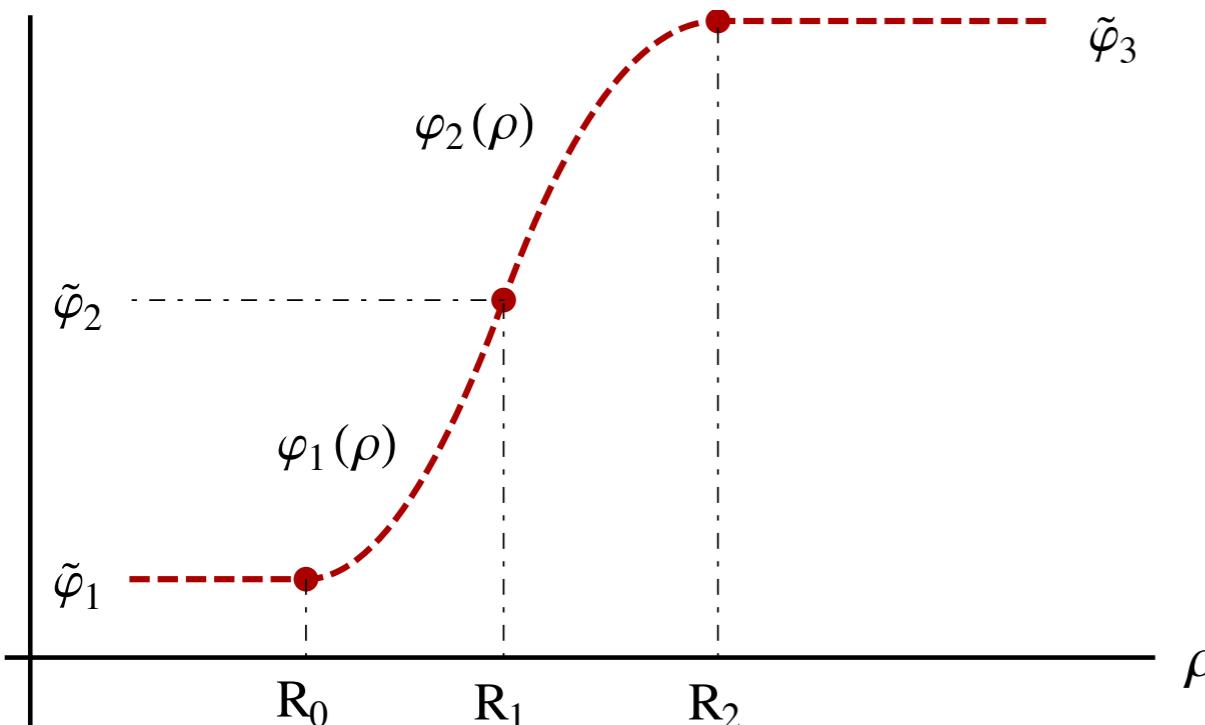
Triangle

$V(\varphi)$



Duncan, Jensen '92

$\varphi(\rho)$



Initial conditions @ R_0

shoot in φ_0 or R_0

- a) $\varphi_1(0) = \varphi_0, \quad \dot{\varphi}_1(0) = 0$

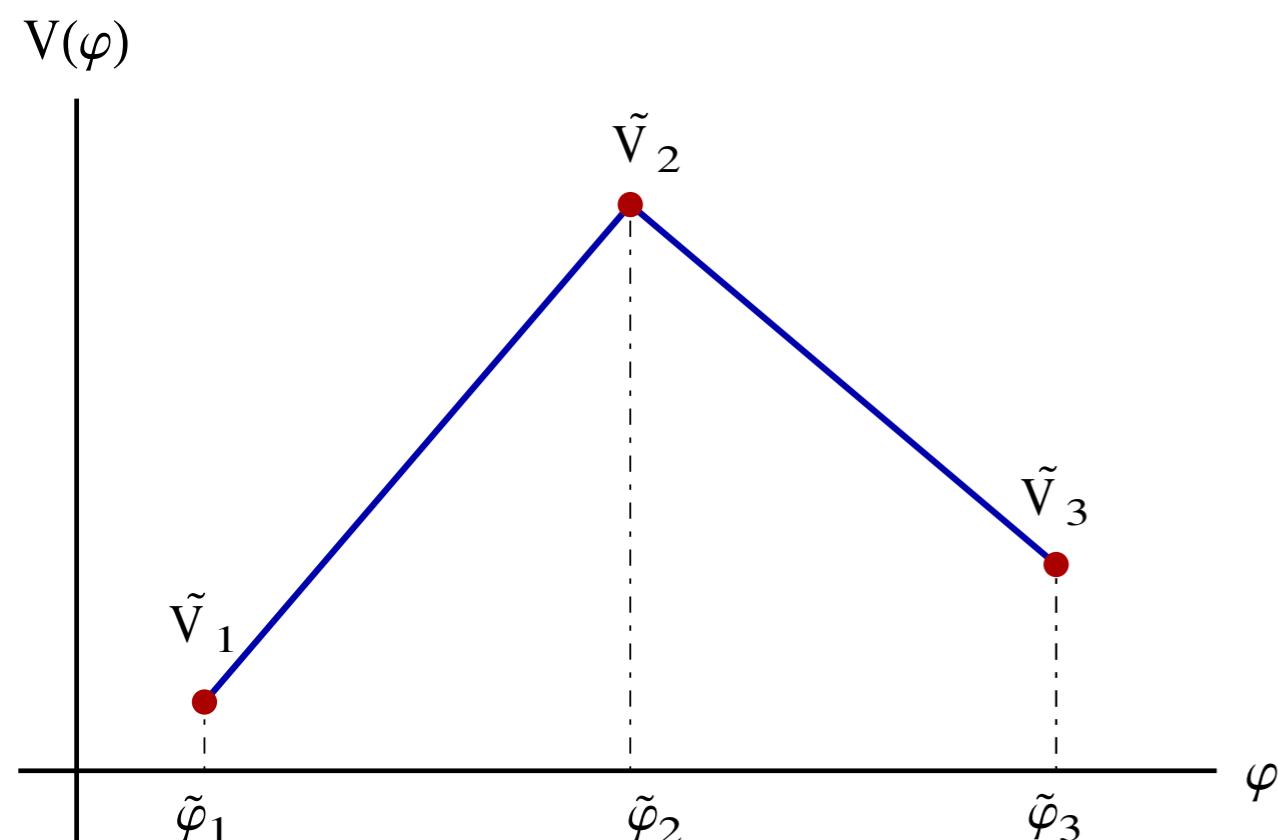
$$v_1 = \varphi_0, \quad b_1 = 0$$

- b) $\varphi_1(R_0) = \tilde{\varphi}_1, \quad \dot{\varphi}_1(R_0) = 0$

$$v_1 = \tilde{\varphi}_1 - 2a_1 R_0^2, \quad b_1 = a_1 R_0^4$$

Triangle summary

Duncan, Jensen '92



Complete exact analytic solution in
 $D=4$ for two segments

Solved in terms of Euclidean radius

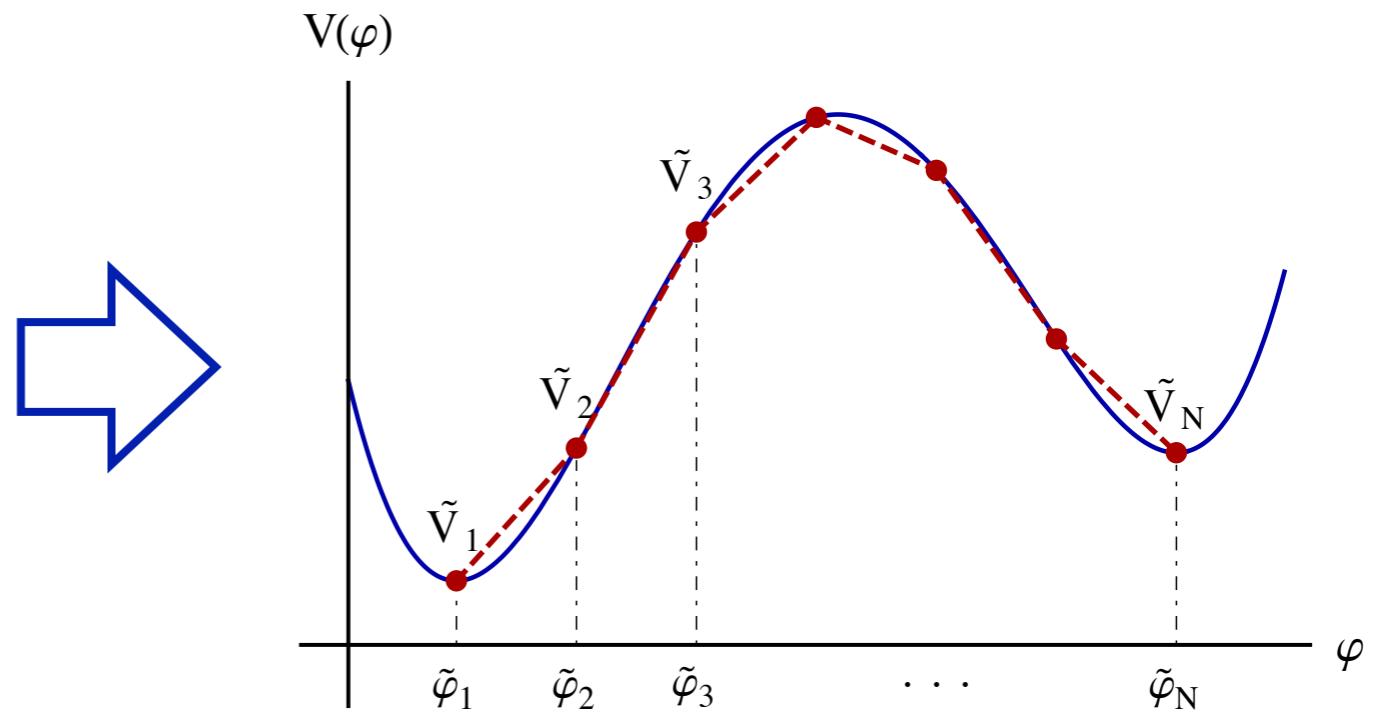
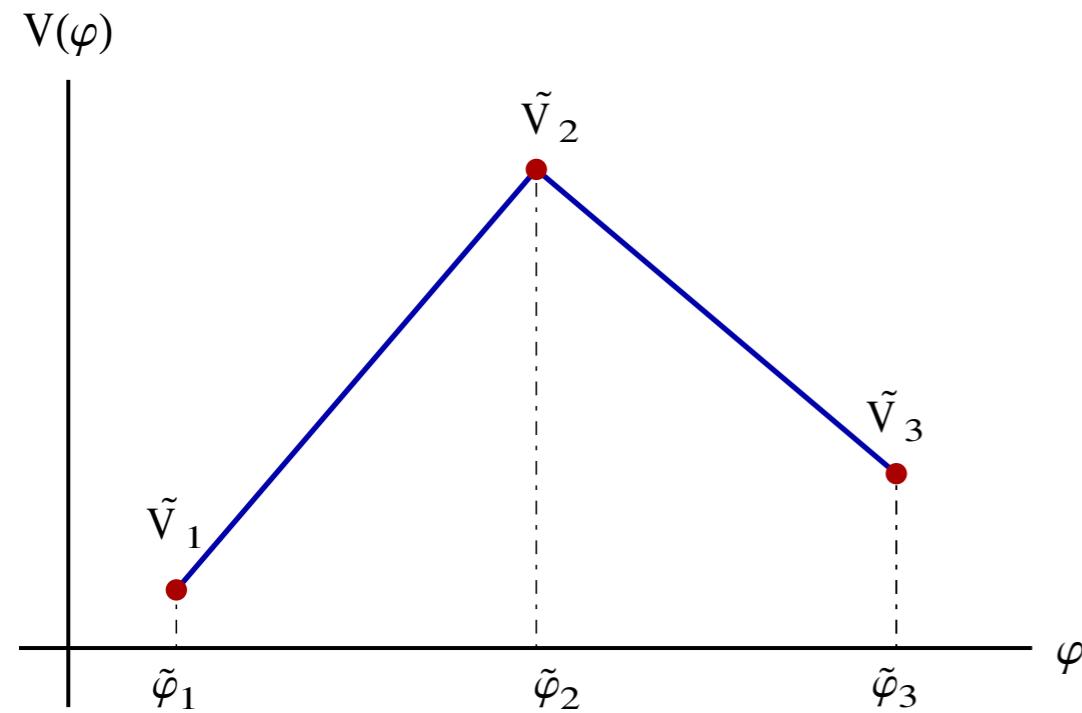
Stable in thin wall, goes over to TW

Limited validity outside the TW

Polygonal bounces

Extend to more segments and D dimensions

Guada, Maiezza, MN '18

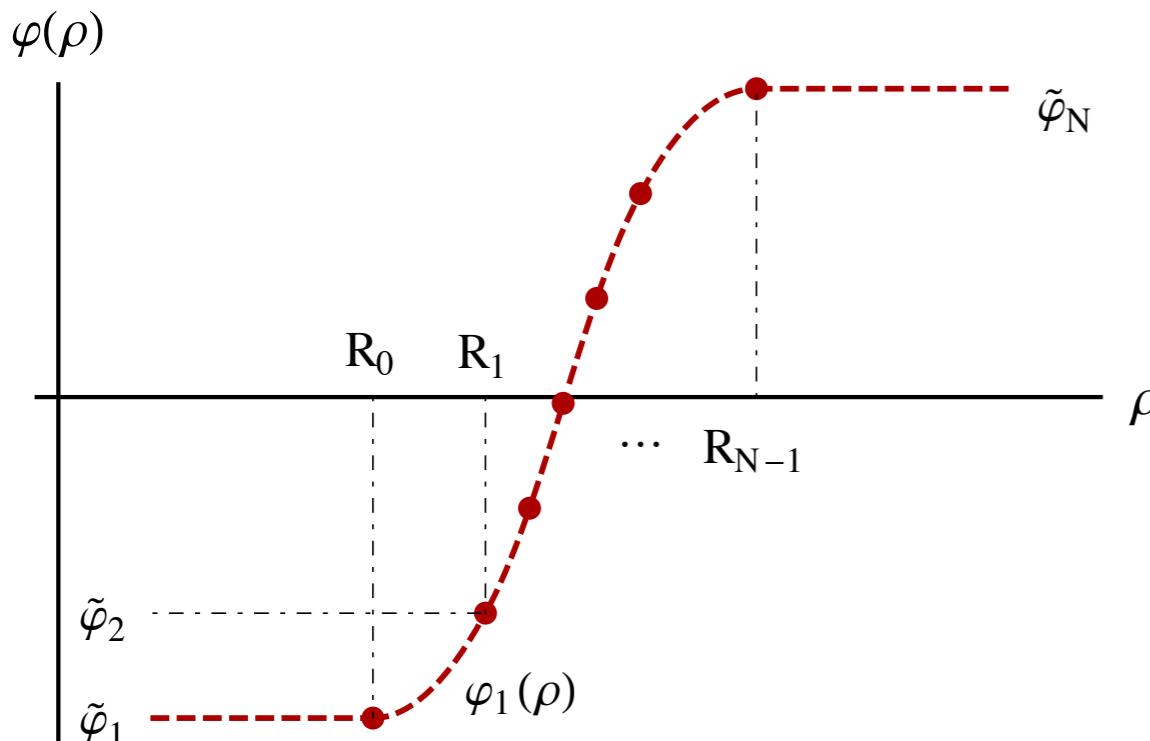


Approximates any V when $N \rightarrow \infty$, with controlled precision

Geometric insight of segmentation, cover non-trivial features/unstable Vs

Semi-analytic solution for algebraic manipulation/deformation

Polygonal construction



$$\ddot{\varphi}_i + \frac{D-1}{\rho} \dot{\varphi}_i = dV_i = 8 \textcolor{blue}{a}_i$$

$$\varphi_i = \textcolor{red}{v}_i + \frac{4}{D} \textcolor{blue}{a}_i \rho^2 + \frac{2}{D-2} \frac{\textcolor{green}{b}_i}{\rho^{D-2}}$$

Initial/final conditions remain the same

Matching conditions @ R_i 3 parameters and 3 unknowns/segment **Guada, Maiezza, MN '18**

$$\varphi_i(R_1) = \varphi_{i+1}(R_i) = \tilde{\varphi}_{i+1}, \quad \dot{\varphi}_i(R_i) = \dot{\varphi}_{i+1}(R_i)$$

The bounce is defined recursively

- a) $R_0 = 0$

$$\textcolor{red}{v}_n = \varphi_0 - \frac{4}{D-2} \left(a_1 R_0^2 + \sum_{i=1}^{n-1} (\textcolor{blue}{a}_{i+1} - \textcolor{blue}{a}_i) R_i^2 \right)$$

- b) $\varphi_0 = \tilde{\varphi}_1$

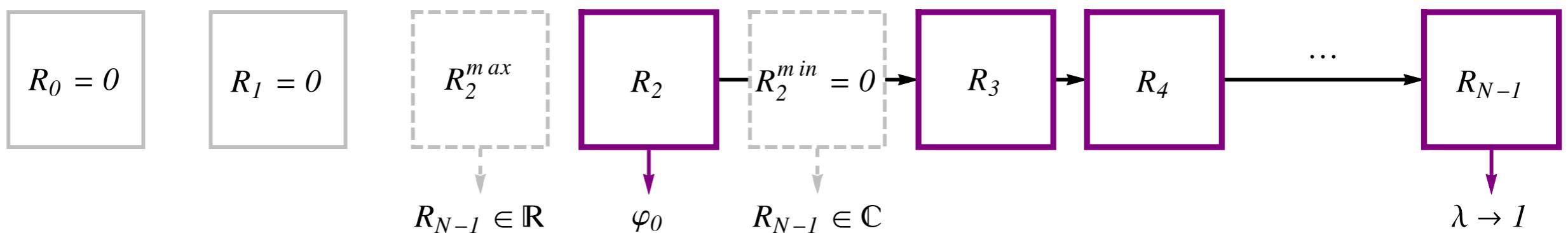
$$\textcolor{green}{b}_n = \frac{4}{D} \left(a_1 R_0^D + \sum_{i=1}^{n-1} (\textcolor{blue}{a}_{i+1} - \textcolor{blue}{a}_i) R_i^D \right)$$

Radii computed at each segment from matching the fields $\varphi_n(R_n) = \tilde{\varphi}_{n+1}$

fewnomial for R_n

$$R_n^D - \frac{D}{4} \frac{\delta_n}{a_n} R_n^{D-2} + \frac{D}{2(D-2)} \frac{b_n}{a_n} = 0 \quad \delta_n = \tilde{\varphi}_{n+1} - v_n$$

require real positive roots



radii solutions

$$D = 3 : \quad 2R_n = \frac{1}{\sqrt{a_n}} \left(\frac{\delta_n}{\xi} + \xi \right), \quad \xi^3 = \sqrt{36a_n b_n^2 - \delta_n^3} - 6\sqrt{a_n} b_n,$$

simple cubic

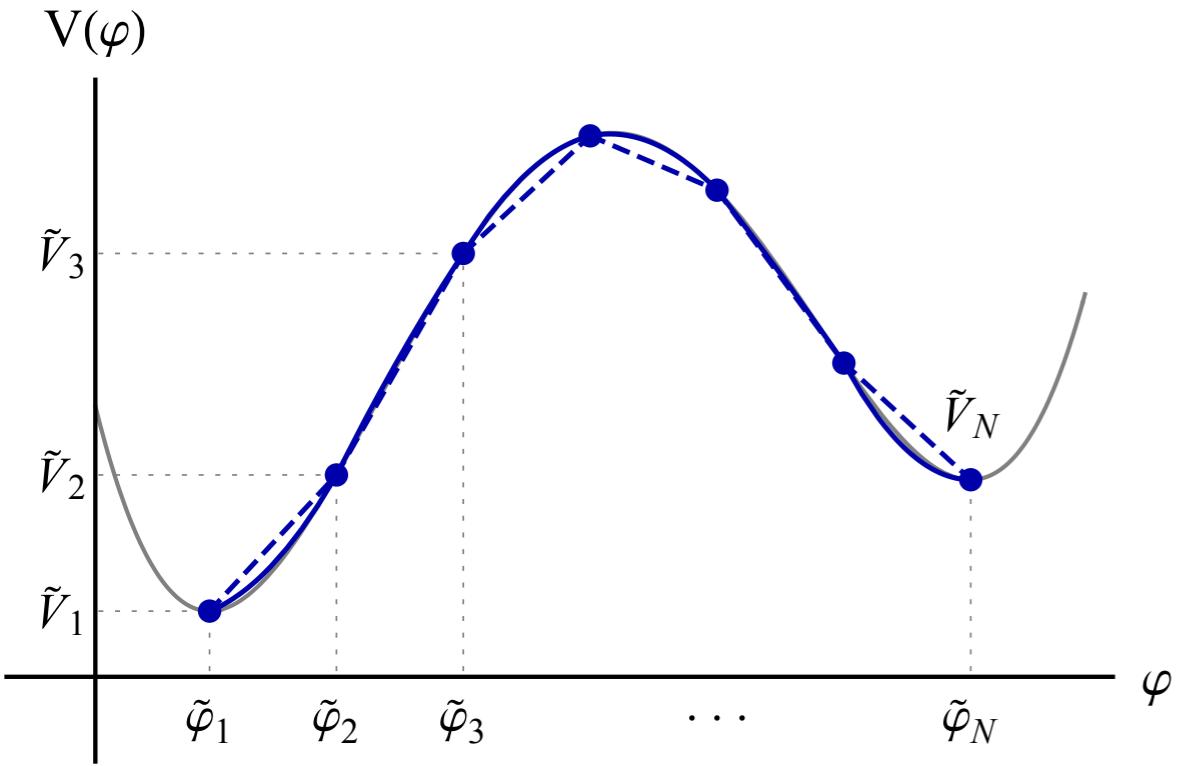
$$D = 4 : \quad 2R_n^2 = \frac{1}{a_n} \left(\delta_n + \sqrt{\delta_n^2 - 4a_n b_n} \right)$$

quadratic

$D = 2, 6, 8$ in the paper, other D s possible numerically

Amariti '20

Higher orders



Expand to higher orders

- improves convergence
- important @ extrema

----- $V_i \simeq \tilde{V}_i - \tilde{V}_N + \partial\tilde{V}_i (\varphi_i - \tilde{\varphi}_i)$
 ————— $+ \frac{\partial^2\tilde{V}_i}{2} (\varphi_i - \tilde{\varphi}_i)^2$

Perturbative expansion

$$\varphi = \varphi_{PB} + \xi$$

$$\ddot{\varphi} + \frac{D-1}{\rho}\dot{\varphi} = 8(\textcolor{blue}{a} + \alpha) + \delta dV(\varphi_{PB}(\rho))$$

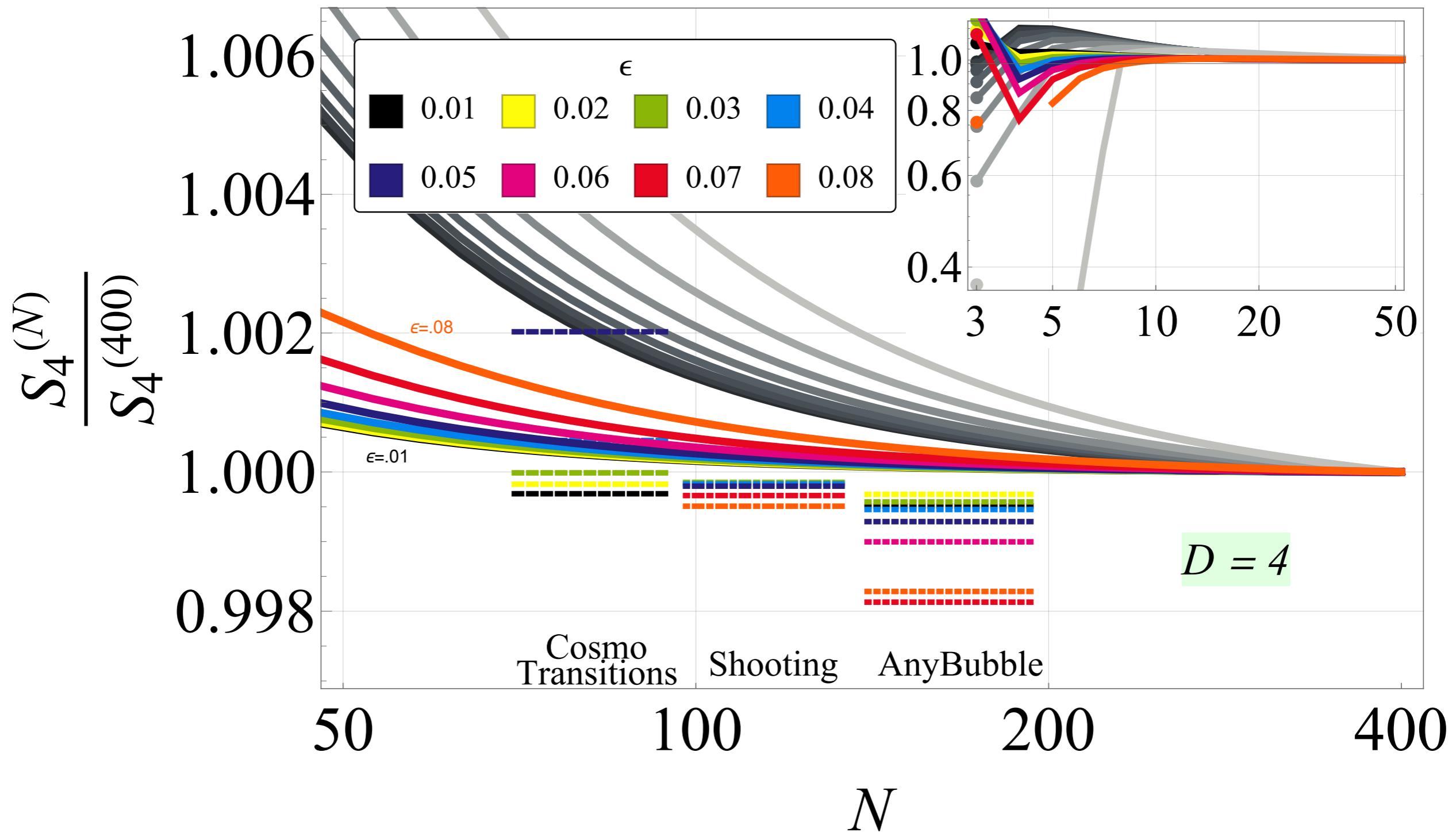
$$\ddot{\xi} + \frac{D-1}{\rho}\dot{\xi} = 8\textcolor{blue}{a} + \delta dV(\rho)$$

$$\xi = \textcolor{red}{v} + \frac{2}{D-2} \frac{\beta}{\rho^{D-2}} + \frac{4}{D} \textcolor{blue}{a} \rho^2 + \mathcal{I}(\rho)$$

$$\mathcal{I}_s^{D=4} = \partial^2\tilde{V}_s \left(\frac{\textcolor{red}{v}_s - \tilde{\varphi}_s}{8} \rho^2 + \frac{\textcolor{green}{b}_s}{2} \ln \rho + \frac{\textcolor{blue}{a}_s}{24} \rho^4 \right)$$

$$V(\varphi) = \frac{\lambda}{8} (\varphi^2 - v^2)^2 + \varepsilon \left(\frac{\varphi - v}{2v} \right)$$

Guada, Maiezza, MN '18



Multi-fields

$$\ddot{\varphi}_i + \frac{D-1}{\rho} \dot{\varphi}_i = \frac{dV}{d\varphi_i}$$

$$\varphi_i(0) = \varphi_{0i}$$

- CosmoTransitions

bounce and path deformation separate,
oscillations, Runge-Kutta PDE solver

Wainwright '11

- AnyBubble

multiple shooting, damping approximations

Masoumi, Olum, Shlaer '16

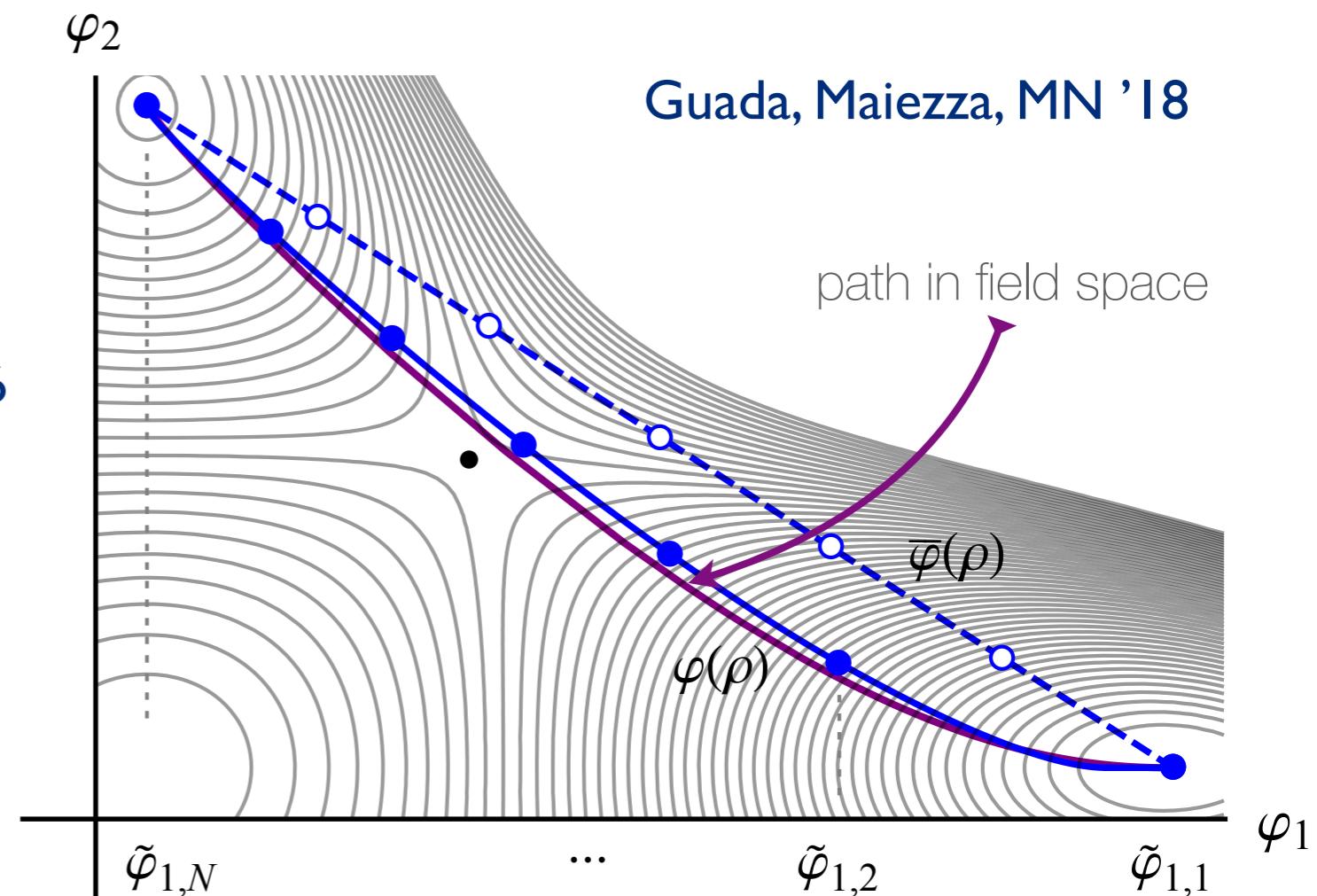
- Other recent approaches

tunnelling potential

Espinosa, Konstandin '18

machine learning

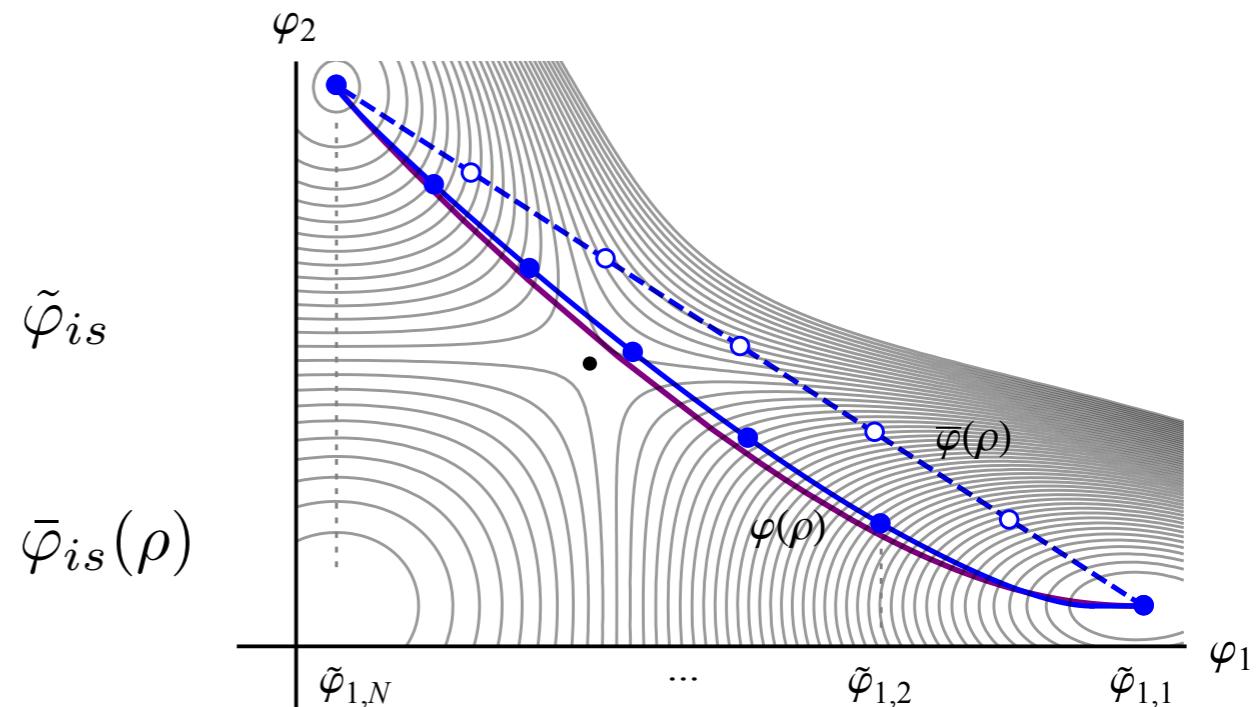
Piscopo, Spannowsky, Waite '19



gradient flow

Sato '19

- **Initial ansatz** straight line, via saddle, custom segmentation
- **Initial solution** longitudinal single field PB



Crucial idea #1

- perturbation up to linear term in V , keeps the PB

$$\underbrace{\ddot{\bar{\varphi}}_{is} + \frac{D-1}{\rho} \dot{\bar{\varphi}}_{is}}_{8\bar{a}_{is}} + \underbrace{\ddot{\zeta}_{is} + \frac{D-1}{\rho} \dot{\zeta}_{is}}_{8a_{is}} = \frac{dV}{d\varphi_i} (\bar{\varphi} + \zeta)$$

$$\zeta_{is} = v_{is} + \frac{2}{D-2} \frac{b_{is}}{\rho^{D-2}} + \frac{4}{D} a_{is} \rho^2$$

$$\underbrace{\ddot{\bar{\varphi}}_{is} + \frac{D-1}{\rho} \dot{\bar{\varphi}}_{is}}_{8\bar{a}_{is}} + \underbrace{\ddot{\zeta}_{is} + \frac{D-1}{\rho} \dot{\zeta}_{is}}_{8a_{is}} = \frac{dV}{d\varphi_i} (\bar{\varphi} + \zeta) \quad \text{Guada, Maiezza, MN '18}$$

Crucial idea #2

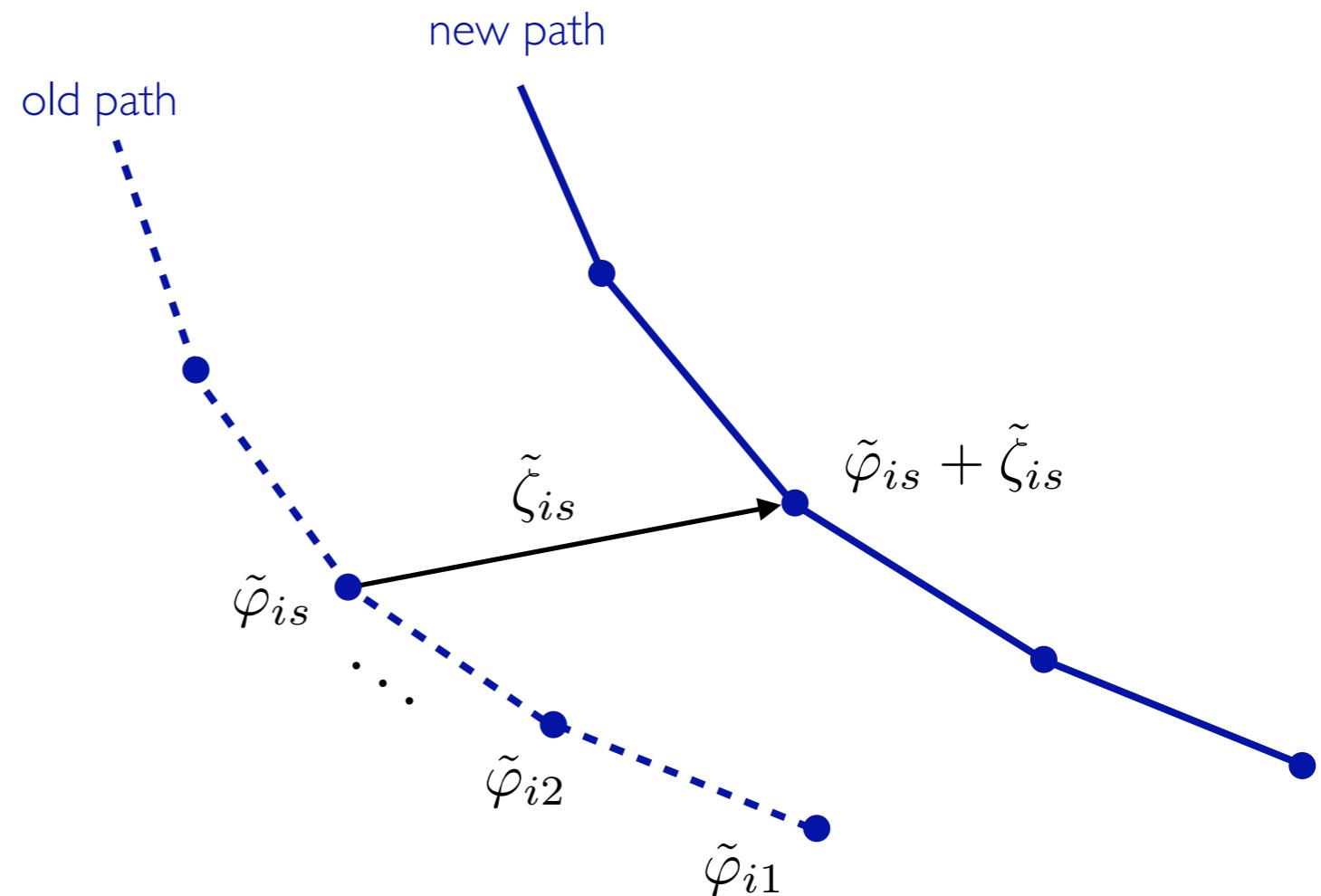
$$8a_{is} \simeq \frac{dV}{d\varphi_i} (\tilde{\varphi}_{is} + \tilde{\zeta}_{is}) - 8\bar{a}_{is}$$

$$\frac{dV}{d\varphi_i} \simeq \frac{1}{2} \left(d_i \tilde{V}_s + d_i \tilde{V}_{s+1} + d_{ij}^2 \tilde{V}_s \tilde{\zeta}_{js} + d_{ij}^2 \tilde{V}_{s+1} \tilde{\zeta}_{js+1} \right)$$

- simultaneous solution for the bounce and path deformation

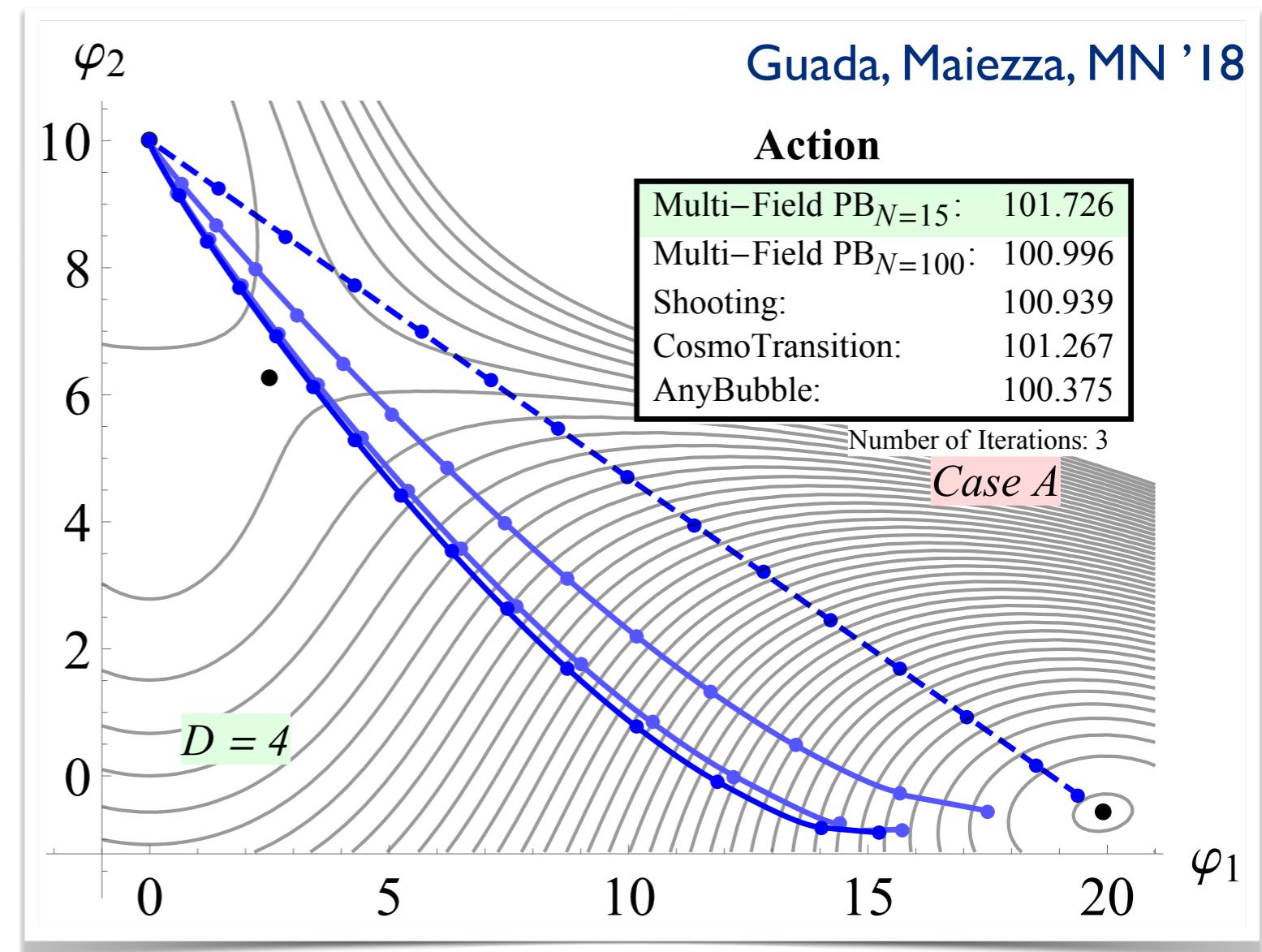
- linear system for r_{i0} (as in the single field expansion) and $\tilde{\zeta}_{is}$

- iterate until $\tilde{\zeta}_{is} < \varepsilon_{\Delta\varphi}$



$$V(\varphi_i) = \sum_{i=1}^2 (-\mu_i^2 \varphi_i^2 + \lambda_i^2 \varphi_i^4) + \lambda_{12} \varphi_1^2 \varphi_2^2 + \tilde{\mu}^3 \varphi_2$$

- no oscillations
- converges in a few iterations
- works for thin wall
- works for $D=3$ and 4
- tested for up to 20 fields

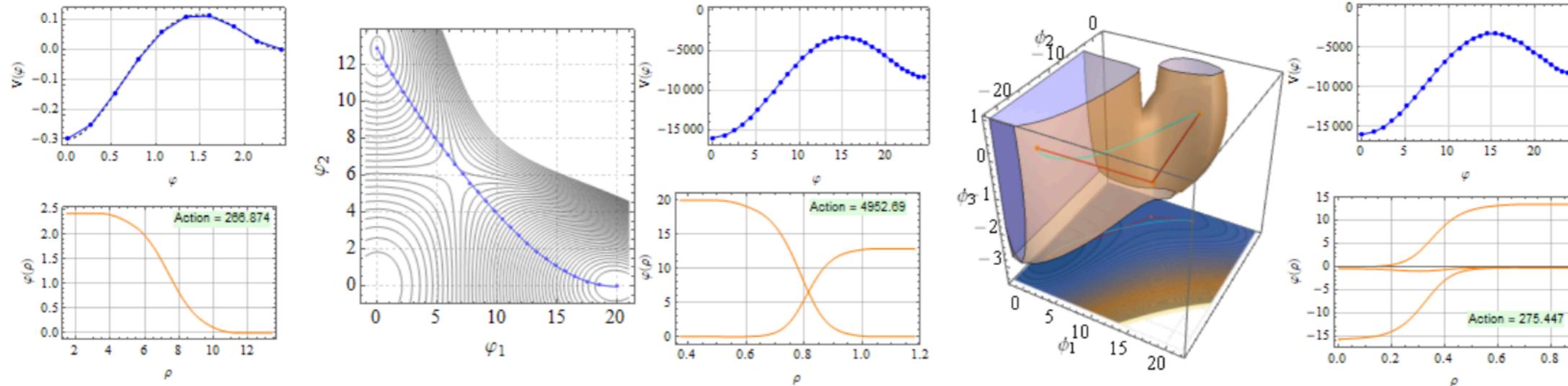


FindBounce

FindBounce <https://github.com/vguada/FindBounce/releases>

FindBounce is a [Mathematica](#) package that computes the bounce configuration needed to compute the false vacuum decay rate with multiple scalar fields.

We kindly ask the users of the package to cite the two papers that describe the working of the *FindBounce* package: the paper with the original proposal by [Guada, Maiezza and Nemevšek \(2019\)](#) and the software release manual by [Guada, Nemevšek and Pintar \(2020\)](#).



Installation

To use the *FindBounce* package you need Mathematica version 10.0 or later. The package is released in the `.paclet` file format that contains the code, documentation and other necessary resources. Download the latest `.paclet` file from the repository "[releases](#)" page to your computer and install it by evaluating the following command in the Mathematica:

```
(* Path to .paclet file downloaded from repository "releases" page. *)
PacletInstall["full/path/to/FindBounce-X.Y.Z.paclet"]
```

Load the package as usual

Guada, MN, Pintar '20

```
In[1]:= Needs["FindBounce`"]
```

Define a metastable potential

```
In[2]:= V[x_] := 0.5 x^2 + 0.5 x^3 + 0.12 x^4;
```

```
In[3]:= extrema = x/.Sort@Solve[D[V[x],x]==0];
```

Compute the bounce - obtain bf = the bounce function

```
In[4]:= bf = FindBounce[V[x],x,{extrema[[1]],extrema[[3]]}]
```

```
Out[4]= BounceFunction[ Action: 73500.  
Dimension: 4]
```

```
In[5]:= bf["Action"]
```

```
Out[5]= 73496.
```

```
In[6]:= bf["Dimension"]
```

Retrieve the
bounce properties

```
Out[6]= 4
```

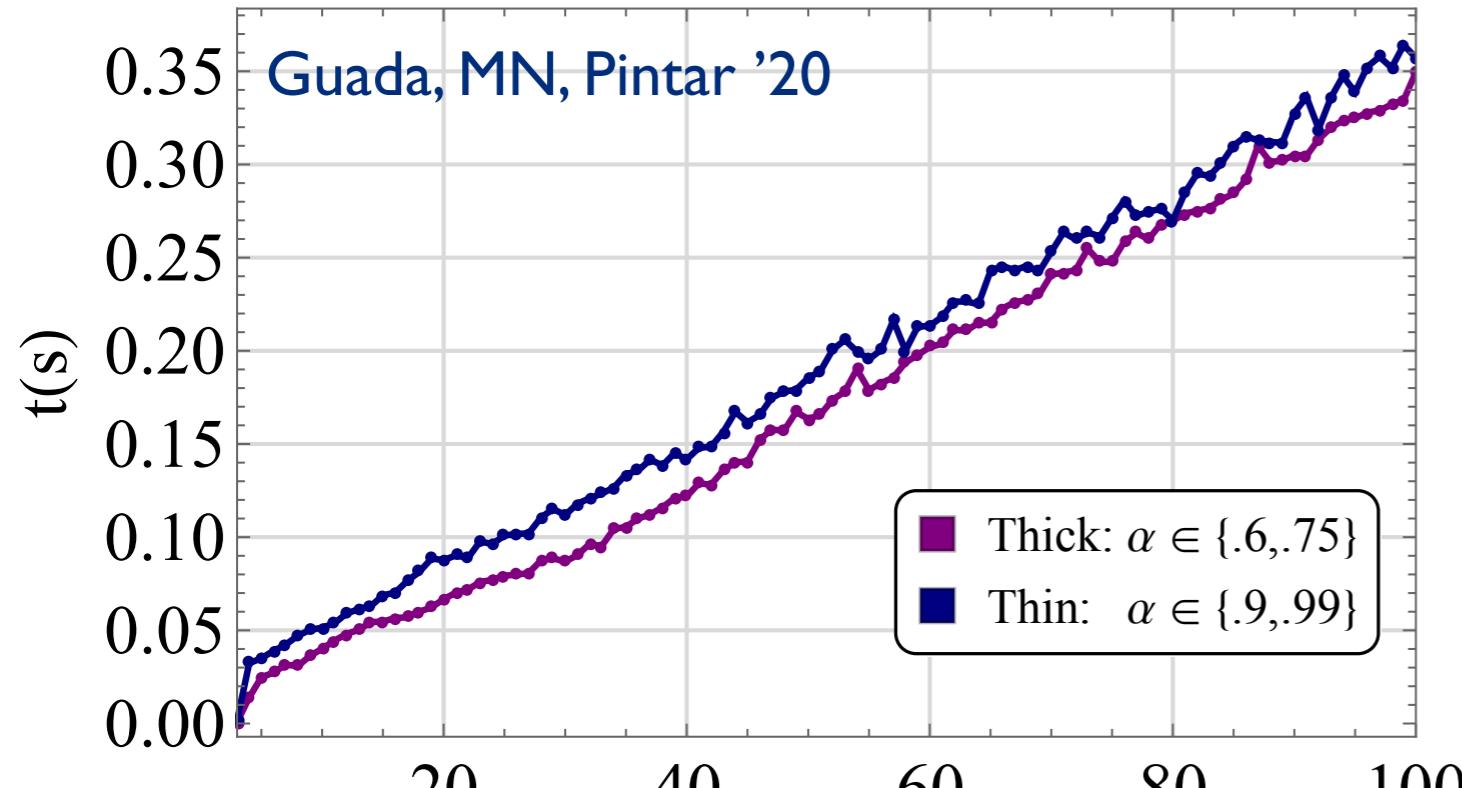
Run on single points

```
FindBounce[{{x1,v1},{x2,v2},...}]
```

And multifeilds

```
FindBounce[V[x,y,...],{x,y,...},{m1,m2}]
```

Time demand



Scales linearly by construction

Works in thin and thick regimes

Tested up to 20 fields

CT - CosmoTransitions

Wainwright '11

BP - BubbleProfiler

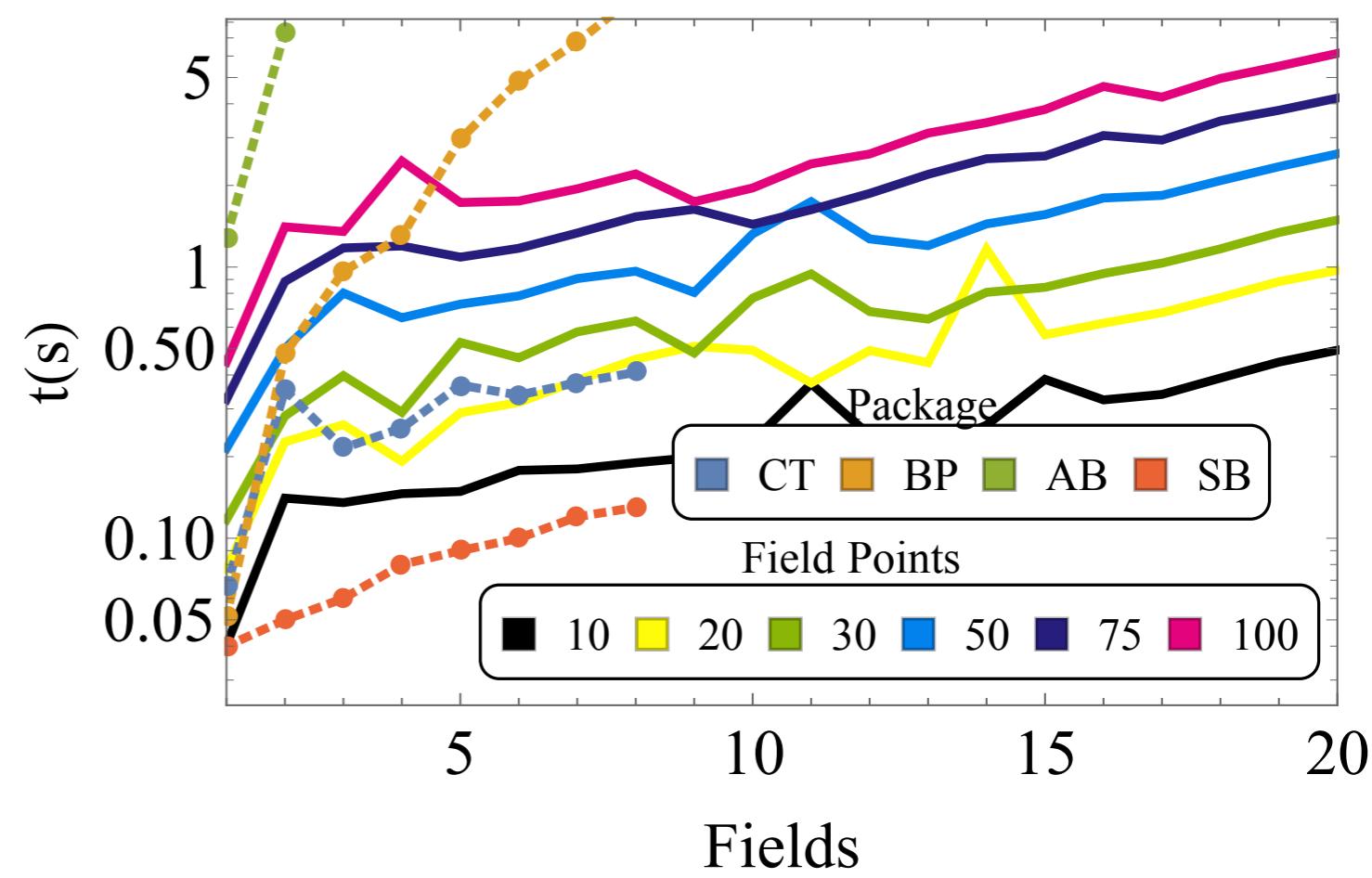
Masoumi et al. '16

AB - AnyBubble

Atron et al. '19

SB - SimpleBounce

Sato '20





$$\int \mathcal{D}\varphi \rightarrow \prod \lambda_i$$

Prefactors

* Thin wall

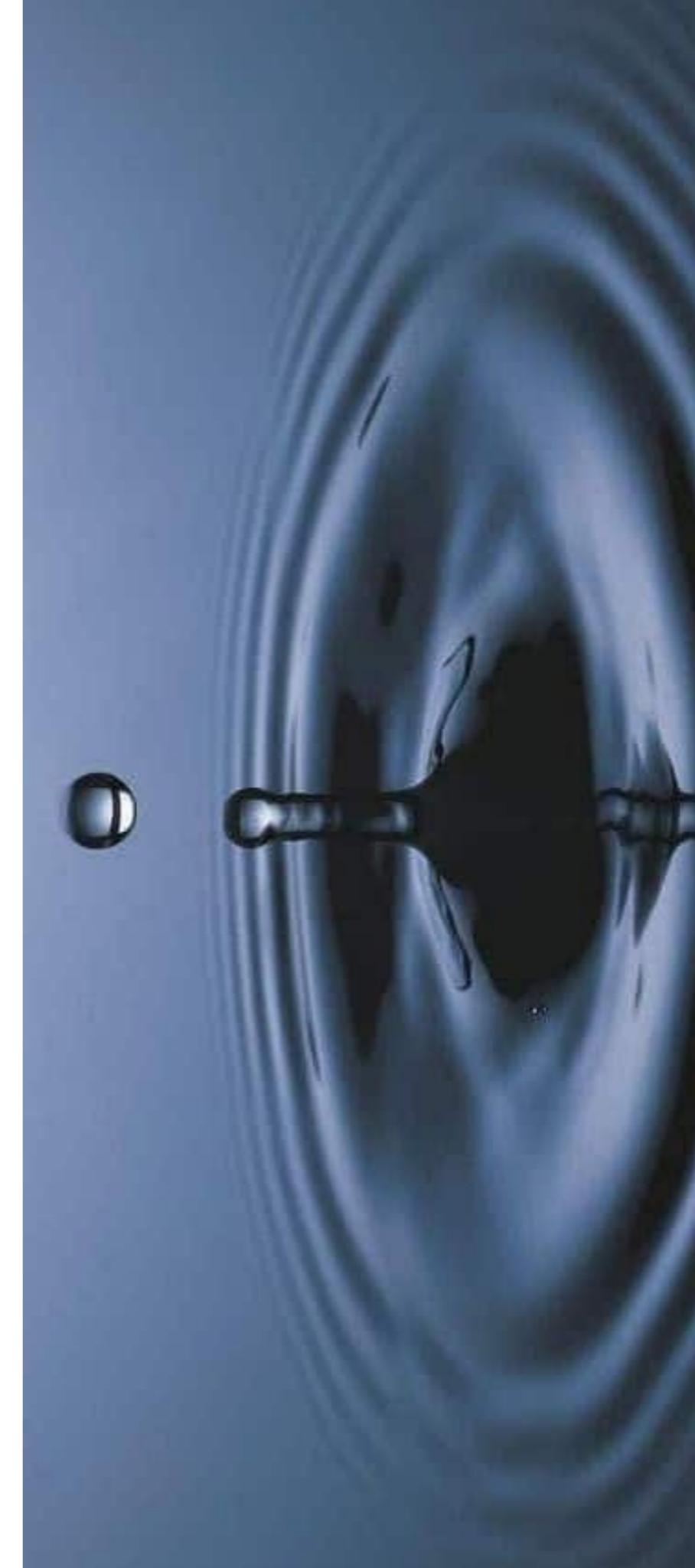
Ivanov, Matteini, MN, Ubaldi '22

* Polygonal bounce

Guada, Maiezza, MN '18

* Quartic-quartic

Guada, MN '20



$$\frac{\Gamma}{\mathcal{V}} = \left(\frac{S_R}{2\pi\hbar} \right)^{\frac{D}{2}} \left| \frac{\det' \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} \right|^{-\frac{1}{2}} e^{-\frac{S_R}{\hbar} - S_{\text{ct}}} (1 + \mathcal{O}(\hbar))$$

$\mathcal{O} = -\partial_\mu \partial^\mu + V^{(2)}$ fluctuations around the bounce

Bubble deformation, zeroes for symmetries, single negative

a) Renormalized bounce action and counter-terms

b) Functional determinant

Pedagogical notes on functional determinants

Dunne '07

c) Zero removal

$\det' \mathcal{O}$

a) Renormalized bounce action

Guada, Ivanov, MN, Ubaldi '21

At one loop, the action needs counter-terms

Peskin & Schröder

$$V_{\text{ct}} = \frac{\delta_{m^2}}{2} \phi^2 + \frac{\delta_\lambda}{4} \phi^4, \quad \langle \phi \rangle = \frac{\mu}{\sqrt{\lambda}},$$

$$V^{(n)} \equiv \frac{d^n V}{d\phi^n}(\langle \phi \rangle)$$

$$\delta_\lambda = \frac{1}{32\pi^2 \varepsilon} V^{(4)2} \quad \text{set by the 4-p function}$$

$$\delta_\lambda = \frac{1}{32\pi^2 \varepsilon} V^{(4)2}$$

cancels the 3-p

$$\delta_\lambda = \frac{1}{32\pi^2 \varepsilon} V^{(3)2}$$

automatic if 3-p interactions comes from a single quartic

$$V^{(4)} = 4! \lambda, \quad V^{(3)} = 4 \times 3! \lambda \langle \phi \rangle = V^{(4)} \langle \phi \rangle$$

Remove the tadpoles...

$$\text{---} \circ \text{---} + \text{---} \otimes \text{---} \Big|_{\infty} = 0$$

$$\delta_{m^2} = \frac{1}{(4\pi)^2 \varepsilon} V^{(4)} \left(V^{(2)} - \frac{1}{2} V^{(4)} \langle \phi \rangle^2 \right)$$

...and the 2-p mass divergence cancels out

$$\text{---} \circ \text{---} + \text{---} \circ \text{---} + \text{---} \otimes \text{---} \Big|_{\infty} = 0$$

$$\langle \phi \rangle \simeq v (1 - \Delta + \dots)$$

the vev shifts

$$\delta_\lambda = \frac{9\lambda^2}{(4\pi)^2 2\varepsilon},$$

$$\delta_{m^2} = -\frac{3\lambda^2 v^2}{(4\pi)^2 2\varepsilon}$$

independent of Δ

Δ counter-term is zero, and does not run (2 loops?)

a) Renormalized bounce action and counter-terms

Counter-term for the Euclidean action

$$S_{\text{ct}} = \int_D (V_{\text{ct}} - V_{\text{ctFV}}) = \frac{3\lambda^2}{8(4\pi)^2 \varepsilon} \int_D (3(\phi^4 - \phi_{\text{FV}}^4) - 2v^2(\phi^2 - \phi_{\text{FV}}^2)) \simeq -\frac{3}{16\varepsilon\Delta^3}.$$

Running of the Euclidean action

$$S_R + S_{\text{ct}} = S \left(1 - \frac{9\lambda_0}{(4\pi)^2} \left(\frac{1}{\varepsilon} + \ln \frac{\mu}{\mu_0} \right) \right)$$

Non-trivial check: the $\frac{1}{\varepsilon}$ pole and $\ln \mu$ cancel with the determinant

b) Functional determinant

We wish to get the eigenvalues of O and multiply them

The bounce and fluctuations are spherically symmetric, orbital decomposition

$$\left| \frac{\det' \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} \right|^{-\frac{1}{2}} = \left| \prod_{l=0}^{\infty} \frac{\det' \mathcal{O}_l}{\det \mathcal{O}_{l\text{FV}}} \right|^{-\frac{1}{2}}$$

$$\mathcal{O}_l = -\frac{d^2}{d\rho^2} - \frac{D-1}{\rho} \frac{d}{d\rho} + \frac{l(l+D-2)}{\rho^2} + V^{(2)}, \quad V^{(2)} = \frac{d^2 V}{d\varphi^2} \Big|_{\bar{\varphi}}$$

Gel'fand-Yaglom theorem (appendix)

$$\begin{aligned} \mathcal{O}_l \psi_l &= 0, & \psi_l(0) &\sim \rho^l \\ \mathcal{O}_{l\text{FV}} \psi_{l\text{FV}} &= 0, & \psi_{l\text{FV}}(0) &\sim \rho^l \end{aligned}$$



$$\frac{\det \mathcal{O}_l}{\det \mathcal{O}_{l\text{FV}}} = \left(\frac{\psi_l}{\psi_{l\text{FV}}} \Big|_\infty \right)^{d_l}$$

$$d_l = \frac{(2l+D-2)(l+D-3)!}{l!(D-2)!}$$

degeneracy

$$\begin{aligned} d_0 &= 1 \\ d_1 &= D \end{aligned}$$

Fluctuations

Define the ratio $R_l \equiv \frac{\psi_l}{\psi_{l\text{FV}}}$ and solve the stable equation

$$\ddot{R}_l + 2 \left(\frac{\dot{\psi}_{l\text{FV}}}{\psi_{l\text{FV}}} \right) \dot{R}_l = \left(V^{(2)} - V_{\text{FV}}^{(2)} \right) R_l$$

$$\psi_{l\text{FV}}(0) \sim \rho^l, \quad R_l(0) = 1, \quad \dot{R}_l(0) = 0$$



IR $l \sim 1$

l

UV $l \gg 1$

Low multipoles $l < \frac{1}{\Delta}$

Multiplicative TW expansion

$$R_l = \prod_{n \geq 0} R_{ln}^{\Delta^n} \quad x = e^z$$

$$R_{l0} = \frac{1}{(1+x)^2},$$

$$\ln R_{l1} = 3(r + \ln x),$$

$$\ln R_{l2}(x \rightarrow \infty) = \frac{3}{4} \frac{(l-1)(l+D-1)}{(D-1)^2} x^2$$

$$R_l(\infty) = \Delta^2 e^{D-1} \frac{3}{4} \frac{(l-1)(l+D-1)}{(D-1)^2}$$

Negative and zero modes ok

IR $l \sim 1$

l

UV $l \gg 1$



High multipoles $l \gg \frac{1}{\Delta}$

Shift multipoles

$$\nu = l + \frac{D}{2} - 1$$

FV part

$$\psi_{\nu FV} \simeq e^{k_{\nu} z},$$

$$k_{\nu}^2 = 1 + \frac{\Delta^2 \nu^2}{r_0^2}$$

Leading order

$$R_{\nu 0}(\infty) = \frac{(k_{\nu} - 1)(2k_{\nu} - 1)}{(k_{\nu} + 1)(2k_{\nu} + 1)}$$

$$\ln R_{\nu}(\infty) = \ln \frac{(k_{\nu} - 1)(2k_{\nu} - 1)}{(k_{\nu} + 1)(2k_{\nu} + 1)} + 3r_0 \left(k_{\nu} - \sqrt{k_{\nu}^2 - 1} \right)$$

‘All-order’ corrections

Correct UV behaviour

$$\lim_{\nu \rightarrow \infty} R_{\nu}(\infty) = 1$$

not low-l, though, as expected

Renormalized determinant

needs R_ν

$$\sum_{\text{fin}} = \sum_l - \sum_{\text{asym}} + \sum_{\text{ren}}$$

Two approaches (different power counting)

1a) organize in multipoles, minimal subtraction

$$\sum_{\text{asym}} \sim \#_1 \nu + \#_2 \frac{1}{\nu}$$

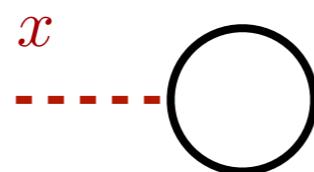
quadratic log divergence

1b) organize in coupling x insertion

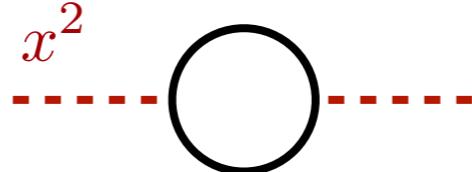
$$\sum_{\text{asym}} \sim \#_1 x + \#_2 x^2$$

Renormalize - replace divergencies with $\overline{\text{MS}}$ and introduce μ

2a) ζ function



2b) Feynman diagrams



$$\sum_{\text{ren}} \propto \frac{1}{\varepsilon} + \ln \mu + \text{fin}$$

Renormalized determinant

Sum over multipoles

$$\ln \left(\frac{\det \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} \right) = \sum_{\nu=D/2-1}^{\infty} d_{\nu} \ln R_{\nu}, \quad d_{\nu} \simeq \frac{2}{(D-2)!} \nu^{D-2}$$

Diverges in the UV as expected from QFT

$$\sum_{\nu \gg 1} d_{\nu} \ln R_{\nu \gg 1} \sim -\frac{3r_0(2-r_0)}{(D-2)!\Delta} \sum_{\nu \gg 1} \nu^{D-2} \left(\frac{1}{\nu} - \frac{1}{\nu^3} \left(\frac{r_0}{2\Delta} \right)^2 \right)$$

quadratic and log in $D=4$

Finite sum

$$\Sigma_D = \sum_{\nu=\nu_0}^{\infty} \sigma_D = \sum_{\nu=\nu_0}^{\infty} d_{\nu} (\ln R_{\nu} - \underline{\ln R_{\nu}^a})$$

asymptotic subtraction

Renormalized determinants
(subtractions and logs for D s)

WKB

Dunne, Min '05

ζ

Dunne, Kirsten '06

Improved

Hur, Min '08

Renormalized determinant $D=4$

$$\ln \left(\frac{\det \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} \right) = \sum_{\nu} \nu^2 \left(\ln R_{\nu} - \frac{1}{2\nu} I_1 + \frac{1}{8\nu^3} I_2 \right) - \frac{1}{8} \tilde{I}_2$$

Asymptotic subtractions remove first two divergencies in any D

$$I_1 = \int_0^\infty d\rho \rho \left(V^{(2)} - V_{\text{FV}}^{(2)} \right) \simeq -3(2 - r_0) \left(\frac{r_0}{\Delta} \right),$$

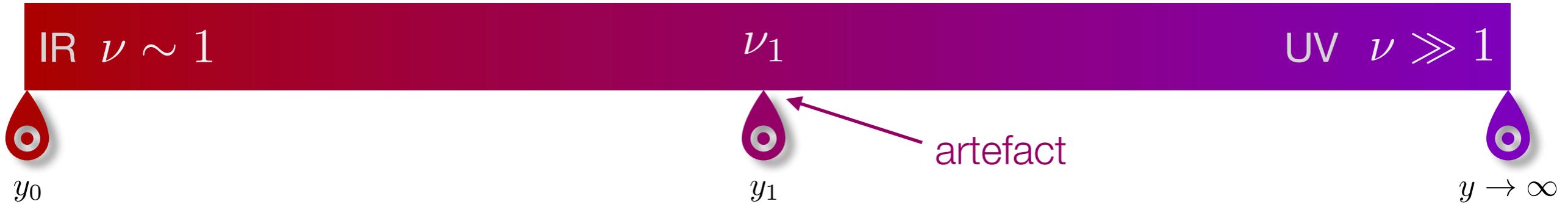
$$I_2 = \int_0^\infty d\rho \rho^3 \left(V^{(2)2} - V_{\text{FV}}^{(2)2} \right) \simeq -3(2 - r_0) \left(\frac{r_0}{\Delta} \right)^3$$

The renormalized piece gives the pole and the log scale part (and a finite piece, the 5/4)

$$\begin{aligned} \tilde{I}_2 &= \int_0^\infty d\rho \rho^3 \left(V^{(2)2} - V_{\text{FV}}^{(2)2} \right) \left(\frac{1}{\varepsilon} + \gamma_E + 1 + \ln \left(\frac{\mu\rho}{2} \right) \right) \\ &\simeq I_2 \left(\frac{1}{\varepsilon} + \gamma_E + \frac{5}{4} + \ln \left(\frac{\mu r_0}{2\sqrt{\lambda} v \Delta} \right) \right) \end{aligned}$$

Final sum done by Euler-Maclaurin, dominated by *large* multipoles, use $y = \frac{\Delta\nu}{r_0}$

$$\Sigma_4^f \simeq \frac{1}{\Delta^3} \int_{y_0}^{\infty} dy y^2 \left(\ln R_\nu + \frac{3}{2y} - \frac{3}{8y^3} \right) = \frac{3}{8\Delta^3} \left(\frac{9 - 4\sqrt{3}\pi}{36} + \ln 2y_0 \right)$$



Separate low and high at arbitrary intermediate multipole ν_1

$$\Sigma_D = \Sigma_D^{\text{low}} + \Sigma_D^{\text{high}} = \sum_{\nu=\nu_0}^{\nu_1} \sigma_D + \sum_{\nu=\nu_1+1}^{\infty} \sigma_D$$

Combining low and high, we get the finite sum

$$\Sigma_4 = \frac{3}{8\Delta^3} \left(\frac{9 - 4\sqrt{3}\pi}{36} - \gamma_E + \ln 2\Delta \right) \xrightarrow{\quad} \ln \left(\frac{\det \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} \right) = \Sigma_4 - \frac{\tilde{I}_2}{8}$$

The γ_E and $\ln \Delta$ cancel with parts in $\tilde{I}_2 \simeq I_2 \left(\frac{1}{\varepsilon} + \gamma_E + \frac{5}{4} + \ln \left(\frac{\mu r_0}{2\sqrt{\lambda} v \Delta} \right) \right)$

TW rate at one loop - summary

Ivanov, Matteini, MN, Ubaldi '22

Explicit closed form renormalized rate at one loop $\mu_0 = \sqrt{\lambda}v$

$$\frac{\Gamma}{\mathcal{V}} \simeq \left(\left(\frac{S}{2\pi} \right) \frac{12}{e^{D-1}} \lambda v^2 \right)^{D/2} \exp \left[-S - \frac{1}{\Delta^{D-1}} \begin{cases} \frac{20+9\ln 3}{54}, & D=3, \\ \frac{27-2\pi\sqrt{3}}{96}, & D=4, \end{cases} \right]$$

zero removal

determinant part

Renormalized action

$$S = \frac{1}{\Delta^{D-1}} \begin{cases} \frac{2^5 \pi v}{3^4 \sqrt{\lambda}} \left(1 - \left(\frac{9\pi^2}{4} - 1 \right) \Delta^2 \right), & D=3 \\ \frac{\pi^2}{3\lambda} \left(1 - \left(2\pi^2 + \frac{9}{2} \right) \Delta^2 \right), & D=4 \end{cases}$$

New & relevant + much more...

Matteini, MN,
Shoji, Ubaldi '23

General procedure for even and odd D

Bounces and prefactors

are fascinating and relevant

Appendix

Zero removal

$$\Gamma \propto \frac{1}{\sqrt{\det \mathcal{O}'}} = \prod_n \sqrt{\frac{\lambda_{nFV}}{\lambda'_n}} \propto (v^2)^{D/2}$$

Eigenvalues have $d=2$, drop D of them, sqrt overall

However, we're working with GY , so all the $l=l$ eigenvalues are multiplied together

The trick: modified GY

$$(\mathcal{O}_{l=1} + \mu_\varepsilon^2) \psi_{l=1}^\varepsilon = 0$$

$$R_{l=1}^\varepsilon(\infty) = \frac{\psi_{l=1}^\varepsilon(\infty)}{\psi_{l=1}^{FV}(\infty)} \simeq \frac{(\mu_\varepsilon^2 + \gamma_1) \prod_{n=2}^\infty \gamma_n}{\prod_{n=1}^\infty \gamma_n^{FV}} = \mu_\varepsilon^2 R'_{l=1}(\infty)$$

We already have the needed fluctuation functions, easy to off-set

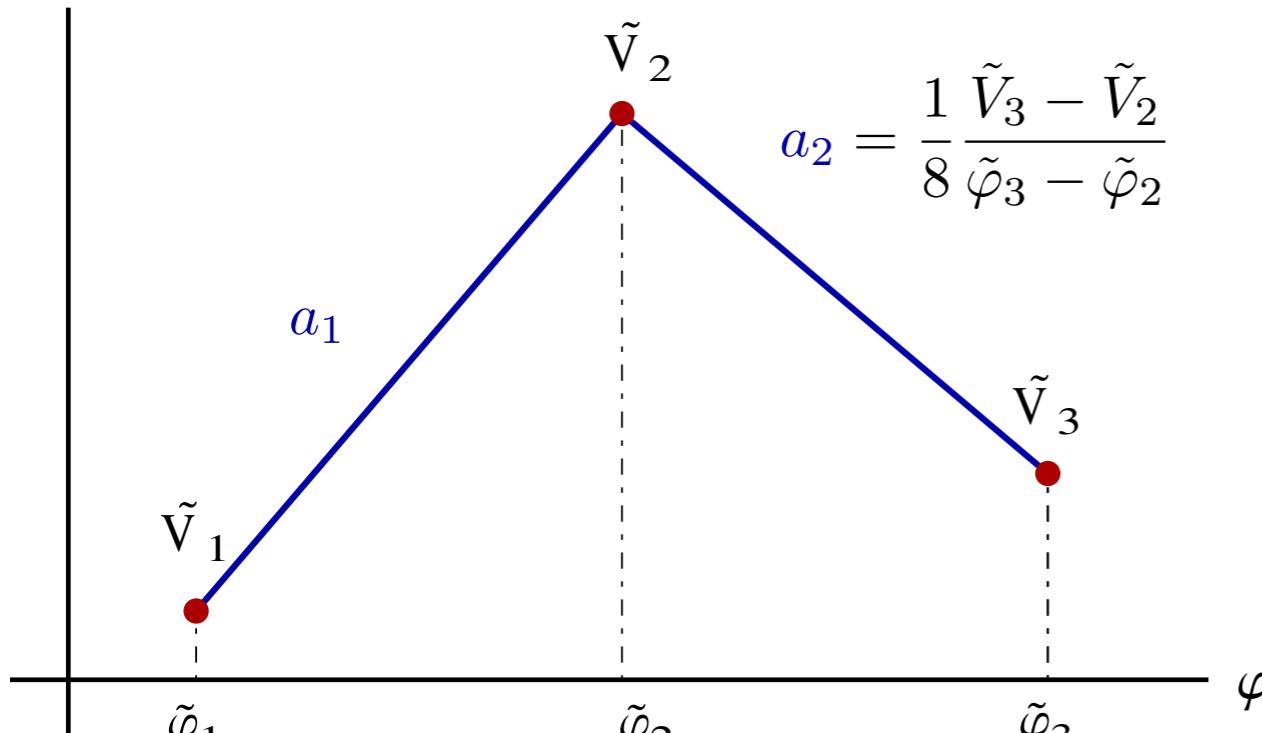
$$R'_{l=1}(\infty) = \lim_{\mu_\varepsilon^2 \rightarrow 0} \frac{1}{\mu_\varepsilon^2} R_{l=1}^\varepsilon(\infty) = \frac{e^{D-1}}{12} \frac{1}{\lambda v^2}$$

* two other ways of seeing the same thing give the same answer

This answers the question of dimensional analysis estimate

Triangular

$V(\varphi)$



Linear potentials

Duncan, Jensen '92

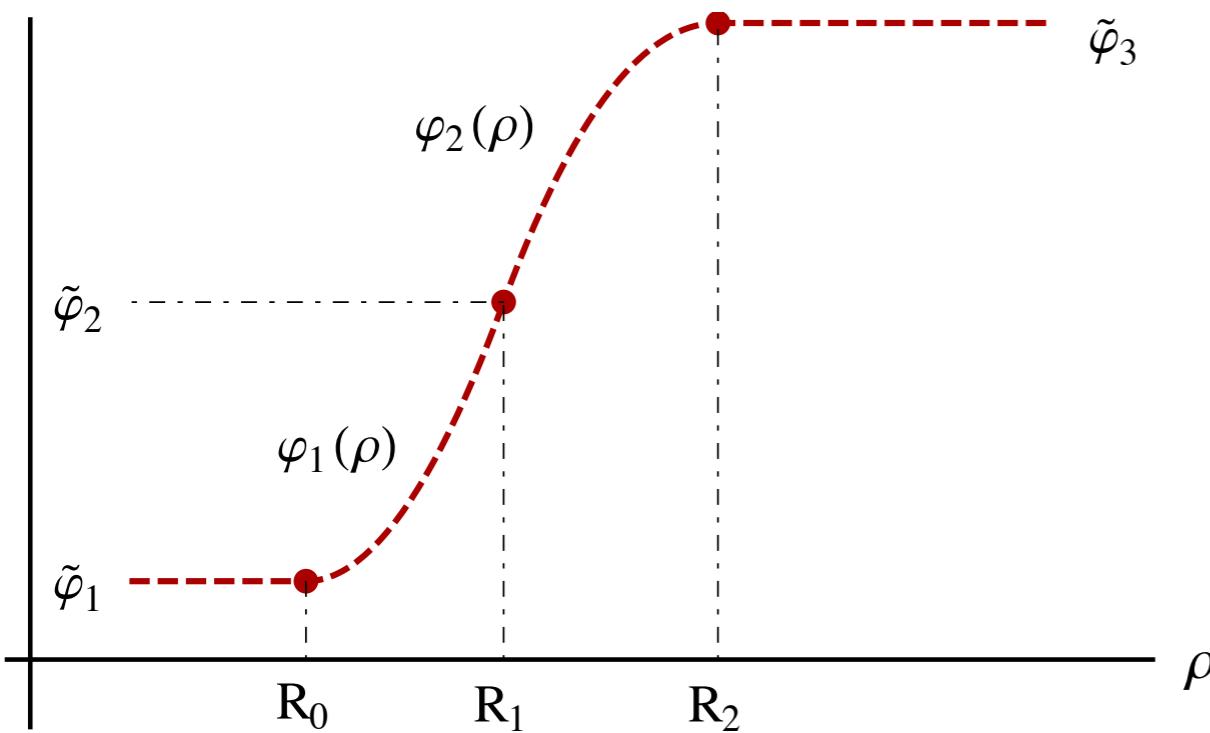
- triangle and box

Exact solution

$$\ddot{\varphi} + \frac{3}{\rho} \dot{\varphi} = dV = 8 \textcolor{blue}{a}$$

$$\varphi = \textcolor{red}{v} + \textcolor{blue}{a} \rho^2 + \frac{\textcolor{green}{b}}{\rho^2}$$

$\varphi(\rho)$

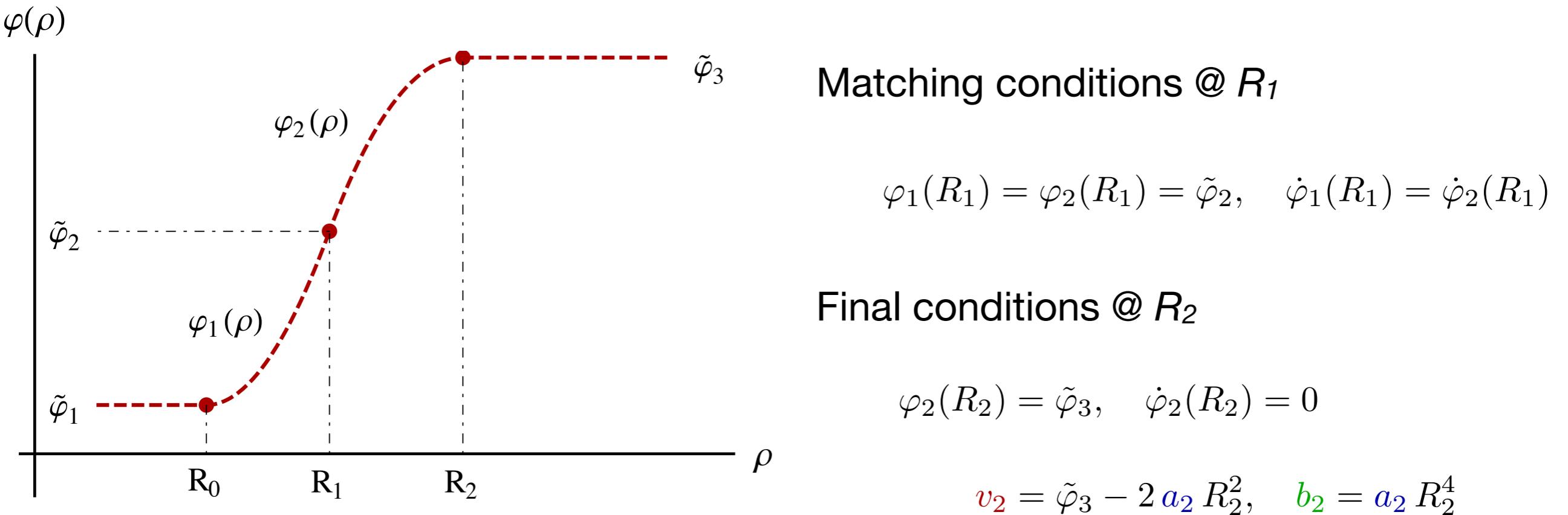


Initial conditions @ R_0

- a) $\varphi_1(0) = \varphi_0, \quad \dot{\varphi}_1(0) = 0$ shoot in φ_0
- b) $\varphi_1(R_0) = \tilde{\varphi}_1, \quad \dot{\varphi}_1(R_0) = 0$ or R_0

$$\textcolor{red}{v}_1 = \tilde{\varphi}_1 - 2 \textcolor{blue}{a}_1 R_0^2, \quad \textcolor{green}{b}_1 = \textcolor{blue}{a}_1 R_0^4$$

Triangular



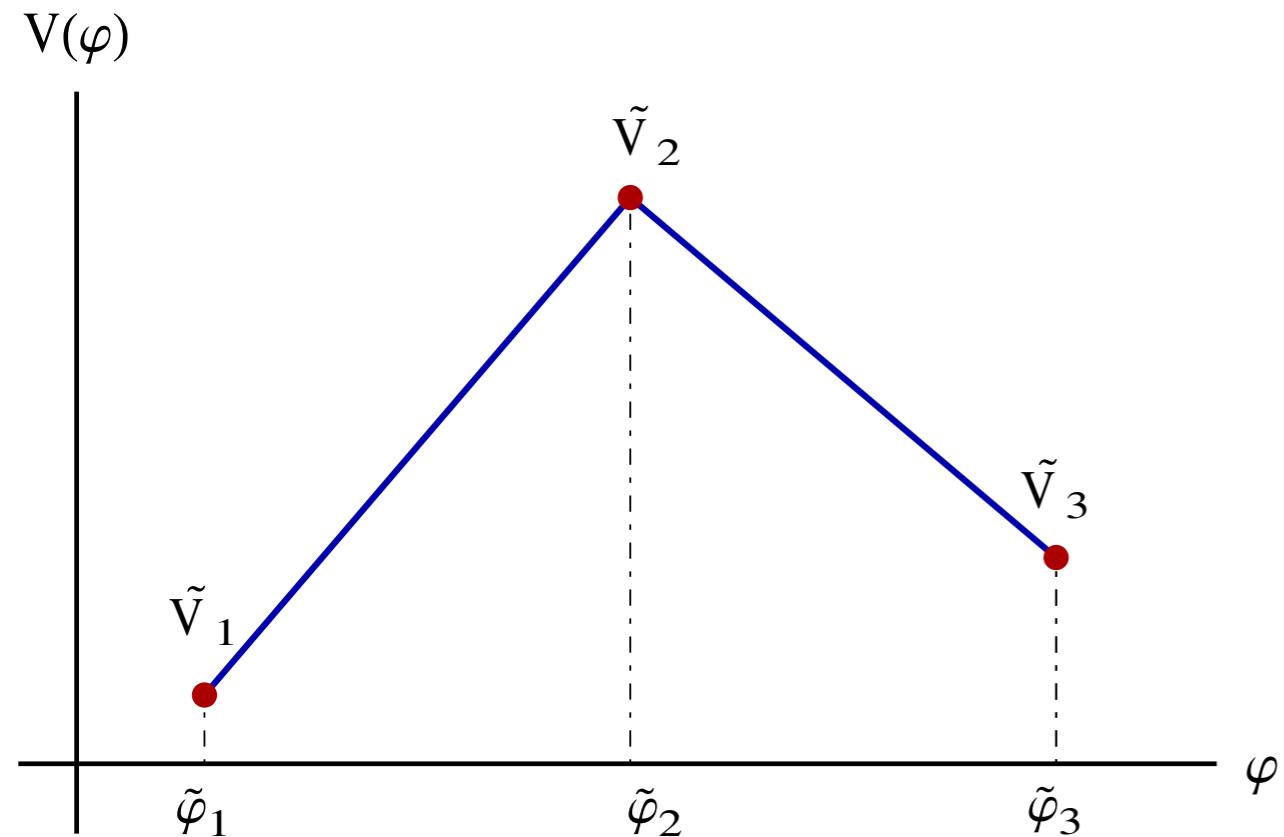
Complete solution - a) works in D-dimensions

- a) $\varphi_0 = \frac{\tilde{\varphi}_3 + c \tilde{\varphi}_2}{1 + c}, \quad c = 2 \frac{\textcolor{blue}{a}_2 - a_1}{a_1} \left(1 - \sqrt{\frac{a_2}{\textcolor{blue}{a}_2 - a_1}} \right) \quad R_1 = \sqrt{\frac{D}{4} \left(\frac{\tilde{\varphi}_2 - \varphi_0}{a_1} \right)}$

- b) $R_1 = \frac{1}{2} \frac{\tilde{\varphi}_3 - \tilde{\varphi}_1}{\sqrt{\textcolor{blue}{a}_1 (\tilde{\varphi}_2 - \tilde{\varphi}_1)} - \sqrt{-\textcolor{blue}{a}_2 (\tilde{\varphi}_3 - \tilde{\varphi}_2)}}$

$R_0^2 = R_1 \left(R_1 - \sqrt{\frac{\tilde{\varphi}_2 - \tilde{\varphi}_1}{\textcolor{blue}{a}_1}} \right)$
 $R_2^2 = R_1 \left(R_1 + \sqrt{\frac{\tilde{\varphi}_3 - \tilde{\varphi}_2}{-\textcolor{blue}{a}_2}} \right)$

Summary



Complete exact analytic solution

Solved in terms of Euclidean radius

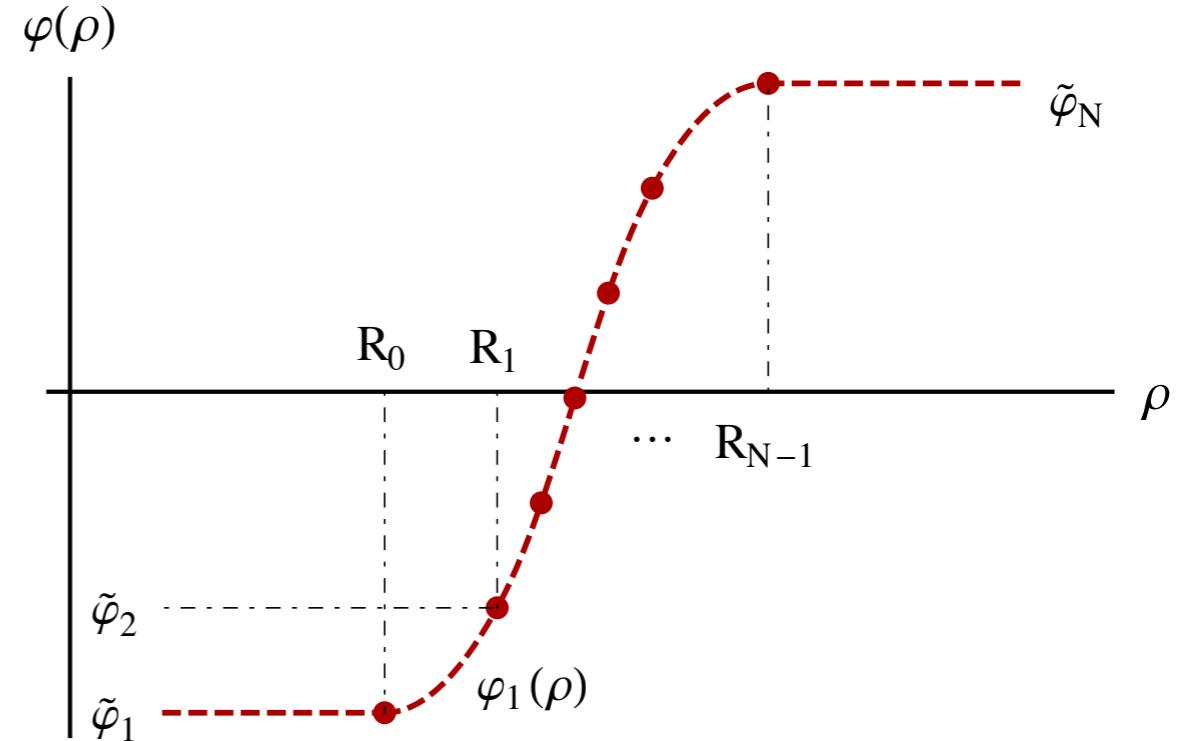
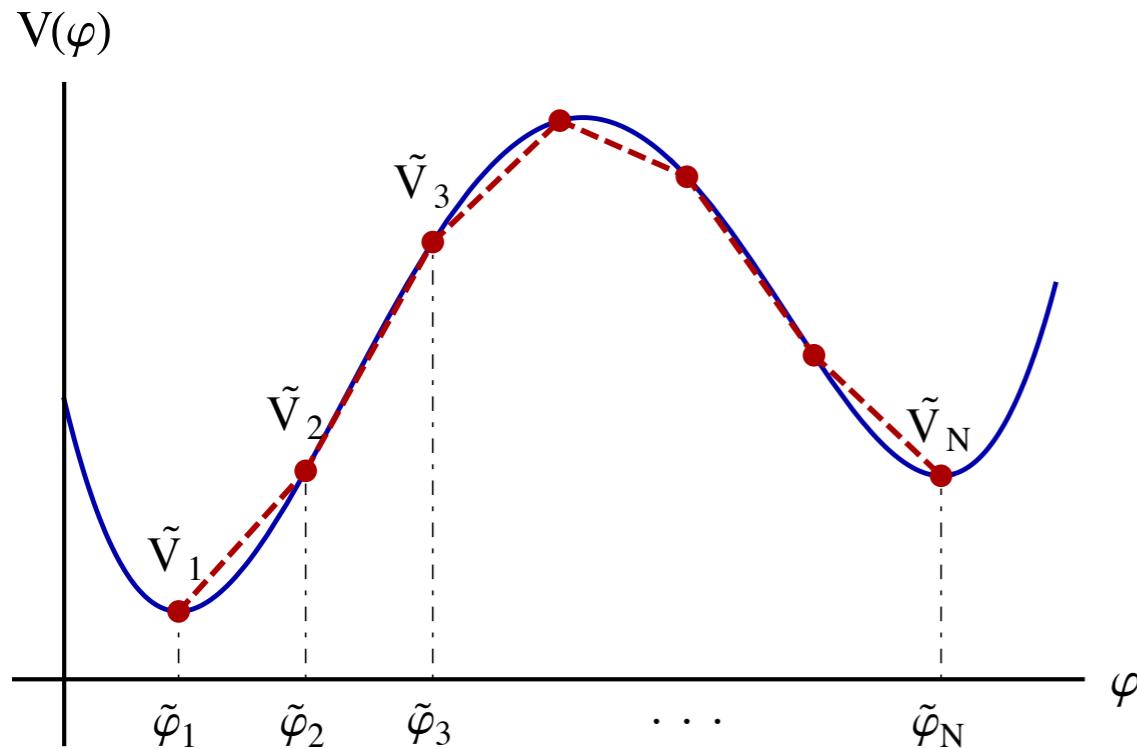
Stable in thin wall, goes over to TWA
with limited validity

Dutta, Hector, Konstandin,
Vaudrevange, Westphal '12

Analytic continuation in Minkowski space

describes the bubble evolution Pastras '11

Polygonal bounces



$$V_i(\varphi) = \underbrace{\left(\frac{\tilde{V}_{i+1} - \tilde{V}_i}{\tilde{\varphi}_{i+1} - \tilde{\varphi}_i} \right)}_{8 \textcolor{blue}{a}_i} (\varphi - \tilde{\varphi}_i) + \tilde{V}_i - \tilde{V}_N, \quad dV_i = 8 \textcolor{blue}{a}_i.$$

No free parameters, one segment three unknowns v_i , b_i , R_i

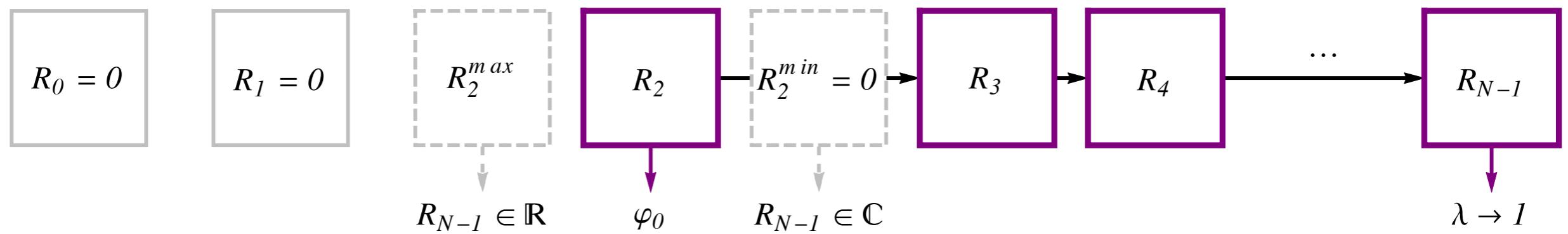
Generalize case b), solve R_0 or R_i a), retrieve φ_0

Radii computed at each segment from matching the fields $\varphi_n(R_n) = \tilde{\varphi}_{n+1}$

fewnomial

$$R_n^D - \frac{D}{4} \frac{\delta_n}{a_n} R_n^{D-2} + \frac{D}{2(D-2)} \frac{b_n}{a_n} = 0 \quad \delta_n = \tilde{\varphi}_{n+1} - v_n$$

require real positive roots



Bounce action

Euclidean action

$$S_D = \frac{2\pi^{\frac{D}{2}}}{\Gamma\left(\frac{D}{2}\right)} \int_0^\infty \rho^{D-1} \, d\rho \left(\frac{1}{2} \dot{\varphi}^2 + V(\varphi) \right)$$

PB action

$$S_{>2} = \frac{2\pi^{\frac{D}{2}}}{\Gamma\left(\frac{D}{2}\right)} \left\{ \frac{R_0^D}{D} \left(\tilde{V}_1 - \tilde{V}_N \right) + \sum_{i=1}^{N-1} \left[\rho^2 \left(\frac{32\textcolor{blue}{a}_i^2(D+1)\rho^D}{D^2(D+2)} + \frac{16\textcolor{blue}{a}_i\textcolor{red}{b}_i}{D(D-2)} \right. \right. \right.$$
$$\left. \left. \left. - \frac{2b_i^2}{\rho^D(D-2)} \right) + \frac{\rho^D}{D} \left(8\textcolor{blue}{a}_i (\textcolor{red}{v}_i - \tilde{\varphi}_i) + \tilde{V}_i - \tilde{V}_N \right) \right]_{R_{i-1}}^{R_i} \right\}$$

Total

$$S = \mathcal{T} + \mathcal{V}$$

$$\mathcal{T} \propto \int_0^\infty \rho^{D-1} d\rho \dot{\varphi}^2,$$

kinetic

$$\mathcal{V} \propto \int_0^\infty \rho^{D-1} d\rho V(\varphi)$$

potential

Derrick's theorem

Non-existence of non-trivial static solutions of
KG equation, no solitonic scalar ‘particles’

Derrick '64

Unstable under re-scaling

$$\varphi(\rho) \rightarrow \varphi(\rho/\lambda)$$

$$\begin{aligned}\lambda \times 0 &= 0, \\ \lambda \times \infty &= \infty\end{aligned}$$

action is extremized at
non-scaled values for
true solutions

$$\frac{dS_D^{(\lambda)}}{d\lambda} \Big|_{\lambda=1} = 0$$

change of
variables...remain
the same

$$(D - 2)\mathcal{T} + D\mathcal{V} = 0$$

relation between
kinetic and potential

$$\frac{d^2 S_D^{(\lambda)}}{d\lambda^2} \Big|_{\lambda=1} < 0$$

Caveat for PB

$$R \rightarrow \lambda R$$

Works for $N \gg 1$

Benchmarks

Back to thin wall

Coleman '77

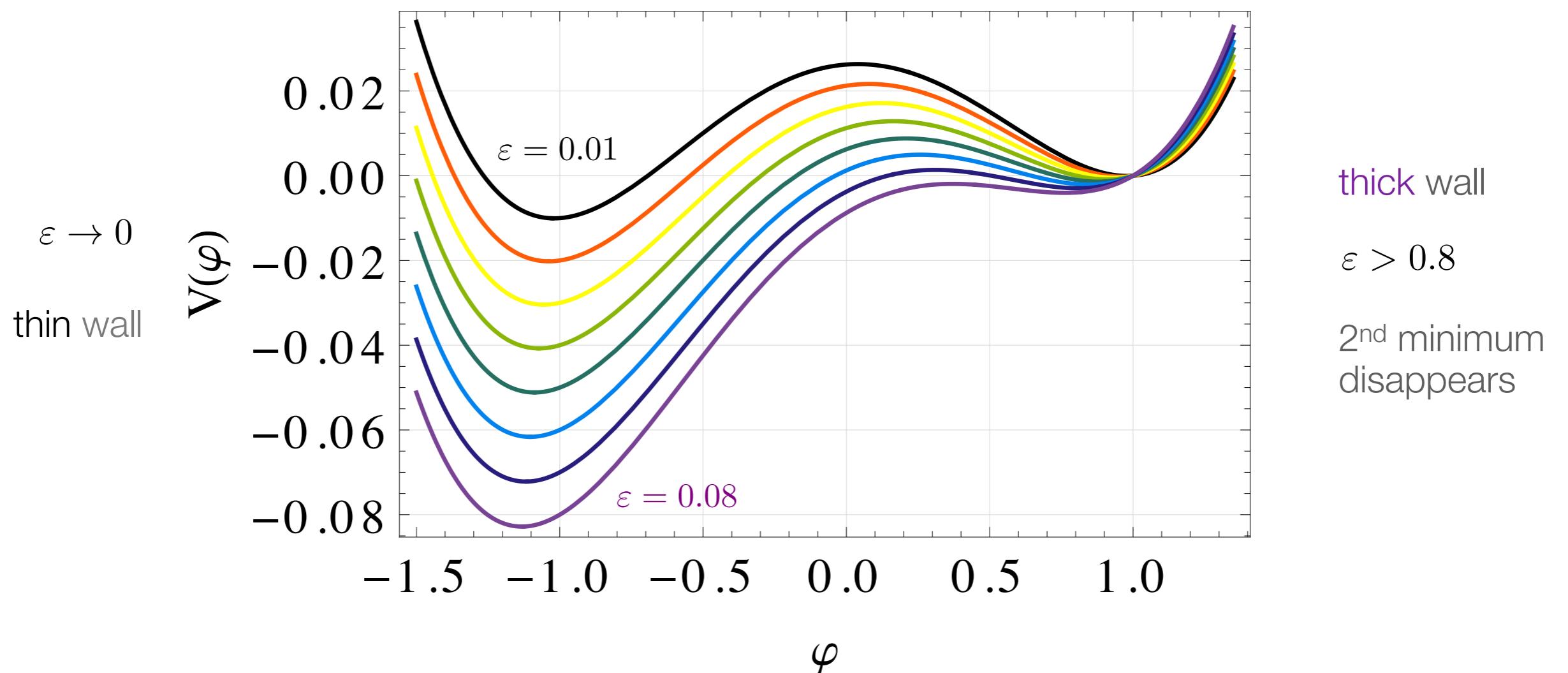
$$V(\varphi) = \frac{\lambda}{8} (\varphi^2 - v^2)^2 + \varepsilon \left(\frac{\varphi - v}{2v} \right)$$

Benchmark for testing

$\lambda = 0.25, v = 1$

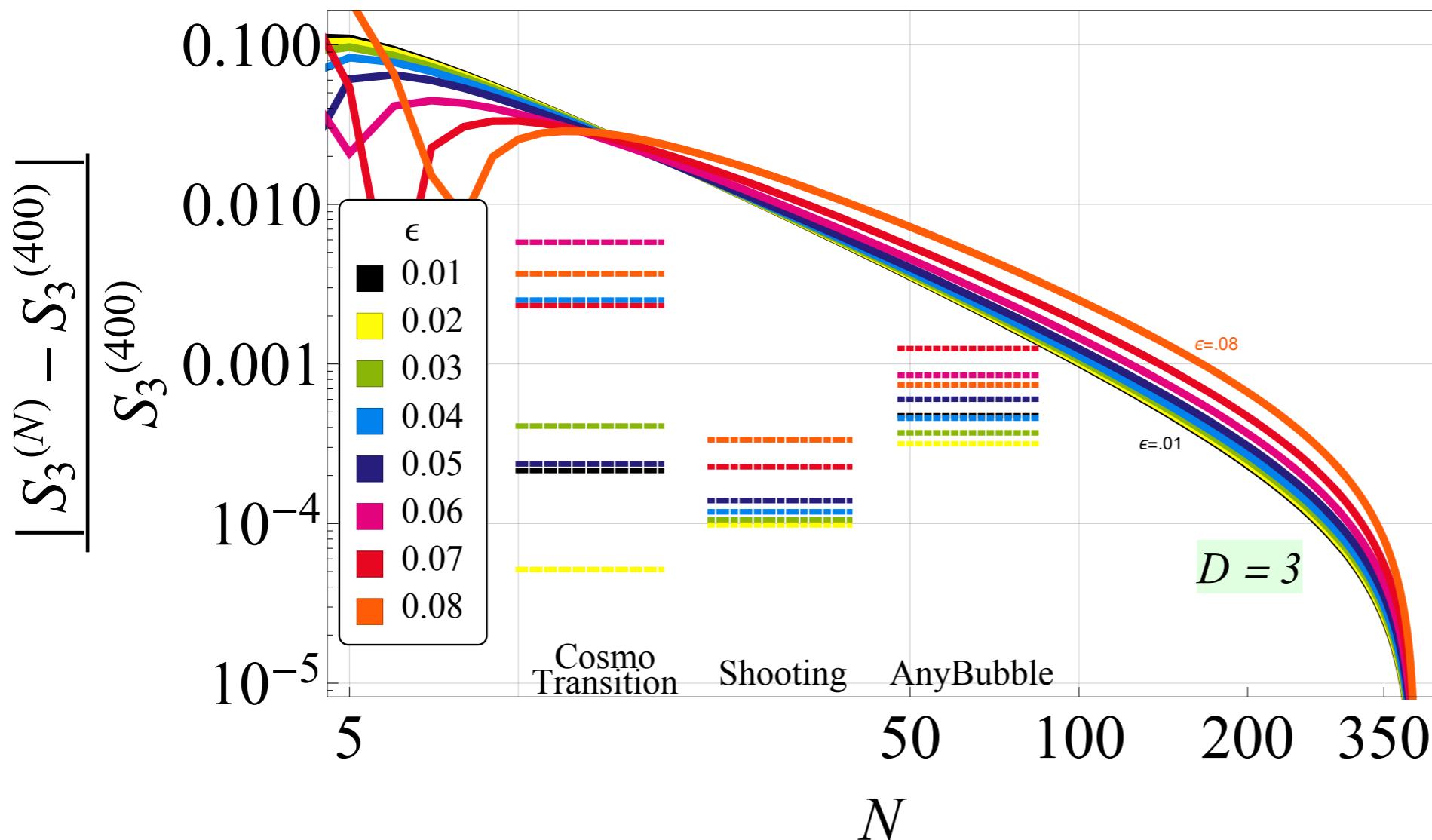
rescaling

Sarid '98



Euclidean action, comparisons

- **CosmoTransitions** Runge-Kutta PDE solver, initial value approximations **Wainwright '11**
discontinued
- **AnyBubble** multiple shooting, damping approximations **Masoumi, Olum, Shlaer '16**
- **Shooting** Mathematica, precise setting of initial values, issues with 0, infinity



PB within permille
after 100 iterations

stable for thin/thick

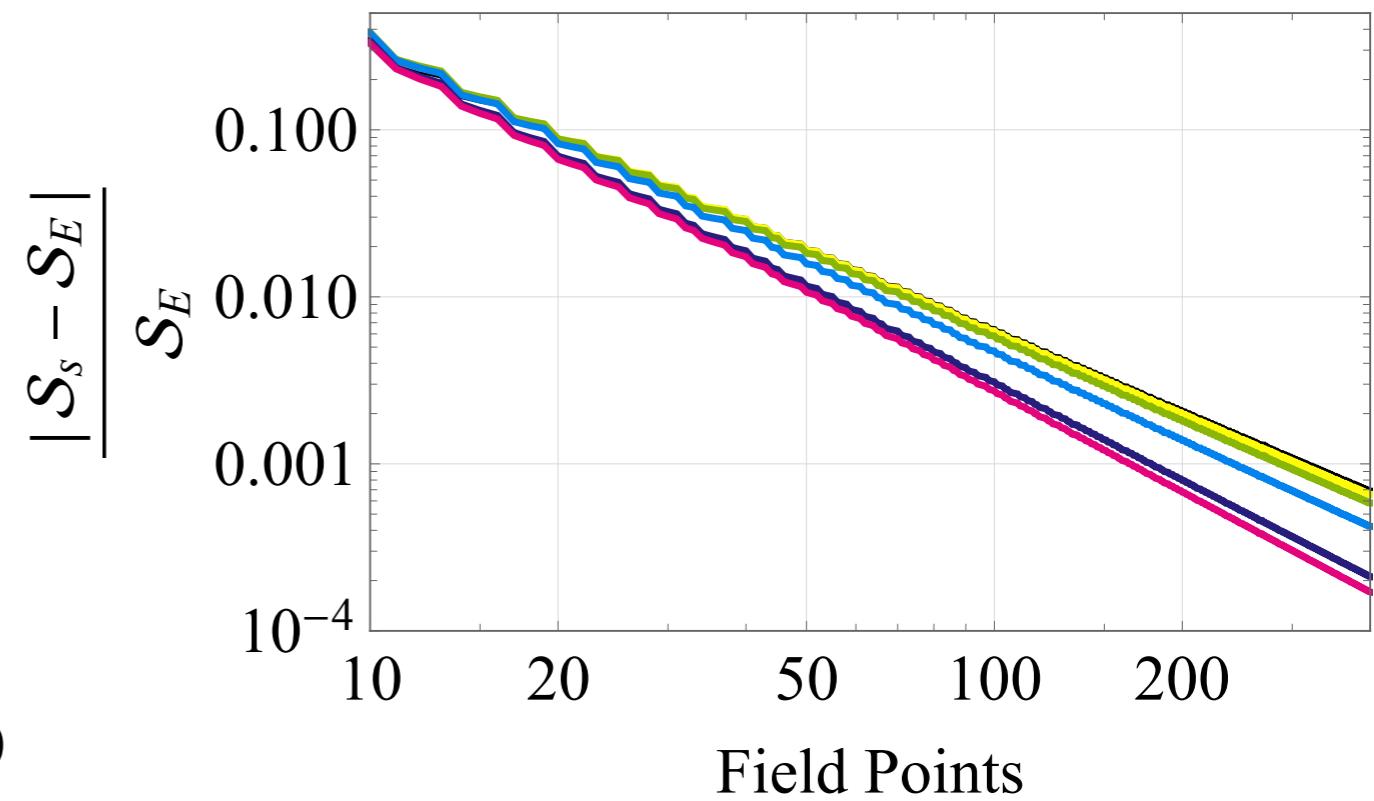
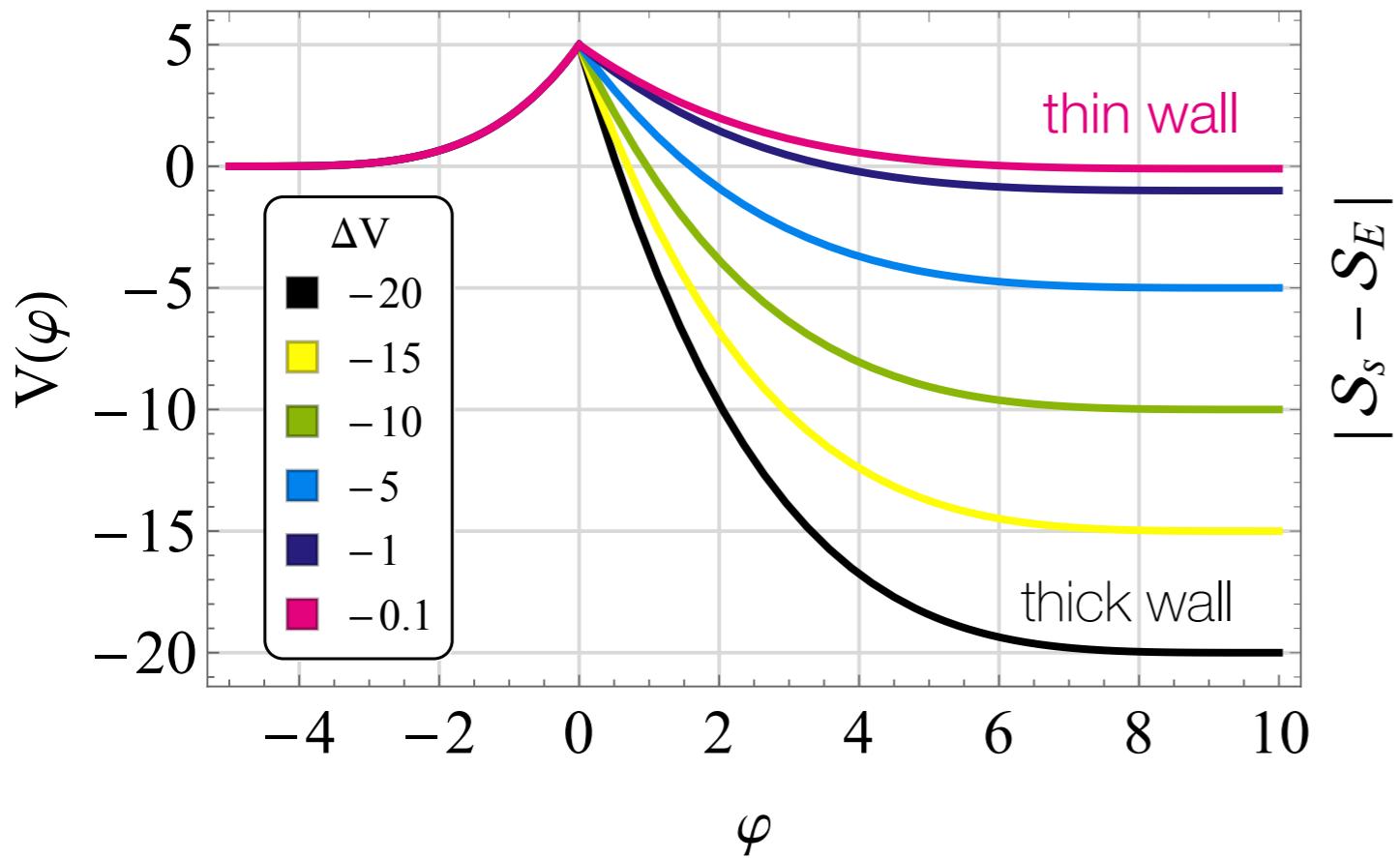
faster convergence
for thin wall

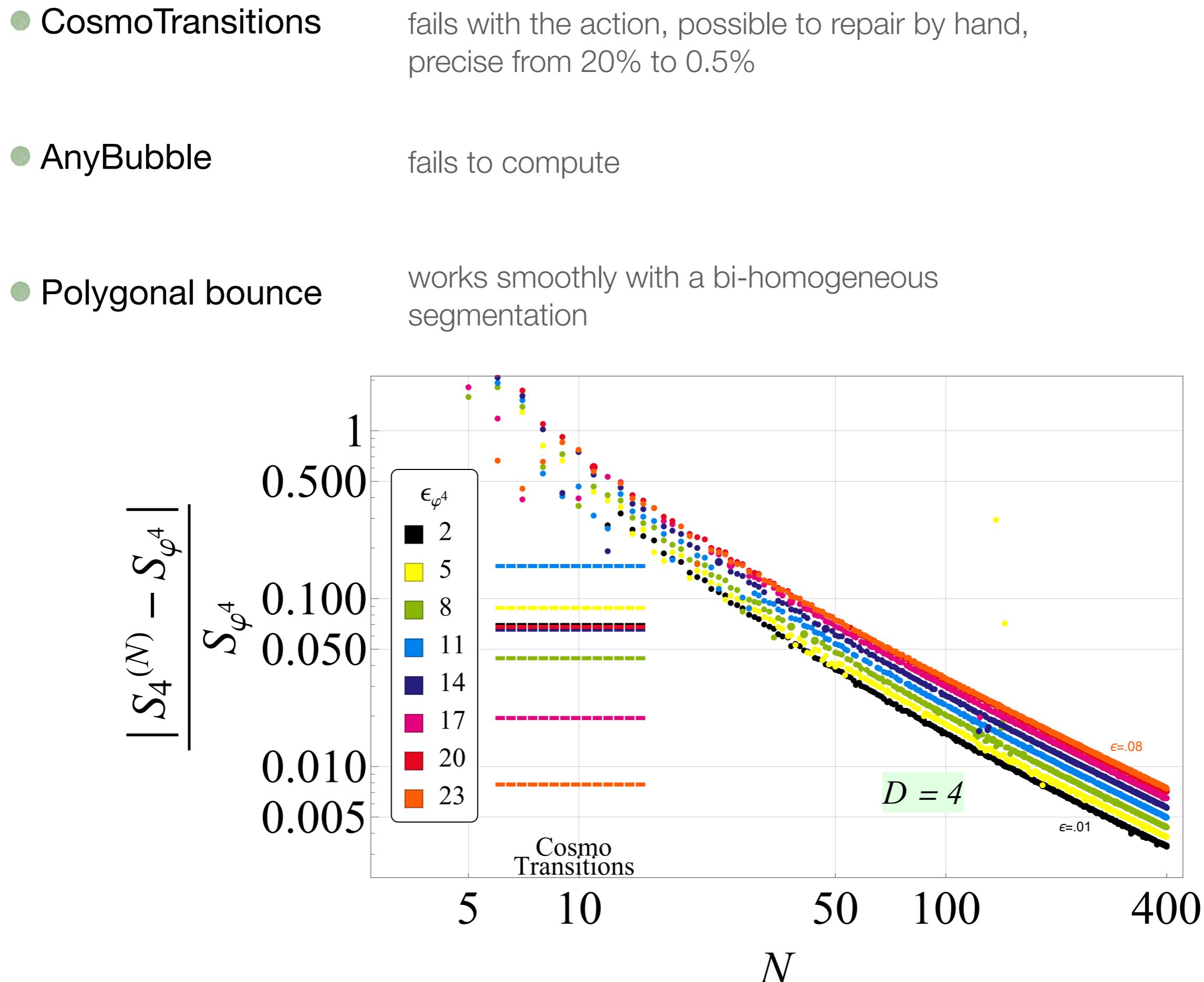
Bi-quartic

Other exact $N=3$ potentials, quartic-linear, quartic-quartic

Dutta, Hector, Vaudrevange, Westphal '11

known exact solution, ‘fair’ comparison and test for the PB method





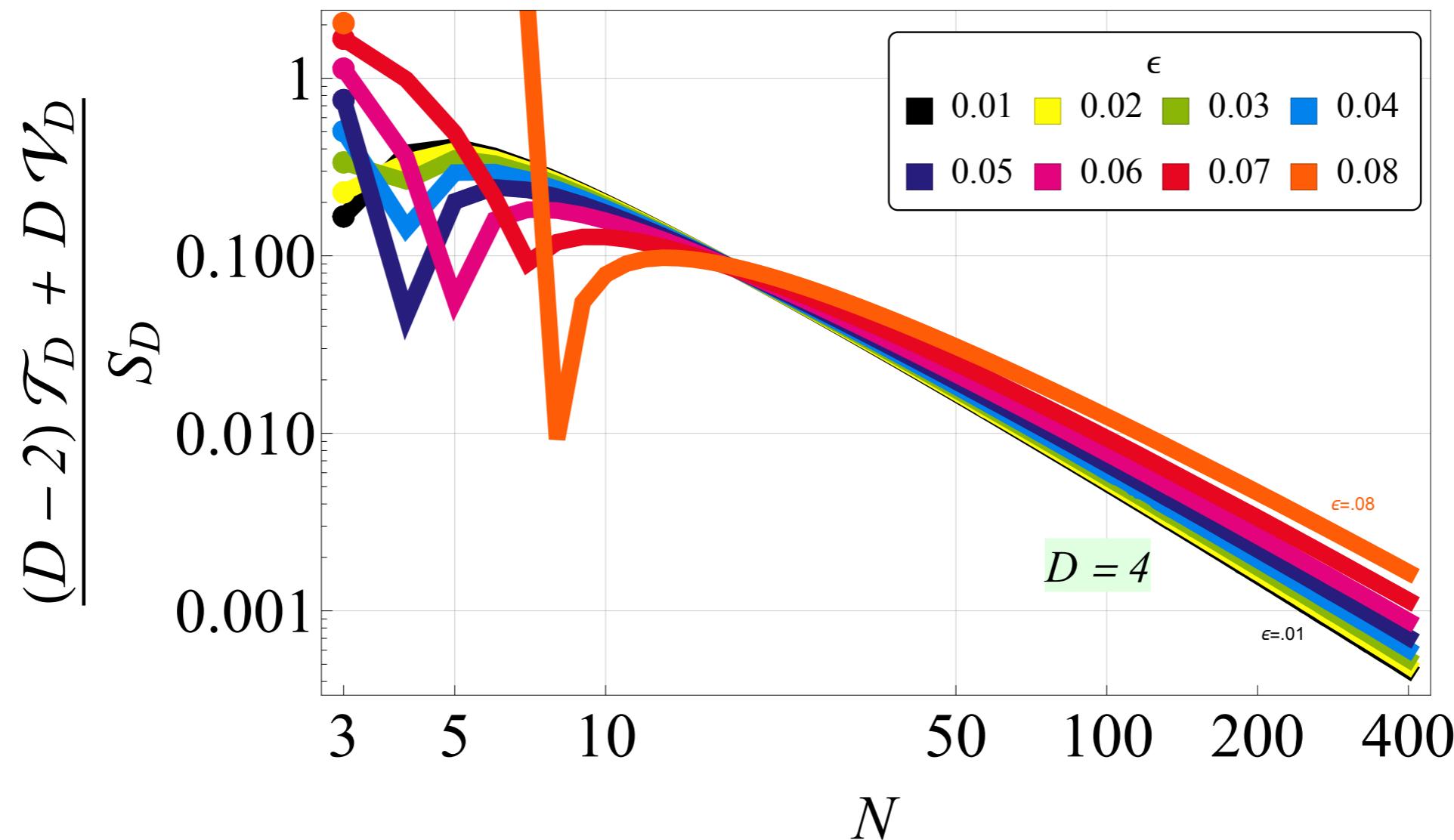
Derrick's theorem

$$(D - 2)\mathcal{T} + D\mathcal{V} \rightarrow 0$$

finite part corrections up to $N \simeq 10$

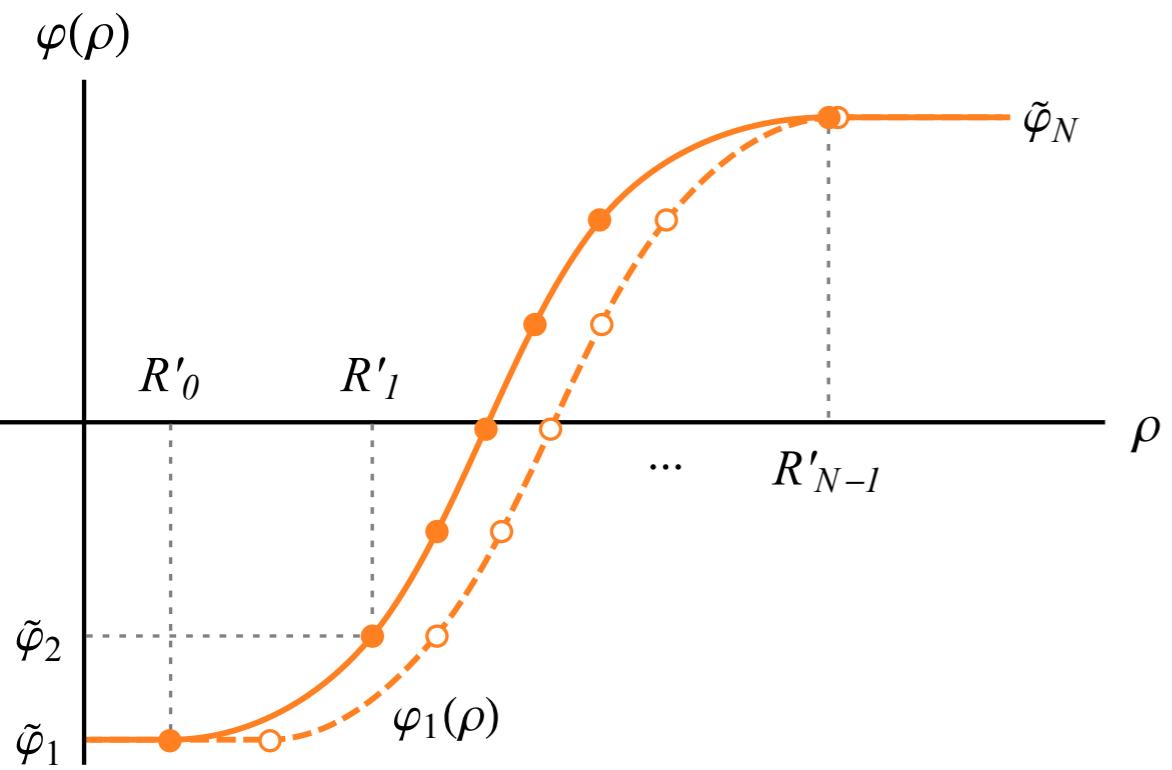
independent measure of goodness of approximation

above relation ‘exact’ for the PB potential



Higher orders

Match at perturbed radii

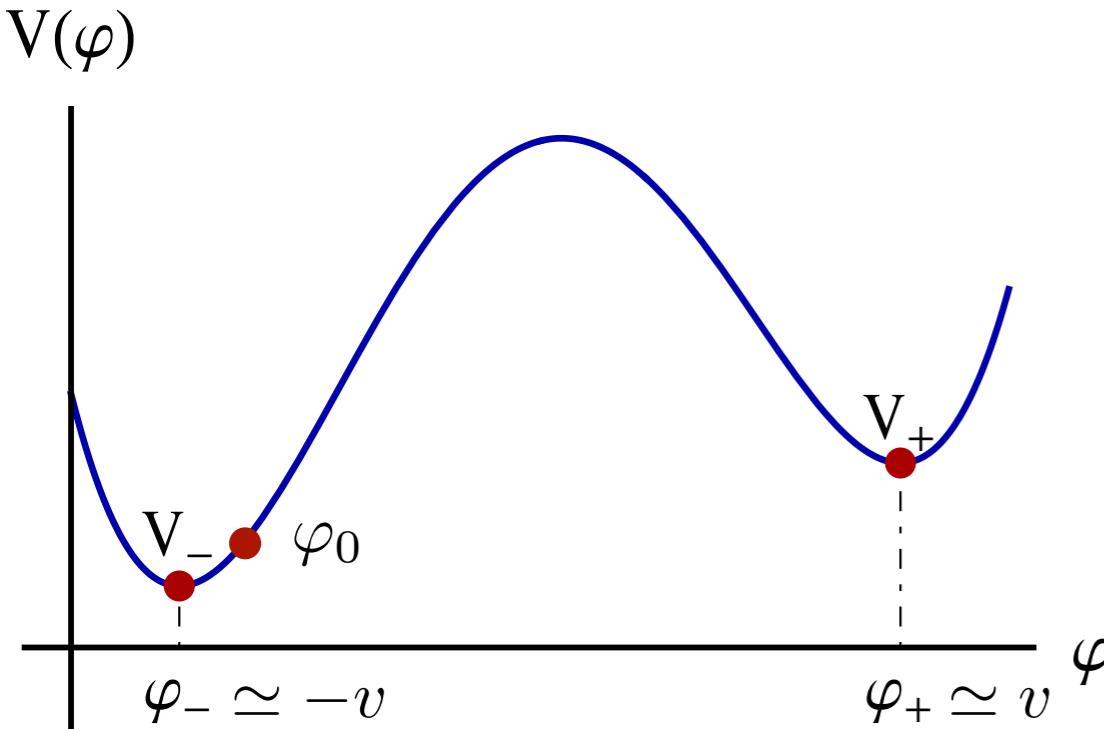


$$R_s \rightarrow R_s (1 + r_s), \quad r_s \ll 1$$

Rederive the matching conditions

A single linear equation = very fast

$$r_s = \frac{\beta_s + \frac{D-2}{2} (\nu_s + \mathcal{I}_s + \frac{4}{D} \alpha_s R_s^2) R_s^{D-2}}{(D-2) (b_s - \frac{4}{D} a_s R_s^D)}$$



Thin wall approximation

Coleman '77

$$V(\varphi) = \frac{\lambda}{8} (\varphi^2 - v^2)^2 + \varepsilon \left(\frac{\varphi - v}{2v} \right), \quad S_1 = \frac{v^3 \sqrt{\lambda}}{3}$$

small ε limit $\varphi_0 \simeq \varphi_-$ until $\rho = R$

field solution

$$\varphi(\rho) = \begin{cases} -v, & \rho \ll R \\ \varphi_1(\rho - R), & \rho \approx R \\ v, & \rho \gg R \end{cases} \quad \varphi_1(\rho) = v \tanh \left(\frac{\sqrt{\lambda}v}{2} \rho \right)$$

extremize the action

bounce action

$$S_E = 2\pi^2 \int_0^\infty \rho^3 d\rho \left(\frac{1}{2} \dot{\varphi}^2 + V \right)$$

$$= -\frac{1}{2} \pi^2 R^4 \varepsilon + \pi^2 R^3 S_1$$

volume

surface

$$\frac{dS_E}{dR} = 0 \quad \Rightarrow \quad R = \frac{3S_1}{\varepsilon}$$

$$S_E = \frac{27\pi^2}{2} \frac{S_1^4}{\varepsilon^3}$$

runaway

$$\frac{d^2 S_E}{dR^2} < 0$$

Coleman '77
Bödeker, Moore '09, '17

Custom options control the input

| | |
|--|--|
| “Dimension” | sets the Euclidean spacetime dimension, 3 or 4 |
| “FieldPoints” | number of field points defines the segmentation |
| “Gradient” | one can pre-calculate the gradient, or make it numerical |
| “Hessian” | similar to the gradient, needed for multi-fields |
| “MaxPath” | limits the number of path iterations, typically small |
| “MidFieldPoint” | one can define a starting fixed point (e.g. the saddle) |
| “PathTolerance” & “ActionTolerance” | set a goal for the precision of the path variation and the Euclidean action |

Output is a bundled container that can be easily accessed

“Action”

sets the Euclidean spacetime dimension, 3 or 4

“Bounce”

number of field points defines the segmentation

“Coefficients”

one can pre-calculate the gradient, or make it numerical

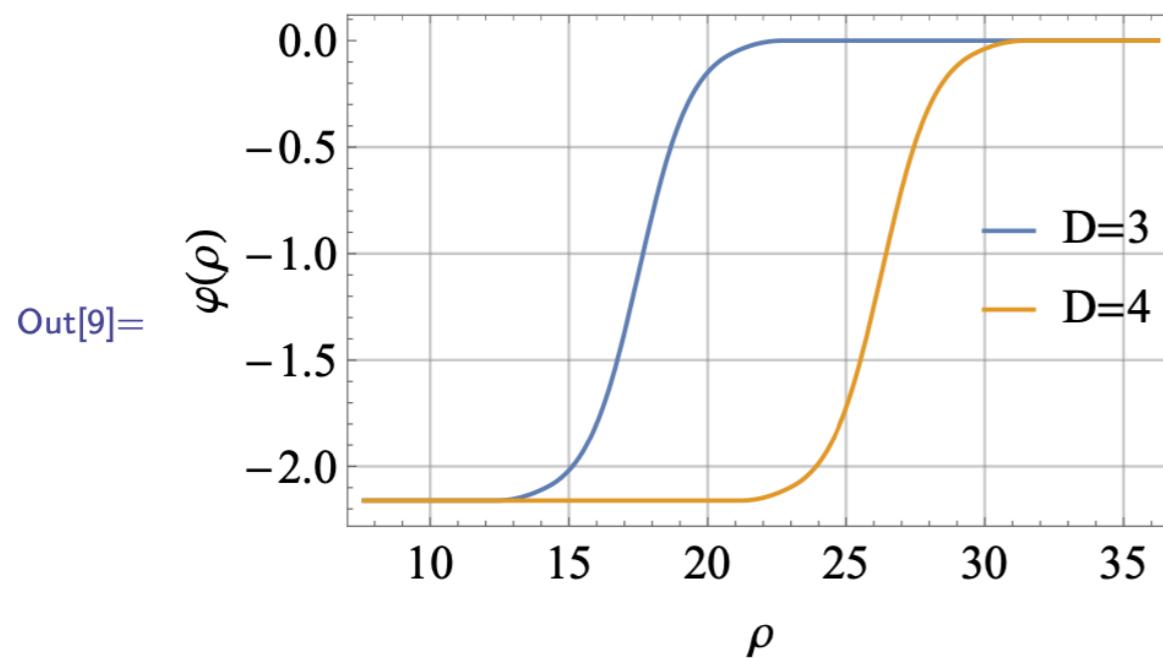
“Path”

similar to the gradient, needed for multi-fields

“Radii”

limits the number of path iterations, typically small

```
In[9]:= BouncePlot[{bf3, bf}, PlotLegends -> Placed[{"D=3", "D=4"}, {Right, Center}]]
```



custom function for convenient plotting

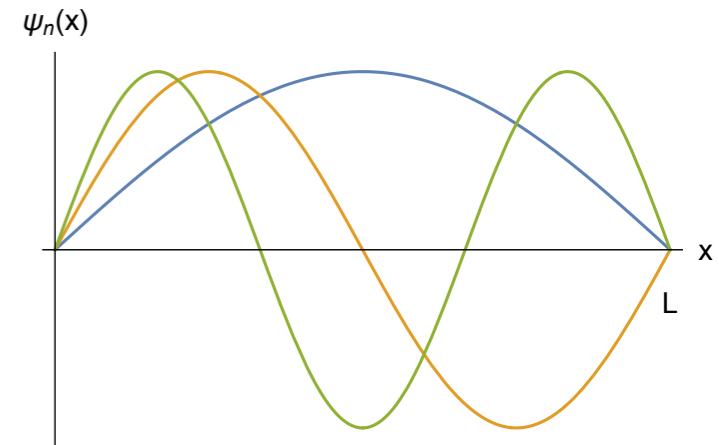
Gel'fand-Yaglom aside

simplest instance of GY formalism ‘magic’

$$\mathcal{O} = -\frac{d^2}{dx^2} + m^2$$

$$\mathcal{O}_{\text{FV}} = -\frac{d^2}{dx^2}$$

QM well, classical 1D string



a) impose Dirichlet (fixed) boundary condition at L

$$\lambda_n = \left(\frac{n\pi}{L}\right)^2 + m^2, \quad \lambda_{n\text{FV}} = \left(\frac{n\pi}{L}\right)^2, \quad \frac{\det \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} = \prod_{n=1}^{\infty} \frac{\lambda_n}{\lambda_{n\text{FV}}} = \frac{\sinh(mL)}{mL}$$

b) solve the Cauchy (open) boundary condition

$$\psi'' - m^2\psi = 0, \quad \psi(0) = 0, \quad \psi'(0) = 1, \quad \psi = \frac{\sinh(mx)}{m}, \quad \psi_{\text{FV}} = x$$

$$\frac{\det \mathcal{O}}{\det \mathcal{O}_{\text{FV}}} = \frac{\psi}{\psi_{\text{FV}}}(L) = \frac{\sinh(mL)}{mL}$$

Classical physical significance?